

CONTENTS

Introduction: <i>Noli Me Tangere</i>	1
1. We're All in the Same Boat Now	5
2. Why Are We Tired All the Time?	17
3. Towards A Perfect Storm in Europe	29
4. Welcome to the Viral Desert	37
5. The Five Stages of Epidemics	47
6. The Virus of Ideology	53
7. Calm Down and Panic!	61
8. Monitor and Punish? Yes, Please!	71
9. Is Barbarism With a Human Face Our Fate?	83
10. Communism or Barbarism, as Simple as That!	95
11. The Appointment in Samara: A New Use for Some Old Jokes	107
Appendix: Two Helpful Letters from Friends	129