

## 17 Referenční seznam

- Aaron, D. J., Kriska, A. M., Dearwater, S. R., Anderson, R. L., Olsen, T. L., Cauley, J. A., & Laporte, R. E. (1993). The epidemiology of leisure physical activity in an adolescent population. *Medicine & Science in Sports & Exercise: Applied Sciences*, 25(7), 765–883.
- Abma, R. (1992). Working-class heroes: A review of the youth subculture theory of the centre for contemporary culture studies. In W. Meeus, de M. Goede, W. Kox, & K. Hurrelman (Eds.), *Adolescence, Careers, and Cultures* (pp. 99–114). Berlin: Walter de Gruyter.
- Ajzen, I. (1991). The theory of planned behavior. *Organization Behavior and Human Decision Processes*, 50, 179–211.
- Alexander, G. M. (2003). An evolutionary perspective of sex-typed toy preferences: Pink, blue, and the brain. *Archives of Sexual Behavior*, 32, 7–15.
- Alsaker, F. D. (1992). Pubertal timing, overweight, and psychological adjustment. *The Journal of Early Adolescence*, 12(4), 396–419.
- Andersen, R. E., Wadden, T. A., Bartlett, S. J., Zemel, B., Verde, T. J., & Franckowiak, S. C. (1999). Effects of lifestyle activity vs structured aerobic exercise in obese women: A randomized trial. *The Journal of American Medical Association*, 281(4), 335–340.
- Anderson, N. B. (Ed.). (2004a). *Encyclopedia of Health and Behavior* (Vol. 1). Thousand Oaks, CA: Sage Publications.
- Anderson, N. B. (Ed.). (2004b). *Encyclopedia of Health and Behavior* (Vol. 2). Thousand Oaks, CA: Sage Publications.
- Antala, B. (2002). Najvýznamnejšie dokumenty medzinárodných organizácií podporujúce školskú telesnú výchovu a ich využitie pri tvorbe novej koncepcie vyučovania telesnej výchovy v základných a stredných školách. In *Sborník příspěvků mezinárodního semináře Pedagogické kinantropologie* (pp. 11–16). Ostrava: Ostravská univerzita.
- Arnold, B. (1969). Measurement and development of musical abilities: Some research interests and findings. *Journal of Research in Music Education*, 17, 41–46.
- Azevedo, M. R., Araujo, C. L., Da Silva, M. C., & Hallal, P. C. (2007). Tracking of physical activity from adolescence to adulthood: A population-based study. *Revista De Saude Publica*, 41(1), 69–75.
- Bagchi, J. P., & Uddin, H. (1990). Cognitive preferences of secondary science teachers in India: The example of Uttar Pradesh. *International Review of Education*, 36(4), 453–467.
- Bandura, A. (1989). Human agency in social cognitive theory. *American Psychologist*, 44(9), 1175–1184.
- Bartoszewicz, R., & Frömel, K. (2006). Motor activity of junior high school students in the period of socio-economic transformations in the Poland and the Czech Republic. *Human Movement*, 7(1), 14–24.
- Bartoszewicz, R. (1998). Aktywność ruchowa uczniów szkół specjalnych dla upośledzonych umysłowo w stopniu lekkim. In J. Śleżyński (Ed.), *Efekty kształcenia i wychowania w kulturze fizycznej*. Katowice: Akademia Wychowania Fizycznego.
- Berger, M., & Kemmer, F. W. (1988). Discussion: Exercise, fitness, and diabetes. In C. Bouchard, R. J. Shepard, T. Stephens, J. R. Sutton, & B. D. McPherson (Eds.), *Exercise*,

- fitness, and health. A consensus of current knowledge* (pp. 491–495). Toronto: Human Kinetics Publishers.
- Biddle, S. J. H., Soos, I., Hamar, P., Sandor, I., Simonek, J., & Karsai, I. (2009). Physical activity and sedentary behaviours in youth: Data from free Central-Eastern European countries. *European Journal of Sport Science*, 9(5), 295–301.
- Blair, S. N., Kohl, H. W., III, Barlow, C. E., Paffenbarger, R. S., Jr., Gibbons, L. W., & Marera, C. A. (1995). Changes in physical fitness and all-cause mortality. *Journal of the American Medical Association*, 273, 1093–1098.
- Blahuš, P. (1996). *K systémovému pojetí statistických metod v metodologii empirického výzkumu chování*. Praha: Karolinum.
- Blakemore, C. L. (2003). Movement is essential to learning. *Journal of Physical Education, Recreation & Dance*, 74(9), 22–25, 41.
- Blanchard, K. (1995). *The anthropology of sport – An introduction*. Westport – London: Bergin & Garvey.
- Bocheňski, J. M. (2009). *Slovník filozofických pověr*. Praha: Leda.
- Bogomolnaia, A., & Moulin, H. (2004). Random matching under dichotomous preferences. *Econometrica*, 72(1), 257–279.
- Bolognini, M., Plancherel, B., Bettschart, W., & Halfon, O. (1996). Self-esteem and mental health in early adolescence: Development and gender differences. *Journal of Adolescence*, 19, 233–245.
- Bongaarts, J. (2003). Completing the fertility transition in the developing world: The role of educational differences and fertility preferences. *Population Studies*, 57(3), 321–335.
- Booth, M. L., Bauman, A., Owen, N., & Gore, C. J. (1997). Physical activity preferences, preferred sources of assistance, and perceived barriers to increased activity among physically inactive Australians. *Preventive Medicine*, 26, 131–137.
- Bouchard, C., Shephard, R. J., & Stephens, T. (1994). *Physical activity, fitness, and health*. Champaign, IL: Human Kinetics.
- Bouchard, C., Shephard, R. J., Stephens, T., Sutton, J. R., & McPherson, B. D. (1990). *Exercise, fitness, and health: A consensus of current knowledge*. Champaign, IL: Human Kinetics.
- Brugger, W. (1994). *Filozofický slovník*. Praha: Naše vojsko.
- Burgeson, C. R., Wechsler, H., Brener, N. D., Young, J. C., & Spain, C. G. (2003). Physical education and activity: Results from the school health policies and programs study 2000. *Journal of Physical Education, Recreation & Dance*, 74(1), 20–36.
- Burke, S. M., Carron, A. V., & Eys, M. A. (2005). Physical activity context: Preferences of university students. *Psychology of Sport and Exercise*, 7, 1–13.
- Butler, L. F., & Anderson, S. P. (2002). Inspiring students to a lifetime of physical activity. *Journal of Physical Education, Recreation & Dance*, 73(9), 21–26.
- Čakirpaloglu, P. (2004). *Psychologie hodnot*. Olomouc: Votobia.
- Calfas, K. J., Sallis, J. F., Nichols, J. F., Sarkin, J. A., Johnson, M. F., & Caparosa, S. (1999). Project GRAD: Two-year outcomes of a randomized controlled physical activity intervention among young adults. *American Journal of Preventive Medicine*, 18, 28–37.
- Center for Disease Control and Prevention. *Fact sheet. Kids Walk-to-School Program*. 2002.
- Cerin, E., & Leslie, E. (2008). How socio-economic status contributes to participation in leisure-time physical activity. *Social Science & Medicine*, 66(12), 2596.

