

# Literatura

## KAPITOLA 1

- Baker, E.: *Man in the Trap*. New York, Macmillan, 1967.
- Bates, W.: *The Bates Method for Better Eyesight without Glasses*. New York, Pyramid, 1976.
- Beisser, A.: „The Paradoxical Theory of Change.“ In: Fagan, J., Shepherd, I. (eds.): *Gestalt Therapy Now*. Palo Alto, Science and Behavior Books, 1970.
- Emerson, P., Smith, E.: „Contributions of Gestalt Psychology to Gestalt Therapy.“ *The Counseling Psychologist*, 1974, 4, 8–12.
- Fagan, J., Hefferline, R., Goodman, P.: *Gestalt Therapy*. New York, Dell, 1951.
- Fierman, L. (ed.): *Effective Psychotherapy: The Contribution of Hellmuth Kaiser*. New York, Free Press, 1965.
- Freud, S.: *The Ego and The Id*. New York, Norton, 1960.
- Freud, S.: *Jokes and Their Relation to the Unconscious*. New York, Norton, 1960.
- Freud, S.: „The Moses of Michelangelo“ (1914). In: Rieff, P. (ed.): *Character and Culture*. New York, Collier Books, 1963.
- Kelley, C.: *Education in Feeling and Purpose*. Santa Monica, Cal., Radix Institute, 1974.
- Kelley, C.: *Orgonomy, Bioenergetics, and Radix: The Reichian Movement Today*. Ojai, Cal., Radix Institute, 1978.

- Levitsky, A., Perls, F.: „The Rules and Games of Gestalt Therapy.“ In: Fagan, J., Shepherd, I. (eds.): *Gestalt Therapy Now*. Palo Alto, Science and Behavior Books, 1970.
- Lowen, A.: „The Body in Personality Theory: Wilhelm Reich and Alexander Lowen.“ In: Burton, A. (ed.): *Operational Theories of Personality*. New York, Brunner/Mazel, 1974.
- Lowen, A.: *Bioenergetics*. New York, Penguin, 1975.
- Lowen, A.: *The Language of the Body*. New York, Collier Books, 1971.
- Lowen, A., Lowen, L.: *The Way to Vibrant Health*. New York, Harper & Row, 1977.
- Mann, W.: *Orgone, Reich, and Eros*. New York, Simon & Schuster, 1973.
- Mann, W., Hoffman, E.: *The Man Who Dreamed of Tomorrow: A Conceptual Biography of Wilhelm Reich*. Los Angeles, Tarcher, 1980.
- Naranjo, C.: „Present-Centeredness: Technique, Prescription, and Ideal.“ In: Fagan, J., Shepherd, I. (eds.): *Gestalt Therapy Now*. Palo Alto, Science and Behavior Books, 1970.
- Polster, E., Polster, M.: *Gestalt Therapy Integrated*. New York, Brunner/Mazel, 1973.
- Reich, W.: *The Cancer Biopathy*. New York, Farrar, Straus and Giroux, 1973b.
- Reich, W.: *The Function of the Orgasm*. New York, Simon and Schuster, 1973a.
- Saeger, L.: „The Historical Development of Bioenergetic Concepts: A Foundation for the Emerging Technology of Psychophysiological Therapeutics.“ In: Cassius, J. (ed.): *Horizons in Bioenergetics*. Memphis, Promethean Publications, 1980.
- Smith, E.: „Seven Decision Points.“ *Voices*, 1979, 15, 45–50.
- Zinker, J.: *Creative Process in Gestalt Therapy*. New York, Brunner/Mazel, 1977.

