

Contents

Preface: Note to Readers	ix
--------------------------	----

Introduction: Just Drifting	xii
-----------------------------	-----

Part I: Symptoms

1. Disenchantment with Education	3
2. Men Opting Out of the Workforce	7
3. Excessive Maleness: Social Intensity Syndrome (SIS)	11
4. Excessive Gaming: Mastering the Universe from Your Bedroom	20
5. Becoming Obese	24
6. Excessive Porn Use: Orgasms on Demand	27
7. High on Life, or High on Anything: Over-reliance on Medications and Illegal Drugs	32

Part II: Causes

8. Rudderless Families, Absent Dads	39
9. Failing Schools	66
10. Environmental Changes	81
11. Technology Enchantment and Arousal Addiction	87
12. Sour Grapes: Entitlement vs Reality	137
13. The Rise of Women?	148
14. Patriarchy Myths	168
15. Economic Downturn	190

Part III: Solutions

16. What the Government Can Do	199
17. What Schools Can Do	208
18. What Parents Can Do	212
19. What Men Can Do	222
20. What Women Can Do	236
21. What the Media Can Do	244
Conclusion	251
Appendix I: TED Survey Results	255
Appendix II: Social Intensity Syndrome – Scale and Factors	264
Notes	267
Recommended Resources	319
Acknowledgements	321
Index	322