- Cerin, E., Leslie, E., & Owen, N. (2009). Explaining socio-economic status differences in walking for transport: An ecological analysis of individual, social and environmental factors. *Social Science & Medicine*, 68, 1013–1020.
- Chen, E., Martin, A. D., & Matthews, K. A. (2006). Socioeconomic status and health: Do gradients differ within childhood and adolescence? *Social Science & Medicine*, 62, 2161–2170.
- Chen, E., Matthews, K. A., & Boyce, W. T. (2002). Socioeconomic differences in children's health: How and why do these relationships change with age? *Psychological Bulletin*, 128, 295–329.
- Chiodo, B. (2007). Preventing osteoporosis – healthy bones for life. *Journal of Community Nursing*, 21(5), 22–27.
- Chung, J. W. Y., Chung, L. M. Y., & Chen, B. (2009). The impact of lifestyle on the physical fitness of primary school children. *Journal of Clinical Nursing*, 18(7), 1002–1009.
- Collins, W. A., & Kutza II., S. A. (1991). *Developmental psychology, childhood, and adolescence*. New York, NJ: Macmillian publishing company.
- Colley, A., Griffiths, D., Hugh, M., Landers, K., & Jaggi, N. (1996). Childhood play and adolescent leisure preferences: Associations with gender typing and the presence of siblings. *Sex Roles*, 35(3–4), 233–245.
- Comobreo, J. F. (1998). Preferences, fiscal policies, and the initiative process. *The Journal of Politics*, 60(3), 819–829.
- Cook, R. T., Bailey, S. E. R., & McCrohan, C. R. (1996). Slug preferences for winter wheat cultivars and common agricultural weeds. *The Journal of Applied Ecology*, 33(4), 866–872.
- Corbin, C. B., Dale, D., & Pangrazi, R. P. (1999). Promoting physically active lifestyles among youths. *Journal of Physical Education, Recreation & Dance*, 70(6), 26–28.
- Corbin, C. B., & Nix, C. (1979). Sex-typing of physical activities and access predictions of children before and after cross-sex competition. *Journal of Sport Psychology*, 1, 43–52.
- Craig, C. L., Marshall, A. L., Sjöström, M., Bauman, A. E., Booth, M. L., Ainsworth, B. E., Pratt, M., Ekelund, U., Yngve, A., Sallis, J. F., & Oja, P. (2003). International physical activity questionnaire: 12-country reliability and validity. *Medicine & Science in Sports & Exercise*, 35(8), 1381–1395.
- Cratty, B. J. (1983). *Psychology in contemporary sport – Guidelines for coaches and athletes*. Englewood Cliffs, NJ: Prentice-Hall.
- Čáp, J., & Mareš, J. (2007). *Psychologie pro učitele*. Portál: Praha.
- Čermák, I., & Sedláková, J. (1992). Morální dilema u věřících a nevěřících adolescentů. *Etika*, 2, 88–93.
- Darst, P. W., & Pangrazi, R. P. (2002). *Dynamic physical education for secondary school students* (4th ed.). San Francisco, CA: Benjamin Cummings.
- Deforche, B. I., De Bourdeaudhuij, I. B., & Tanghe, A. P. (2006). Attitude toward physical activity in normal-weight, overweight and obese adolescents. *Journal of Adolescent Health*, 38, 560–568.
- Dibley, L. B., Norton, C. S., & Jones, J. R. (2009). Is there a role for lifestyle education in the management of gastro-oesophageal reflux disease? *European Journal of Gastroenterology & Hepatology*, 21(11), 1229–1240.
- Dishman, R. K. (2003). The impact of behavior on quality of life. *Quality of Life Research*, 12(1), 43–49.