## KAPITOLA 2

- Naranjo, C.: „Present-Centeredness: Technique, Prescription, and Ideal.“ In: Fagan, J., Shepherd, I. (eds.): *Gestalt Therapy Now*. Palo Alto, Science and Behavior Books, 1970.
- Perls, F.: *The Gestalt Approach and Eye Witness to Therapy*. Palo Alto, Science and Behavior Books, 1973.
- Perls, F.: *Gestalt Therapy Verbatim*. Moab, Utah, Real People Press, 1969.
- Reich, W.: *Character Analysis*. New York, Noonday Press, 1949.
- Reich, W.: *The Function of the Orgasm*. New York, Simon and Schuster, 1973.
- Smith, E.: „Altered States of Consciousness in Gestalt Therapy.“ *Journal of Contemporary Psychotherapy*, 1975, 7, 1, 35–40.
- Smith, E.: „The Impasse Phenomenon: A Gestalt Therapy Experience Involving an Altered State of Consciousness.“ *The Gestalt Journal*, 1978, 1, 1, 88–93.

## KAPITOLA 3

- Allport, G.: *Personality: A Psychological Interpretation*. New York, Holt, 1937.
- Birdwhistell, R.: *Introduction to Kinesics: An Annotation System for Analysis of Body Motion and Gesture*. Louisville, University of Louisville, 1952.
- Birdwhistell, R.: *Kinesics and Context*. Philadelphia, University of Pennsylvania Press, 1970.
- Blazer, J.: „The Language of Legs.“ *Playboy*, June 1969, 16:4.
- Blazer, J.: „Leg Position and Psychological Characteristics in Women.“ *Psychology*, 1966, 5, 5–12.
- Braatoy, T.: *Fundamentals of Psychoanalytic Technique*. New York, John Wiley and Sons, 1954.

- Braatoy, T., Hefferline, R., Goodman, P.: *Gestalt Therapy*. New York, Dell, 1951.
- Polster, E., Polser, M.: *Gestalt Therapy Integrated*. New York, Brunner/Mazel, 1973.
- Reich, W.: *The Cancer Biopathy*. New York, Farrar, Straus and Giroux, 1973b.
- Reich, W.: *The Function of the Orgasm*. New York, Simon and Schuster, 1973a.
- Saeger, L.: „The Historical Development of Bioenergetic Concepts: A Foundation for the Emerging Technology of Psychophysiological Therapeutics.“ In: Cassius, J. (ed.): *Horizons in Bioenergetics*. Memphis, Promethean Publications, 1980.
- Smith, E.: „Seven Decision Points.“ *Voices*, 1979, 15, 3, 45–50.
- Zinker, J.: *Creative Process in Gestalt Therapy*. New York, Brunner/Mazel, 1977.

## KAPITOLA 4

- Naranjo, C.: „Present-Centeredness: Technique, Prescription, and Ideal.“ In: Fagan, J., Shepherd, I. (eds.): *Gestalt Therapy Now*. Palo Alto, Science and Behavior Books, 1970.
- Perls, F.: *The Gestalt Approach and Eye Witness to Therapy*. Palo Alto, Science and Behavior Books, 1973.
- Perls, F.: *Gestalt Therapy Verbatim*. Moab, Utah, Real People Press, 1969.
- Reich, W.: *Character Analysis*. New York, Noonday Press, 1949.
- Reich, W.: *The Function of the Orgasm*. New York, Simon and Schuster, 1973.
- Smith, E.: „Altered States of Consciousness in Gestalt Therapy.“ *Journal of Contemporary Psychotherapy*, 1975, 7, 1, 35–40.
- Smith, E.: „The Impasse Phenomenon: A Gestalt Therapy Experience Involving an Altered State of Consciousness.“ *The Gestalt Journal*, 1978, 1, 1, 88–93.

## KAPITOLA 5

- Allport, G.: *Personality: A Psychological Interpretation*. New York, Holt, 1937.
- Birdwhistell, R.: *Introduction to Kinesics: An Annotation System for Analysis of Body Motion and Gesture*. Louisville, University of Louisville, 1952.
- Birdwhistell, R.: *Kinesics and Context*. Philadelphia, University of Pennsylvania Press, 1970.
- Blazer, J.: „The Language of Legs.“ *Playboy*, June 1969, 16:4.
- Blazer, J.: „Leg Position and Psychological Characteristics in Women.“ *Psychology*, 1966, 5, 5–12.
- Braatoy, T.: *Fundamentals of Psychoanalytic Technique*. New York, John Wiley and Sons, 1954.
- Brooks, C.: *Sensory Awareness*. New York, Viking Press, 1974.
- Corliss, R., Rabe, P.: *Psychotherapy from the Center*. Scranton, International Textbook Co., 1969.
- Critchley, M.: *The Language of Gesture*. 1939.
- Darwin, C.: *The Expression of the Emotions in Man and Animals*. New York, Appleton, 1898.
- Deutsch, F.: „Analysis of Postural Behavior.“ *Psychoanalytic Quarterly*, 1952, 21, 196–214.
- Dittman, A.: „The Relationship Between Body Movements and Moods in Interviews.“ *Journal of Consulting Psychology*, 1962, 26, 480.
- Duncan, S.: „Nonverbal Communication.“ *Psychological Bulletin*, 1969, 72, 118–137.
- Efron, D.: *Gesture and Environment*. 1941.
- Ekman, P., Friesen, W.: „Nonverbal Behavior in Psychotherapy Research.“ In: Shilen, J. (ed.): *Research in Psychotherapy*. Washington, American Psychological Association, 1968.
- Fast, J.: *Body Language*. New York, M. Evans and Co., 1970.
- Feldenkrais, M.: *Body and Mature Behavior*. New York, International Universities Press, 1949.

Feldman, S.: *Mannerisms of Speech and Gestures in Everyday Life*. New York, International Universities Press, 1959.

Fenichel, O.: *The Psychoanalytic Theory of Neurosis*. New York, Norton, 1945.

Fierman, L. (ed.): *Effective Psychotherapy: The Contribution of Hellmuth Kaiser*. New York, Free Press, 1965.

Fossey, D.: „Making Friends with Mountain Gorillas.“ *National Geographic*, 1970, 757(1), 48–67.

Fretz, B.: „Postural Movements in a Counseling Dyad.“ *Journal of Counseling Psychology*, 1966, 13, 335–343.

Fromm-Reichmann, F.: *Principles of Intensive Psychotherapy*. Chicago, University of Chicago Press, 1950.

Geller, J.: *Manual for Categorizing Movements of the Hands and Arms*. Nepublikovaný rukopis, Yale University, 1968.

Griffith, R.: „Anthropodology: Man a-foot.“ In: Baeyer, V., Griffith, R. (eds.): *Conditio Humano*. New York, Springer-Verlag, 1966.

Hall, E.: *The Silent Language*. New York, Fawcett World Library, 1959.

Hall, E.: „A System for the Notation of Proxemic Behavior.“ *American Anthropologist*, 1963, 65, 1003–1026.

Hall, E., Hall, M.: „The Sounds of Silence.“ *Playboy*, June 1971, 18:6.

Harper, R., Wiens, A., Matarazzo, J.: *Nonverbal Communication: The State of the Art*. New York, Wiley, 1978.

Jacobson, E.: *Anxiety and Tension Control*. Philadelphia, Lippincott, 1964.

Jacobson, E.: *Progressive Relaxation*. Chicago, University of Chicago Press, 1938.

James, W.: „A Study of the Expression of Bodily Posture.“ *Journal of Genetic Psychology*, 1932, 7, 405–437.

Jourard, S.: *The Transparent Self*. New York, D. Van Nostrand, 1964.

Krout, M. H.: „Autistic Gestures, an Experimental Study in Symbolic Movement.“ *Psychology Monograph*, 1935, 46.

Krout, M. H.: „A Preliminary Note on Some Obscure Symbolic Muscular Responses of Diagnostic Value in the Study of Normal Subjects.“ *American Journal of Psychology*, 1931, 11, 29–71.