- Dobrovolská, D., & Duplinský, J. (1982). *Hodnotová orientace vysokoškoláka z hlediska současné koncepce hodnot*. Praha: Státní pedagogické nakladatelství.
- Dobrá, L. (2007). Implementace výzkumných nálezů a doporučení do školní praxe. In V. Mužík & V. Süß (Eds.), *Tělesná výchova a zdraví pro 21. století (myšlenky, které by měly usměrňovat tvorbu školních vzdělávacích programů)* (pp. 24–28). Brno: Masarykova univerzita.
- Dowda, M., Ainsworth, B. E., Addy, C. L., Saunders, R., & Riner, W. (2001). Environmental influences, physical activity, and weight status in 8- to 16-year-olds. *Archives of Pediatrics & Adolescent Medicine*, 155(6), 711–716.
- Drapela, V. J. (1997). *Přehled teorií osobnosti*. Praha: Portál.
- Dunn, A. L., Marcus, B. H., Kampert, J. B., Garcia, M. E., Kohl, H. W., & Blair, S. N. (1999). Comparison of lifestyle and structured interventions to increase physical activity and cardiorespiratory fitness. *The Journal of the American Medical Association*, 281(4), 327–334.
- Durozoi, G., & Roussel, A. (1994). *Filozofický slovník*. Praha: EWA Edition.
- Dworkin, J. B., Larson, R., & Hansen, D. (2003). Adolescents accounts of growth experiences in youth activities. *Journal of Youth and Adolescence*, 32(1), 17–26.
- Eaton, B. C., & Eswaran, M. (2003). The evolution of preferences and competition: A rationalization of Veblen's Theory of invidious comparisons. *The Canadian Journal of Economics*, 36(4), 832–859.
- Edwards, N. M., & Schwarzenberg, S. J. (2009). Designing and implementing an effective pediatric weight management program. *Reviews in Endocrine & Metabolic Disorders*, 10, 197–203.
- Elkins, W. L., Cohen, D. A., Koralewicz, L. M., & Taylor, S. N. (2004). After school activities, overweight, and obesity among inner city youth. *Journal of Adolescence*, 27, 181–189.
- Elling, A., & Knoppers, A. (2005). Sport, gender and ethnicity: Practises of symbolic inclusion/exclusion. *Journal of Youth and Adolescence*, 34(3), 257–268.
- Epstein, J. A., Botvin, G. J., & Diaz, T. (1998). Linguistic acculturation and gender effects on smoking among Hispanic youth. *Preventive Medicine*, 27, 583–589.
- Epstein, L., & Mershon, C. (1996). Measuring political preferences. *American Journal of Political Science*, 40(1), 261–294.
- Erikson, E. H. (1996). *Mladý muž Luter – Studie psychoanalytická a historická*. Praha: Psychoanalytické nakladatelství.
- Erikson, E. H. (1999). *Životní cyklus rozšířený a dokončený*. Praha: Nakladatelství Lidové noviny.
- Eurostat (2009). Homepage: *Your key to European statistics*. Retrieved from <http://epp.eurostat.ec.europa.eu/portal/page/portal/eurostat/home/>
- Farrell, L., & Shields, M. A. (2002). Investigating the economic and demographic determinants of sporting participation in England. *Journal of the Royal Statistical Society. Series A (Statistics in Society)*, 165(2), 335–348.
- Fishbein, M., & Ajzen, I. (1975). *Belief, attitude, intention and behavior: An introduction to theory and research*. Reading, MA: Addison-Wesley.
- Frömel, K., Mitáš, J., & Kerr, J. (2009). The associations between active lifestyle, the size of a community and SES of the adult population in the Czech Republic. *Health & Place*, 15, 447–454.

- Frömel, K., Novosad, J., & Svozil, Z. (1999). *Pohybová aktivita a sportovní zájmy mládeže*. Olomouc: Univerzita Palackého.
- Fürst, M. (1994). *Filozofie*. Praha: Fortuna.
- Galambos, N. L., & Leadbeater, B. J. (2000). Trends in adolescent research for the new millennium. *International Journal of Behavioral Development*, 24(3), 289–294.
- Gardiner, T., & Hill, J. (2004). Feeding preferences of *Chorthippus parallelus* (Orthoptera: Acrididae). *Journal of Orthoptera Research*, 13(2), 197–203.
- Garfinkel, P. E., & Coscina, D. V. (1988). Discussion: Exercise and obesity. In C. Bouchard, R. J. Shepard, T. Stephens, J. R. Sutton, & B. D. McPherson (Eds.), *Exercise, Fitness, and Health. A consensus of current knowledge* (pp. 511–515). Toronto: Human Kinetics Publishers.
- Garcia, A. W., Pender, N. J., Antonakos, C. L., & Ronis, D. L. (1998). Changes in physical activity beliefs and behaviors of boys and girls across the transition to junior high school. *Journal of Adolescent Health*, 22, 394–402.
- Giles-Corti, B., & Donovan, R. J. (2002). Socioeconomic status differences in recreational physical activity levels and real and perceived access to a supportive physical environment. *Preventive Medicine*, 35, 601–611.
- Giles, J., & Heyman, G. D. (2005). Young children's beliefs about the relationship between gender and aggressive behavior. *Child Development*, 76, 107–121.
- Gordon-Larsen, P., McMurray, R. G., & Popkin, B. M. (1999). Adolescent physical activity and inactivity vary by ethnicity: The national longitudinal study of adolescent health. *The Journal of Pediatrics*, 135, 301–306.
- Gordon-Larsen, P., McMurray, R. G., & Popkin, B. M. (2000). Determinants of adolescent physical activity and inactivity patterns. *Pediatrics*, 105(6), 83.
- Gordon-Larsen, P., Nelson, M. C., & Popkin, B. M. (2004). Longitudinal physical activity and sedentary behavior trends – Adolescence to adulthood. *American Journal of Preventive Medicine*, 27(4), 277–283.
- Guerra, S., Teixeira-Pinto, A., Ribeiro, J. C., Ascensão, A., Magalhães, J., Andersen, L. B., Duarte, J. A., & Mota, J. (2006). Relationship between physical activity and obesity in children and adolescents. *Journal of Sports Medicine and Physical Fitness*, 46(1), 79–83.
- Gürtlerová, J. (1994). Pohyb je život [samostatný obsahový blok]. *Sport Report*, 30(6), 99–114.
- Gyurcsik, N. C., Bray, S. R., & Brittain, D. R. (2004). Coping with barriers to vigorous physical activity during transition to university. *Family and Community Health*, 27, 130–142.
- Haag, H., & Haag, G. (2003). *Dictionary – sport, physical education, sport science*. Kiel: Institut für Sport und Sportwissenschaften.
- Hallal, P. C., Victora, C. G., Azevedo, M. R., & Wells, J. C. K. (2006). Adolescent physical activity and health – A systematic review. *Sports Medicine*, 36(12), 1019–1030.
- Harrell, J. S., McMurray, R. G., Baggett, C. D., Pennell, M. L., Pearce, P. F., & Bangdiwala, S. I. (2005). Energy cost of physical activities in children and adolescents. *Medicine & Science in Sports & Exercise: Applied Sciences*, 37(2), 329–336.
- Hartl, P. (1993). *Psychologický slovník*. Praha: Budka.
- Hartl, P., & Hartlová, H. (2000). *Psychologický slovník*. Praha: Portál.
- Hartmann, N. (2002). *Struktura etického fenoménu*. Praha: Academia.

- Havighurst, R. J. (1987). Adolescent culture and subculture. In V. B. Van Hasselt & M. Hersen (Eds.), *Handbook of Adolescent Psychology* (pp. 401–412). New York, NY: Pergamon Press.
- Hayesová, N. (2000). *Základy sociální psychologie*. Praha: Portál.
- Heinrich, K. M., Lee, R. E., Regan, G. R., Reese-Smith, J. Y., Howard, H. H., Haddock, C. K., Poston, W. S., & Ahluwalia, J. S. (2008). How does the built environment relate to body mass index and obesity prevalence among public housing residents? *American Journal of Health Promotion*, 22(3), 187–197.
- Heinrich, K. M., Lee, R. E., Suminski, R. R., Regan, G. R., Reese-Smith, J. Y., Howard, H. H., Haddock, C. K., Poston, W. S., & Ahluwalia, J. S. (2007). Associations between the built environment and physical activity in public housing residents. *International Journal of Behavioral Nutrition and Physical Activity*, 4, 56–64.
- Hendl, J. (2005). *Kvalitativní výzkum – základní metody a aplikace*. Praha: Portál.
- Hewstone, M., & Stroebe, W. (2006). *Sociální psychologie – Moderní učebnice sociální psychologie*. Praha: Portál.
- Hilgard, E. R. (1962). *Introduction to psychology* (3rd ed.). New York, NY: Harcourt.
- Hill, G., & Quam, B. (2003). A comparison of current and ideal fitness promotion strategies in Washington state. *Journal of Physical Education, Recreation & Dance*, 74(8), 39–43.
- Hill, G. M., & Cleven, B. (2005). Using student surveys to help choose physical education activities. *Strategies*, 18(6), 6–9.
- Hodaň, B. (2000a). *Tělesná kultura – sociokulturní fenomén: Východiska a vztahy*. Olomouc: Univerzita Palackého.
- Hodaň, B. (2000b). *Úvod do teorie tělesné kultury*. Olomouc: Univerzita Palackého.
- Hooker, S. P., & Bucner, D. M. (2009). Education and training in physical activity research and practice. *Preventive Medicine*, 49, 294–296.
- Horáková, N. (2003). Fenomén veřejného mínění. *Sociologický ústav AV ČR*, 10. Retrieved from [http://www.socioweb.cz/upl/editorial/download/112-socioweb\\_10\\_2003.pdf](http://www.socioweb.cz/upl/editorial/download/112-socioweb_10_2003.pdf)
- Horney, K. (2000). *Neuróza a lidský růst*. Praha: Triton – Pragma.
- Horyna, B., Štěpán, J., Blecha, I., & Šaradín, P. (2002). *Filosofický slovník*. Olomouc: Nakladatelství Olomouc.
- Hoskovec, J. (2002). *Psychologie*. Praha: Triton.
- Howley, E. T. (2001). Type of activity: Resistance, aerobic and leisure versus occupational physical activity. *Medicine and Science in Sport and Exercise*, 33(6), Supplement, 364–369.
- Ingram, D. K. (2000). Age-related decline in physical activity: generalization to nonhumans. *Medicine & Science in Sports & Exercise*, 32(9), 1623–1629.
- Inhelder, B., & Piaget, J. (1958). *The growth of logical thinking from childhood to adolescence*. New York, NY: Basic Books.
- International Life Science Institute. (1997). *Improving children's health through physical activity: A new opportunity, a survey of parents and children about physical activity patterns*. Washington, DC.
- International physical activity questionnaire (2005). *Guidelines for data processing and analysis of the international physical activity questionnaire (IPAQ) – short and long forms*. Retrieved from <http://www.ipaq.ki.se/scoring.pdf>
- Janošová, P. (2008). *Dívčí a chlapecká identita – Vývoj a úskalí*. Praha: Grada.

- Jansa, P., & Kocourek, J. (2001). Pohybové aktivity u dospělé populace v České republice. In K. Martiník (Ed.), *Optimální působení tělesné zátěže a výživy* (pp. 148–151). Hradec Králové: Univerzita Hradec Králové.
- Jiráček, J., & Köpplová, B. (2007). *Média a společnost. – Stručný úvod do studia médií a mediální komunikace*. Praha: Portál.
- Jones, D., & Ward, P. (1998). Changing the face of secondary physical education through sport education. *Journal of Physical Education, Recreation & Dance*, 69(5), 40–45.
- Katz, D., & Stotland, E. (1959). A preliminary statement to a theory of attitude structure and change. In: S. Koch (Ed.), *Psychology: A study of a science* (pp. 423–463). New York, NY: McGraw-Hill.
- Kemper, H. C., Post, G. B., Twisk, J. W., & van Mechelen, W. (1999). Lifestyle and obesity in adolescence and young adulthood: Results from the Amsterdam growth and health longitudinal study (AGAHLS). *International Journal of Obesity and Related Metabolic Disorders*, 23(3), 34–40.
- Kent, M. (Ed.). (1994). *Oxford Dictionary of Sports Science and Medicine*. New York, NY: Oxford University Press Inc.
- Kerlinger, F. N. (1972). *Základy výzkumu chování*. Praha: Academia.
- King, A. C., & Wilcox, S. (2008). Exploring physical activity preferences. *Annals of Behavioral Medicine*, 35, 123–124.
- Kjønniksen, L., Anderssen, N., & Wold, B. (2009). Organized youth sport as a predictor of physical activity in adulthood. *Scandinavian Journal of Medicine & Science in Sports*, 19(5), 646–654.
- Kjønniksen, L., Torsheim, T., & Wold, B. (2008). Tracking of leisure-time physical activity during adolescence and young adulthood: A 10-year longitudinal study. *International Journal of Behavioral Nutrition and Physical Activity*, 5, 69–79.
- Kolouch, V. (2007). Cvičení a stav mozku. Retrieved from [http://www.fitnet.cz/index.php?&desktop\\_back=clanky&action\\_back=view&id\\_back=204&desktop=clanky&action=view&id=202](http://www.fitnet.cz/index.php?&desktop_back=clanky&action_back=view&id_back=204&desktop=clanky&action=view&id=202)
- Krech, D., Crutchfield, R. S., & Ballachey, E. L. (1962). *Individual in society: A textbook of social psychology*. New York, NY: McGraw-Hill.
- Křen, F., Chmelík, F., Frömel, K., Fical, P., & Kudláček, M. (2008). *Dotazníky PPA a IPAQ pro Indares.com* [Computer software]. Olomouc: Fakulta tělesné kultury, Univerzita Palackého.
- Kunštát, D. (2007). Veřejné mínění, politika a racionalita. *Sociologický ústav AV ČR*, 3. Retrieved from [http://www.socioweb.cz/upl/editorial/download/138\\_socioweb%203-07%20cely.pdf](http://www.socioweb.cz/upl/editorial/download/138_socioweb%203-07%20cely.pdf)
- Kuric, J. (2000). *Ontogenetická psychologie*. Brno: Cerm.
- Kusák, P., & Dařílek, P. (2001). *Pedagogická psychologie – B*. Olomouc: Univerzita Palackého.
- Lajunen, H.-R., Keski-Rahkonen, A., Pulkkinen, L., Rose, R. J., Rissanen, A., & Kaprio, J. (2009). Leisure activity patterns and their associations with overweight: A prospective study among adolescents. *Journal of Adolescence*, 32, 1089–1103.
- Langmeier, J., & Krejčířová, D. (1998). *Vývojová psychologie*. Praha: Grada.
- Liebert, R. M., Wick-Nelson, R., & Kail, R. V. (1986). *Developmental psychology*. Englewood Cliffs: Prentice-Hall.