Krout, M. H.: „The Social and Physiological Significance of Gestures (a differential analysis).“ *Journal of Genetic Psychology*, 1935, 47.

Levitsky, A., Perls, F.: „The Rules and Games of Gestalt Therapy.“ In: Fagan, J., Shepherd, I. (eds.): *Gestalt Therapy Now*. Palo Alto, Science and Behavior Books, 1970.

Levitt, E.: „The Relationship Between Abilities to Express Emotional Meanings Vocally and Facially.“ In: J. Davitz (ed.): *The Communication of Emotional Meaning*. New York, McGraw-Hill, 1964.

Lewis, H., Streitfield, H.: *Growth Games*. New York, Harcourt, Brace, Jovanovich, 1970.

McNatt, V.: *Nonverbal Communication: A Study of Satir Typology, Interpersonal Attraction, and Self-Esteem*. Doktorská disertace, Georgia State University, 1973.

Mahl, G.: „Some Clinical Observations on Nonverbal Behavior in Interviews.“ *The Journal of Nervous and Mental Diseases*, 1967, 144, 492–505.

Mahl, G.: „Nonverbal Anticipation of Verbalization.“ Přednáška na konferenci: „New Approaches to the Study of Facial Expression and Body Movement.“ *American Psychological Association*, 1966.

Maranon, G.: „The Psychology of Gesture.“ *Journal of Nervous and Mental Diseases*, 1950, 112, 469–497.

Mehrabian, A.: „Communication without Words.“ *Psychology Today*, 1968a, 2(4), 52–55.

Mehrabian, A.: „Relationship of Attitude to Seated Posture, Orientation, and Distance.“ *Journal of Personality and Social Psychology*, 1968b, 10, 26–30.

Mehrabian, A.: „A Semantic Space for Nonverbal Behavior.“ *Journal of Consulting and Clinical Psychology*, 1970, 55, 248–257.

Mehrabian, A., Ferris, S.: „Inference of Attitudes from Nonverbal Communication in Two Channels.“ *Journal of Consulting Psychology*, 1967, 31, 248–252.

Morris, D.: *Manwatching*. New York, Abrams, 1977.

Needles, W.: „Gesticulation and Speech.“ *International Journal of Psychoanalysis*, 1959, 40, 291–292.

Osgood, C., Suci, G., Tannenbaum, P.: *The Measurement of Meaning*. Urbana, University of Illinois Press, 1957.

Otto, H., Mann, J.: *Ways of Growth*. New York, Grossman, 1968.

Parkinson, C.: „What Does It Mean When You Gesture?“ *Picture*, May 24, 1970, 25.

Paulk, D.: „Kinesic Effects on Perceived Attributes of Attraction.“ Doktorská disertace, Georgia State University, 1973.

Penn, J.: „Talk to Your Baby in Body Language.“ *My Baby Magazine*, 1971, 29(5), 4.

Perls, F.: *Ego, Hunger, and Aggression*. New York, Vintage Books, 1969.

Perls, F., Hefferline, R., Goodman, P.: *Gestalt Therapy*. New York, Julian Press, 1951.

Peterson, S.: *A Catalog of the Ways People Grow*. New York, Ballantine Books, 1971.

Reich, W.: *Character Analysis*. New York, Noonday Press, 1949.

Ruesch, J.: „General Theory of Communication in Psychiatry.“ In: Arieti, S. (ed.): *American Handbook of Psychiatry*. New York, Basic Books, 1959.

Ruesch, J., Kees, W.: *Nonverbal Communication*. Berkeley, University of California Press, 1956.

Rosenfeld, H.: „Instrumental Affiliative Functions of Facial and Gestural Expressions.“ *Journal of Personality and Social Psychology*, 1966, 4, 65–72.

Schefflen, A.: „Communication and Regulation in Psychotherapy.“ *Psychiatry*, 1963, 26, 126–136.

Schefflen, A.: „Communication Systems Such as Psychotherapy.“ In: Masserman, J. (ed.): *Current Psychiatric Therapies*, sv. V. New York, Grune and Stratton, 1965.

Schefflen, A.: „The Significance of Posture in Communication Systems.“ *Psychiatry*, 1964, 27, 316–331.

Schlosser, P.: „Liking as a Function of Physical Attractiveness, Kinesic Behavior, and Affiliative Tendency.“ Doktorská disertace, Georgia State University, 1977.

Schutz, W.: *Joy*. New York, Grove, 1967.

Schutz, W.: *Here Comes Everybody*. New York, Harper and Row, 1971.

Shapiro, D.: *Neurotic Styles*. New York, Basic Books, 1965.

Shapiro, J.: „Agreement Between Channels of Communication in Interviews.“ *Journal of Consulting Psychology*, 1966, 30, 535–538.

Shatan, C.: „Unconscious Motor Behavior, Kinesthetic Awareness and Psychotherapy.“ *American Journal of Psychotherapy*, 1963, 17, 17–30.

Smith, E.: „Postural and Gestural Communication of A and B Therapist Types During Dyadic Interviews.“ *Journal of Consulting and Clinical Psychology*, 1972, 39(1), 29–36.

Voices, 1970, 6.

Watzlawick, P., Beavin, J., Jackson, D.: *Pragmatics of Human Communication: A Study of Interactional Patterns, Pathologies, and Paradoxes*. New York, Norton, 1967.

Weiss, P.: „The Social Character of Gestures.“ *Philosophical Review*, 1943, 52, 182–186.

## KAPITOLA 6

Baker, E.: *Man in the Trap*. New York, Collier Books, 1967.

Dychtwald, K.: *Body-Mind*. New York, Jove, 1978.

Hall, C., Lindzey, G.: *Theories of Personality*. New York, John Wiley, 1970.

- Horney, K.: *Our Inner Conflicts*. New York, Norton, 1945.
- Keleman, S.: „The Foundations of Emotional Biology.“ *The Journal of Somatic Experience*, 1981, 4, 1, 8–21.
- Keleman, S.: *The Human Ground: Sexuality, Self and Survival*. Palo Alto, Science and Behavior Books, 1975.
- Keleman, S.: *Somatic Reality*. Berkeley, Center Press, 1979.
- Kretschmer, E.: *Physique and Character*. New York, Harcourt, 1925.
- Kurtz, R.: *Training Manual: Ron Kurtz Method of Body Centered Psychotherapy*. Putnam, Ct., Hakomi Institute, 1981.
- Kurtz, R., Prester, H.: *The Body Reveals*. New York, Harper and Row, 1976.
- Lowen, A.: *Bioenergetics*. New York, Penguin, 1975.
- Lowen, A.: „A Hierarchy in Characterology.“ *Energy and Character*, 1974, 5, 3, 3–6.
- Lowen, A.: *The Language of the Body*. New York, Collier Books, 1971. (Původně vydáno jako *Physical Dynamics of Character Structure*, 1958.)
- Reich, W.: *Character Analysis*. New York, Noonday Press, 1949.
- Shapiro, D.: *Neurotic Styles*. New York, Basic Books, 1965.
- Sheldon, W., Dupertuis, C., McDermott, E.: *Atlas of Men*. New York, Harper, 1954.
- Sheldon, W., Hartl, E., McDermott, E.: *Varieties of Delinquent Youth*. New York, Harper, 1949.
- Sheldon, W., Lewis, N., Tenney, A.: „Psychotic Patterns and Physical Constitution.“ In: Siva Sankar, D. (ed.): *Schizophrenia: Current Concepts and Research*. New York, PJD Publications, 1969.
- Sheldon, W., Stevens, S. S.: *The Varieties of Temperament*. New York, Harper, 1942.
- Sheldon, W., Stevens, S. S., Tucker, W.: *The Varieties of Human Physique*. New York, Harper, 1940.
- Wohlman, B.: *Contemporary Theories and Systems in Psychology*. New York, Harper, 1960.