- Lipková, J. (2004). Obezita – stále aktuální problém. *Telesná výchova & šport*, 14(3–4), 55–56.
- Lloyd, M. A. (1985). *Adolescence*. New York, NY: Harper & Row Publishers.
- Low, L. K. (2003). Guidelines for adolescent preventive services (GAPS). *Journal of Midwifery & Women's Health*, 48(3), 231–233.
- Lowry, R., Wechsler, H., Kann, L., & Collins, J. (2001). Recent trends in participation in physical education among U. S. high school students. *Journal of School Health*, 71, 145–153.
- Macek, P. (1999). *Adolescence – Psychologické a sociální charakteristiky dospívajících*. Praha: Portál.
- Macek, P., Osecká, L., & Kostrůň, L. (1997). Social representation of human rights amongst Czech university students. *Journal of Community & Applied Social Psychology*, 7(1), 65–76.
- Máček, M., & Vávra, J. (1980). *Fyziologie a patofyziologie tělesné zátěže*. Praha: Avicenum.
- Manelli, A. M. (1991). Monotonic preferences and core equivalence. *Econometrica*, 59(1), 123–138.
- Marin, G., Perez-Stable, E. J., & Marin, B. B. V. (1989). Cigarette smoking among San Francisco Hispanics: The role of acculturation and gender. *American Journal of Public Health*, 79, 196–198.
- Martel, J.-M., & Aouni, B. (1990). Incorporating the decision-maker's preferences in the goal-programming model. *The Journal of the Operational Research Society*, 41(12), 1121–1132.
- Marti, A., Moreno-Aliaga, M. J., Hebebrand, J., & Martínez, J. A. (2004). Genes, lifestyles and obesity. *International Journal of Obesity*, 28, 29–36.
- Maříková, H. (1996). Rodina a zaměstnané ženy II. *Data & Fakta*, 2, 2.
- Maslow, A. H. (1970). *Motivation and personality* (Rev. ed.). New York, NY: Harper & Row.
- McHale, S. M., Crouter, A. C., & Whiteman, S. D. (2003). The family contexts of gender development in childhood and adolescence. *Social Development*, 12, 125–148.
- McPherson, J. M. (1987). A field study of winter fruit preferences of Cedar Waxwings. *The Condor*, 89(2), 293–306.
- Meeus, W., & Dekovic, M. (1995). Identity development, parental and peer support in adolescence: Results of a national survey. *Adolescence*, 30(120), 931–944.
- Ministerstvo školství, mládeže a tělovýchovy (2001). *Národní program rozvoje vzdělávání v České republice – Bílá kniha*. Praha: Tauris.
- Ministerstvo školství, mládeže a tělovýchovy (2008). *Státní podpora sportu – Veřejné vyhlášení programů pro rok 2009* [Č.j.: 13 334/2008–50]. Praha: Author.
- Ministerstvo školství, mládeže a tělovýchovy (2009). *Škola pro 21. století – Akční plán pro realizaci „Koncepte rozvoje informačních a komunikačních technologií ve vzdělávání pro období 2009 – 2013* [usnesení vlády č. 1276/2008]. Praha: Author.
- Ministerstvo zdravotnictví České republiky (2002). *Dlouhodobý program zlepšování zdravotního stavu obyvatelstva ČR. Program Zdraví 21. – Zdraví pro všechny v 21. století*. Retrieved from <http://www.mzcr.cz/Verejne/Pages/19-zdravi-pro-vsechny-v-21-stoleti.html>.
- Mizuno, K., Tanaka, M., Ishii, A., Tanabe, H. C., Onoe, H., Sadato, N., & Watanabe, Y. (2008). The neural basis of academic achievement motivation. *NeuroImage*, 42, 369–378.
- Monello, R. J., & Wright, R. G. (1999). Amphibian habitat preferences among artificial ponds in the Palouse region of Northern Idaho. *Journal of Herpetology*, 33(2), 298–303.