## KAPITOLA 7

- Butler, G.: „Hypothesis of Excessive Meridian Energy.“ *American Journal of Acupuncture*, 1974, 2, 210–211.
- Dychtwald, K.: *Body-Mind*. New York, Jove Publications, 1978.
- Lowen, A., Lowen, L.: *The Way to Vibrant Health*. New York, Harper and Row, 1977.
- Pesso, A.: *Movement in Psychotherapy*. New York, New York University Press, 1969.

## KAPITOLA 8

- Baker, E.: *Man in the Trap*. New York, Macmillan, 1967.
- Berdach, E., Bakan, P.: „Body Position and the Free Recall of Early Memories.“ *Psychotherapy: Theory, Research, and Practice*, 1967, 4, 3, 101–102.
- Kroth, J.: „The Analytic Couch and Response to Free Association.“ *Psychotherapy: Theory, Research, and Practice*, 1970, 7, 4, 206–208.
- Lowen, A.: *Breathing, Movement, and Feeling*. New York, Institute for Bioenergetic Analysis, 1965.
- Perls, F.: *Ego, Hunger, and Aggression*. New York, Vintage, 1969.
- Perls, F., Hefferline, R., Goodman, P.: *Gestalt Therapy: Excitement and Growth in the Human Personality*. New York, Dell, 1951.
- Reich, W.: *The Function of the Orgasm*. New York, Simon and Schuster, 1973.
- Satchidananda, Swami: *Integral Yoga Hatha*. New York, Holt, Rinehart and Winston, 1970.
- Steen, E., Montagu, A.: *Anatomy and Physiology*. New York, Barnes and Noble, 1959.
- Walther, D.: *Applied Kinesiology*. Pueblo, CO, Systems, DC, 1976.

## KAPITOLA 9

- Baker, E.: *Man in the Trap*. New York, Macmillan, 1967.
- Konia, C.: „Orgone Therapy: A Case Presentation.“ *Psychotherapy: Theory, Research and Practice*. 1975, 12, 2, 192–197.
- Lowen, A.: *Bioenergetics*. New York, Penguin, 1975.
- Lowen, A., Lowen, L.: *The Way to Vibrant Health*. New York, Harper and Row, 1977.
- Pesso, A.: *Experience in Action*. New York, New York University Press, 1973.

## KAPITOLA 10

- Castaneda, C.: *The Teachings of Don Juan: A Yaqui Way of Knowledge*. New York, Ballantine, 1968.
- Deikman, A.: „Deautomatization and the Mystic Experience.“ In: Tart, C. (ed.): *Altered States of Consciousness*. New York, John Wiley, 1969.
- Levitsky, A., Perls, F.: „The Rules and Games of Gestalt Therapy.“ In: Fagan, J., Shepherd, I. (eds.): *Gestalt Therapy Now*. Palo Alto, Science and Behavior Books, 1970.
- London, P.: „The Induction of Hypnosis.“ In: Gordon, J. (ed.): *Handbook of Clinical and Experimental Hypnosis*. New York, Macmillan, 1967.
- Ludwig, A.: „Altered States of Consciousness.“ In: Tart, C. (ed.): *Altered States of Consciousness*. New York, John Wiley, 1969.
- Naranjo, C.: „Present-Centeredness: Technique, Prescription, and Ideal.“ In: Fagan, J., Shepherd, I. (eds.): *Gestalt Therapy Now*. Palo Alto, Science and Behavior Books, 1970.
- Naranjo, C.: *The Techniques of Gestalt Therapy*. Highland, N. Y., The Center for Gestalt Development, 1980.
- Perls, F.: „Four Lectures.“ In: Fagan, J., Shepherd, I. (eds.): *Gestalt Therapy Now*. Palo Alto, Science and Behavior Books, 1970.