- Moore, M. J., & Werch, Ch. E. (2005). Sport and physical activity participation and substance use among adolescents. *Journal of Adolescent Health, 36*, 486–493.
- Morse, D. T. (1999). Minsize2: A computer program for determining effect size and minimum sample size for statistical significance for univariate, multivariate, and nonparametric tests. *Educational and Psychological Measurement, 59*(3), 518–531.
- Mota, J., & Esculcas, C. (2002). Leisure/time physical activity behavior: Structured and unstructured choices according to sex, age, and level of physical activity. *International Journal of Behavioral Medicine, 9*(2), 111–121.
- Murphy, G. (1947). *Personality: a biosocial approach to origins and structure*. New York, NY: Harper & Brothers.
- Najman, J. M., Toloo, G., & Siskind, V. (2006). Socioeconomic disadvantage and changes in health risk behaviours in Australia: 1989–90 to 2001. *Bulletin of the World Health Organization, 84*, 976–984.
- Nakonečný, M. (1995). *Psychologie osobnosti*. Praha: Academia.
- Nakonečný, M. (1996). *Motivace lidského chování*. Praha: Academia.
- Nakonečný, M. (1997). *Encyklopedie obecné psychologie*. Praha: Academia.
- Nakonečný, M. (1998). *Základy psychologie*. Praha: Academia.
- Nakonečný, M. (1999). *Sociální psychologie*. Praha: Academia.
- Nakornkhet, K. (1989). Cultures and sports preference. *Asian Folklore Studies, 48*(1), 107.
- National Association for Sport and Physical Education (NASPE). *Shape of the Nation Report 2001*. Retrieved from [http://www.mauikinesiology.com/advocacy/shape\\_nation.pdf](http://www.mauikinesiology.com/advocacy/shape_nation.pdf)
- Needham, B. L., & Crosnoe, R. (2005). Overweight status and depressive symptoms during adolescence. *Journal of Adolescent Health, 36*, 48–55.
- Nelson, M. C., Gordon-Larsen, P., Song Y., & Popkin B. M. (2006). Built and social environments – Associations with adolescent overweight and activity. *American Journal of Preventive Medicine, 31*(2), 109–117.
- Newcomb, T. M. (1950). *Social psychology*. New York, NY: Dryden Press.
- Nuttin, J. (1984). *Motivation, planning, and action: A relational theory of behavior dynamics*. Hillsdale, NJ: Erlbaum.
- Okely, A. D., Booth, M. L., & Chey, T. (2004). Relationships between body composition and fundamentals movement skills among children and adolescents. *Research Quarterly for Exercise and Sport, 75*(3), 238–247.
- Okruhlicová, A., Kollárik, K., & Marušincová, E. (1993). Hodnotová orientácia začínajúcich študium na stredných školách. *Pedagogická revue, 45*(3–4), 182–194.
- Okun, B. S. (1996). Sex preference, family planning, and fertility: An Israeli subpopulation in transition. *Journal of Marriage and the Family, 58*(2), 469–475.
- Osecká, L. (1991). Typologie hodnotových orientací. *Československá psychologie, 35*(2), 127–134.
- Paavola, M., Vartiainen, E., & Haukkala, A. (2004). Smoking, alcohol use, and physical activity: A 13-year longitudinal study ranging from adolescence into adulthood. *Journal of Adolescent Health, 32*, 238–244.
- Paffenbarger, R. S., Jr., Hyde, R. T., Wing, A. L., & Hsieh, C. (1986). Physical activity, all-cause mortality, and longevity of college alumni. *New England Journal of Medicine, 314*, 605–613.

- Pangrazi, R. P., Corbin, C. B., & Welk, G. J. (1996). Physical activity for children and youth. *Journal of Physical Education, Recreation & Dance*, 67(4), 38–43.
- Pate, R. R., Pratt, M., Blair, S. N., Haskell, W. L., Macera, C. A., Bouchard, C., Buchner, D., Ettinger, W., Heath, G. W., King, A. C., Kriska, A., Leon, A. S., Marcus, B. H., Morris, J., Paffenbarger, R. S., Patrick, K., Pollock, M. L., Rippe, J. M., Sallis, J., & Wilmore, J. H. (1995). Physical activity and public health – Recommendation from the centers for disease control and prevention and the American College of Sports Medicine. *The Journal of the American Medical Association*, 273(5), 402–407.
- Patrick, K., Sallis, J. F., Procházka, J. J., Lydston, D. D., Calfas, K. J., Zabinski, M. F., et al. (2001). A multicomponent program for nutrition and physical activity change in primary care: PACE+ for adolescent. *Archives of Pediatrics and Adolescent Medicine*, 155, 940–951.
- Pávková, J., Hájek, B., Hofbauer, B., Hrdličková, V., & Pavlíková, A. (2002). *Pedagogika volného času*. Praha: Portál.
- Petersen, A. (1988). Adolescent development. *Annual Review Psychology*, 39, 583–607.
- Pfeiffer, K. A., Dowda, M., Dishman, R. K., McIver, K. L., Sirard, J. R., Ward, D. S., & Pate, R. R. (2006). Sport participation and physical activity in adolescent females across a four-year period. *Journal of Adolescent Health*, 39, 523–529.
- Philipp, S. F. (1998). Race and gender differences in adolescent peer group approval of leisure activities. *Journal of Leisure Research*, 30(2), 214–232.
- Piéron, H. L. C. (1951). *Les problèmes fondamentaux de la Psychophysique dans la science actuelle*. Paris: Hermann.
- Platón. (1997). *Zákony*. Praha: Oikoymenh.
- Průcha, J. (2002). Etnopedagogika. *Pedagogika*, 52(2), 195–205.
- Průcha, J. (2004). *Interkulturní psychologie – Sociopsychologické zkoumání kultur, etnik, ras a národů*. Praha: Portál.
- Průcha, J., Walterová, E., & Mareš, J. (1995). *Pedagogický slovník*. Praha: Portál.
- Pryor, J. (1994). Self-esteem and attitudes toward gender roles – contributing factors in adolescents. *Australian Journal of Psychology*, 46, 48–52.
- Radcliff, B. (1993). The structure of voter preferences. *The Journal of Politics*, 55(3), 714–719.
- Ramburuth, P., & McCormick, J. (2001). Learning diversity in higher education: A comparative study of Asian international and Australian students. *Higher Education*, 42(3), 333–350.
- Reber, A. S., & Reber, E. S. (2001). *The Penguin dictionary of psychology*. London: Penguin Books.
- Reid, J. M. (1987). The learning style preferences of ESL students. *TESOL Quarterly*, 21(1), 87–111.
- Riegerová, J., Přidalová, M., & Ulbrichová, M. (2006). *Aplikace fyzické antropologie v tělesné výchově a sportu*. Olomouc: Hanex.
- Roemmich, J. N., Epstein, L. H., Raja, S., & Yin, L. (2007). The neighborhood and home environments: Disparate relationships with physical activity and sedentary behaviors in youth. *Annals of Behavioral Medicine*, 33(1), 29–38.
- Roemmich, J. N., Epstein, L. H., Raja, S., Yin, L., Robinson, J., & Winiewicz, D. (2006). Association of access to parks and recreational facilities with the physical activity of young children. *Preventive Medicine*, 43(6), 437–441.

- Rothney, J. W. M., & McCaul, R. L. (1938). Reading preferences of high-school boys. *The English Journal*, 27(8), 650–660.
- Rowland, S. B., & Wampler, K. S. (1983). Black and white mothers' preferences for parenting programs. *Family Relations*, 32(3), 323–330.
- Rowland, T. W. (2001). The role of physical activity and fitness in children in the prevention of adult cardiovascular disease. *Progress in Pediatric Cardiology*, 12, 199–203.
- Russell, B. (1993). *Logika, věda, filozofie, společnost*. Praha: Svoboda.
- Russell, D. H. (1941). Reading preferences of younger adolescents in Saskatchewan. *The English Journal*, 30(2), 131–136.
- Rychtecký, A. (2006). *Monitorování účasti mládeže ve sportu a pohybové aktivitě v České republice*. Praha: Univerzita Karlova.
- Řehan, V., & Cakirpaloglu, P. (2000). Sociální status a hodnotová orientace mladé generace. *Československá psychologie*, 4(3), 202–215.
- Říčan, P. (1973). *Psychologie osobnosti*. Praha: Orbis.
- Říčan, P. (2007). *Psychologie osobnosti – Obor v pohybu*. Praha: Grada Publishing.
- Sak, P., Mareš, J., Nová, H., Richter, V., Saková, K., & Skalková, J. (2007). *Člověk a vzdělání v informační společnosti – Vzdělávání a život v komputerizovaném světě*. Praha: Portál.
- Sallis, J. F., Cervero, R. B., Ascher, W., Henderson, K. A., Kraft, M. K., & Kerr, J. (2006). An ecological approach to creating active living communities. *Annual Review of Public Health*, 27, 297–322.
- Sallis, J. F., & Owen, N. (2002). Ecological models of health behavior. In: K. Glanz, B. K. Rimer, & F. M. Lewis (Eds.), *Health behavior and health education: Theory, research, and practice (3rd ed.)*, (pp. 462–484). San Francisco, CA: Jossey-Bass.
- Sallis, J. F., & Owen, N. (1999). *Physical activity & behavioral medicine*. Thousand Oaks, CA: Sage Publications.
- Sallis, J. F., Simons-Morton, B. G., Stone E. J., Corbin, C. B., Epstein, L. H., Faucette, N., Iannotti, R. J., Killen, J. D., Klesges, R. C., Petray, C. K., Rowland, T. W., & Taylor, W. C. (1992). Determinants of physical activity and interventions in youth. *Medicine & Science in Sports & Exercise*, 24(6), S248–S256.
- Sallis, J. F., Howell, M. F., Hofstetter, C. R., Doder, J. P., Hackley, M., Caspersen, C. J., & Powell, K. E. (1990). Distance between homes and exercise facilities related to frequency of exercise among San Diego residents. *Public Health Reports*, 105, 179–180.
- Sallis, J. F. (2000). Age-related decline in physical activity: A synthesis of human and animal studies. *Medicine & Science in Sports & Exercise: Applied Sciences*, 32(9), 1598–1600.
- Saris, W. H. M., Blair, S. N., van Baak, M. A., Baton, S. B., Davies, P. S. W., Di Pietro, L., Fogelholm, M., Rissanen, A., Schoeller, D., Swinburn, B., Tremblay, A., Westerterp, K. R., & Watt, H. (2003). How much physical activity is enough to prevent unhealthy weight gain? Outcome of the IASO 1st Stock conference and consensus statement. *Obesity Reviews*, 4(2), 101–114.
- Schröder, H., Rohlf, I., Schmelz, E. M., & Marrugat, J. (2004). *European Journal of Nutrition*, 43, 77–85.
- Schmitz, K. H., Lytle, L. A., Phillips, G. A., Murray, D. M., Birnbaum, A. S., & Kubik, M. Y. (2002). Psychosocial correlates of physical activity and sedentary leisure habits in young

- adolescents: The teens eating for energy and nutrition at school study. *Preventive Medicine* 34, 266–278.
- Sigmund, E., Mitáš, J., Kudláček, M., & Frömel, K. (2007). Stability of physical activity preferences survey in physical education students aged 21–24 [Abstract]. *Acta Universitatis Palackianae Olomucensis. Gymnica*, 37(2), 100–101.
- Singer, R. N., Murphey, M., & Tennant, L. K. (1993). *Handbook of research on sport psychology*. New York, NY: Macmillan publishing company.
- Skiadas, C. (1997). Conditioning and aggregation of preferences. *Econometrica*, 65(2), 347–367.
- Smith, M. B., Bruner, J. S., & White, R. W. (1956). Opinions and personality. In A. R. Pratkanis, S. J. Breckler, & A. G. Greenwald (Eds.), *Attitude structure and fiction*, (pp. 388–401). Hillsdale, NJ: Lawrence Erlbaum Associates Publishers.
- Smith, A., Green, K., & Thurston, M. (2009). Activity choice and physical education in England and Wales. *Sport Education and Society*, 14(2), 203–222.
- Sowers, J. R. (2003). Obesity as a cardiovascular risk factor. *American Journal of Medicine*, 155(8A), 37S–41S.
- SPSS CR (2008). *SPSS Cz Verze 17.0* [Computer software]. Praha: SPSS.
- STATSOFT CR. (2008). *Statistica Cz. Verze 8.0*. [Computer software]. Praha: StatSoft.
- Stein, M. T., & Perrin, E. C. (2004). A difficult adjustment to school: The importance of family constellation. *Pediatrics*, 114, 1464–1467.
- Steinbeck, K. S. (2001). The importance of physical activity in the prevention of overweight and obesity in childhood: A review and an opinion. *Obesity reviews*, 2, 117–130.
- Stejskal, P. (2004). Pohybem za zdravím? *Osobní lékař*, 11, 12–14.
- Strauss, R. S. (2002). Childhood obesity. *Pediatric Clinics of North America*, 49, 175–201.
- Stunkard, A. J., Faith, M. S., & Allison, K. C. (2003). Depression and obesity. *Biological Psychiatry*, 54, 330–337.
- Summers, E. G., & Lukasevich, A. (1983). Reading preferences of intermediate/grade children in relation to sex, community, and maturation (grade level): A Canadian perspective. *Reading Research Quarterly*, 18(3), 347–360.
- Super, D. E. (1964). *Psychologie de intérêt*. Paris: Presses Universitaires de France.
- Svačina, Š., & Bretšnajdrová, A. (2008). *Jak na obezitu a její komplikace*. Praha: Grada.
- Světlý, J. (1978). *Hodnoty a hodnocení*. Praha: Státní pedagogické nakladatelství.
- Tammelin, T., Näyhä, S., Hills, A. P., & Jarvelin, M. R. (2003). Adolescent participation in sports and adult physical activity. *American Journal of Preventive Medicine*, 24(1), 22–28.
- Tannehill, D. (1998). Sport education. *Journal of Physical Education, Recreation & Dance*, 69(4), 16–17.
- Taylor, W. C., Sallis, J. F., Dowda, M., Freedson, P. S., Eason, K., & Pate, R. R. (2002). Activity patterns and correlates among youth: Differences by weight status. *Pediatric Exercise Science*, 14, 418–431.
- The European Sports Charter [Electronic version]. (1992). Retrieved from <http://www.sport-development.org.uk/ECCharter.pdf>
- Thornburn, A. W., & Proietto, J. (2000). Biological determinants of spontaneous physical activity. *Obesity reviews*, 1, 87–94.