- Perls, F.: *The Gestalt Approach and Eye Witness to Therapy*. Palo Alto, Science and Behavior Books, 1973.
- Perls, F.: *Gestalt Therapy Verbatim*. New York, Bantam, 1969.
- Perls, F.: *Legacy from Fritz*. Palo Alto, Science and Behavior Books, 1975.
- Pesso, A.: *Experience in Action*. New York, New York University Press, 1973.
- Pesso, A.: *Movement in Psychotherapy*. New York, New York University Press, 1969.
- Polster, E.: „Sensory Functioning in Psychotherapy.“ In: Fagan, J., Shepherd, I. (eds.): *Gestalt Therapy Now*. Palo Alto, Science and Behavior Books, 1970.
- Smith, E.: „Altered States of Consciousness in Gestalt Therapy.“ *Journal of Contemporary Psychotherapy*, 1975, 7, 1, 35–40.
- Zinker, J.: *Creative Process in Gestalt Therapy*. New York, Brunner/Mazel, 1977.

## KAPITOLA 11

- Jung, C.: *The Practice of Psychotherapy*. Princeton, N. J., Princeton University Press, 1966.
- Kopp, S.: *Back to One*. Palo Alto, Science and Behavior Books, 1977.
- Lowen, A.: *The Language of the Body*. New York, Collier, 1971.
- Stevens, B.: *Don't Push the River*. Moab, Utah, Real People Press, 1970.

## KAPITOLA 12

- Adam, M.: *Wandering in Eden*. New York, Alfred A. Knopf, 1976.
- Aikin, P.: „The Participation of Neuromuscular Activity in Perception, Emotion and Thinking.“ *The Journal of Biological Experience*, 1979, 1, 2, 12–32.
- Baker, E.: *Man in the Trap*. New York, Collier, 1967.

- Dublin, J.: „A Bio-Existential Therapy.“ *Psychotherapy: Theory, Research and Practice*, 1981, 18, 1, 3–10.
- Dublin, J.: „Language as Expression of Upright Man: Toward a Phenomenology of Language and the Lived Body.“ *Journal of Phenomenological Psychology*, 1972, 2, 2, 141–160.
- Hanna, T.: *The Body of Life*. New York, Alfred A. Knopf, 1980.
- Hesse, H.: *Siddhartha*. New York, New Directions, 1951.
- Leonard, G.: *The Ultimate Athlete*. New York, Viking Press, 1975.
- Lowen, A.: *Fear of Life*. New York, Collier, 1980.
- McCamy, J., Presley, J.: *Human Life Styling*. New York, Harper Colophon Books, 1975.
- McQuade, W., Aikman, A.: *The Longevity Factor*. New York, Simon and Schuster, 1979.
- Naranjo, C.: *The Techniques of Gestalt Therapy*. Highland, N. Y., 1980.
- Osgood, C., Suci, G., Tannenbaum, P.: *The Measurement of Meaning*. Urbana, University of Illinois Press, 1957.
- Pelletier, K.: *Mind as Healer, Mind as Slayer*. New York, Delta, 1977.
- Polster, E., Polster, M.: *Gestalt Therapy Integrated*. New York, Brunner/Mazel, 1973.
- Reich, W.: *Character Analysis*. New York, Noonday Press, 1949.
- Reich, W.: *Listen, Little Man!* New York, Farrar, Straus and Giroux, 1974.
- Rolf, I.: „Structural Integration.“ *Systematics*, 1963, 1, 1, 3–20.
- Schutz, W.: *Joy*. New York, Grove, 1967.
- Smith, E.: „Anxiety – the Perverse Traveling Companion.“ *Voices*, 1979, 15, 1, 27–29.