- Tomlinson, P. (1981). *Understanding teaching. Interactive educational psychology*. London: McGraw-Hill.
- Triandis, H. C. (1975). *Einstellungen und Einstellungänderungen*. Weinheim: Beltz.
- Twisk, J. W. (2001). Physical activity guidelines for children and adolescents: A critical review. *Sports Medicine*, 31, 617–627.
- Thomas, J. R., & Nelson, J. K. (2001). *Research methods in physical activity* (4th ed.). Champaign, IL: Human Kinetics.
- Trochim, W. M. K. (2008). Homepage: *Research methods knowledge base*. Retrieved from <http://www.socialresearchmethods.net/kb/>
- U. S. Department of Health and Human Services (2008). *2008 Physical activity guidelines for Americans*. Retrieved from <http://www.health.gov/paguidelines/>
- U. S. Department of Health and Human Services (2002). *Physical activity fundamental to preventing disease*. Retrieved from <http://www.aspe.hhs.gov/health/reports/physical-activity/index.shtml>
- U. S. Department of Health and Human Services (2001). *The Surgeon General's Call to Action to Prevent and Decrease overweight and Obesity*. Retrieved from <http://www.surgeongeneral.gov/topics/obesity/>
- U. S. Department of Health and Human services. (2000). *Healthy people 2010: Leading Health Indicators*. Retrieved from <http://www.healthypeople.gov/LHI/>
- U. S. Department of Health and Human Services (1996). *Physical activity and health: A report of the surgeon general*. Atlanta, GA: Department of Health and Human Services.
- Utilitarian.net (2007). *The lists links to writings by and about the major utilitarian figures*. Retrieved from <http://www.utilitarian.net/hare/>
- Van Mechelen, W. Twisk, J. W. R., Post, G. B., Snel, J., & Kemper, C. G. (2000). Physical activity of young people: The Amsterdam longitudinal growth and health study. *Medicine & Science in Sports & Exercise: Applied Sciences*, 32(9), 1610–1616.
- Vágnerová, M. (2000). *Vývojová psychologie. Dětství, dospělost, stáří*. Praha: Portál.
- Vašíčková, J., & Frömel, K. (2009). Pohybově aktivní životní styl adolescentů České republiky: Východiska pro kurikula tělesné výchovy. *Česká kinantropologie*, 13(4), 70–76.
- Véle, F. (1997). *Kineziologie pro klinickou praxi*. Praha: Grada.
- Virgilio, S. J. (2000). Physical activity motivation: The missing link. *Teaching Elementary Physical Education*, 11(2), 5–7, 11.
- Vláda České republiky. (2003). *Usnesení vlády České republiky ke Směrům státní politiky ve sportu na léta 2004–2006* [9. července 2003 č. 673]. Praha: Author.
- Wallhead, T. L., & Buckworth, J. (2004). The role of physical education in the promotion of youth physical activity. *Quest*, 56, 285–301.
- Ward, D. S., Saunders, R. P., & Pate, R. R. (2007). *Physical activity interventions in children and adolescents*. Champaign, IL: Human Kinetics.
- Weinbert, R. S., & Gould, D. (2003). *Foundations of sport & exercise psychology*. Champaign, IL: Human Kinetics.
- Werner, C., & Parmelee, P. (1979). Similarity of activity preferences among friends: those who play together stay together. *Social Psychology Quarterly*, 42(1), 62–66.
- Western, L. E. (1979). Magazine preferences of fourth- and sixth-grade children. *The Elementary School Journal*, 79(5), 284–291.

- Wildavsky, A. (1987). Choosing preference by constructing institutions: A cultural theory of preference formation. *The American Political Science Review*, 81(1), 3–22.
- Wilcox, S, & King, A. C. (1999). Physical activity preference of middle-aged and older adults: A community analysis. *Journal of Aging and Physical Activity*, 7(4), 386–399.
- Williams, J. (2005). Women's mental health – taking inequality into account. In J. Tew (Ed.), *Social perspectives in mental health: developing social models to understand and work with mental distress* (pp. 151–167). London: Jessica Kingsley.
- Wilson, K. S., & Spink, K. S. (2009). Social influence and physical activity in older females: Does activity preference matter? *Psychology of Sport and Exercise*, 10, 481–488.
- World Health Organization. (2004). *Body Mass Index (BMI)*. Retrieved from [http://www.euro.int/nutrition/20030507\\_1](http://www.euro.int/nutrition/20030507_1)
- World Health Organization. (2007). *A guide for population-based approaches to increasing levels of physical activity*. Geneva: WHO press.
- Yurgelun-Todd, D. (2007). Emotional and cognitive changes during adolescence. *Current Opinion in Neurobiology*, 17, 251–257.
- Zurmuehlen, M. (1977). Teachers' preferences in children's drawings. *Studies in Art Education*, 19(1), 52–65.