

# Zdroje

## Kapitola 1

1. FRIEDMAN, Sandra Susan. *When girls feel fat: helping girls through adolescence*. Buffalo, New York: Firefly Books, 2000. ISBN 978-1-55209-373-5.
2. PARRY, Vivienne. *It's not just the hormones...* The Guardian [online]. 2. března 2005. Dostupné z: [www.guardian.co.uk](http://www.guardian.co.uk).
3. DRILL, Esther, Heather McDONALD a Rebecca ODES. *Deal with it! A whole new approach to your body, brain and life as a gURL*. New York: Gallery Books, 1999.
4. WISEMAN, Rosalind. *Queen bees and wannabes: helping your daughter survive cliques, gossip, boyfriends, and other realities of adolescence*. New York: Crown, 2002. ISBN 978-0-609-60768-5.

## Kapitola 2

*From girl to woman—what girls should know about growing up*. South Deerfield, MA: Channing L. Bete Co., Inc., 1997.

1. American society of plastic surgeons. *Plastic surgery statistics report* [online]. Clearinghouse of Plastic Surgery Procedural Statistics. Dostupné z: [www.plasticsurgery.org](http://www.plasticsurgery.org).
2. *Perfect illusions: Eating disorders and the family* [online]. Dostupné z: [www.pbs.org](http://www.pbs.org).
3. KILBOURNE, Jean. *Killing us softly 4—Trailer* [online]. Dostupné z: [www.jeankilbourne.com](http://www.jeankilbourne.com).
4. *The merchants of cool*. PBS [online]. Únor 2001. Dostupné z: [www.pbs.org](http://www.pbs.org).

## Kapitola 3

1. Kaiser permanente. Brožura. The Permanente Medical Group, 2001.
2. *The diet industry: A big fat lie* [online]. Businessweek.com. Dostupné z: [www.businessweek.com](http://www.businessweek.com).
3. *Educate yourself*. About-Face.org [online]. [cit. 2025-05-23]. Dostupné z: [www.about-face.org](http://www.about-face.org).
4. Kaiser permanente. Brožura. The Permanente Medical Group, 2001.
5. *Statistics on eating disorders: Anorexia, bulimia and binge eating* [online]. EatingDisorderHope.com. Dostupné z: [www.eatingdisorderhope.com](http://www.eatingdisorderhope.com).

## Kapitola 6

- 1.– 3. SALES, Nancy Jo. *American girls: social media and the secret lives of teenagers*. New York, NY: Knopf, 2016. ISBN 978-0-307-95628-8.
4. TWENGE, Jean M. *Have smartphones destroyed a generation?* The Atlantic [online]. Zář 2017. Dostupné z: [www.theatlantic.com](http://www.theatlantic.com).
5. Common sense media. *Social media, social life: how teens view their digital lives* [online]. 26. června 2012. Dostupné z: [www.commonsensemedia.org](http://www.commonsensemedia.org).

- TSUKUYAMA, Hayley. *Teens spend nearly nine hours every day consuming media*. The Washington Post [online]. 3. listopadu 2015. Dostupné z: [www.washingtonpost.com](http://www.washingtonpost.com).
- YOUNG, Katie. *Social media captures over 30% of online time*. Global Web Index [online]. 11. září 2017. Dostupné z: [blog.globalwebindex.net](http://blog.globalwebindex.net).
- 6.-7. LENHART, Amanda. *Teens, social media and technology overview 2015*. Pew Research Center [online]. 9. dubna 2015. Dostupné z: [www.pewInternet.org](http://www.pewInternet.org).
8. STERN, Robin. Osobní rozhovor. 25. prosince 2017.
9. FULGHUM BRUCE, Debra. *Teen internet safety tips*. WebMD [online]. Dostupné z: [teens.webmd.com](http://teens.webmd.com).
10. MARSH, Sarah. *Girls suffer under pressure of ,online perfection,' poll finds*. The Guardian [online]. 23. srpna 2017. Dostupné z: [www.theguardian.com](http://www.theguardian.com).
11. SCHURGIN O'KEEFE, Gwenn a Kathleen CLARKE-PEARSON. *The impact of social media on children, adolescents and families*. Pediatrics [online]. Duben 2011, roč. 127, č. 4. Dostupné z: [pediatrics.aappublications.org](http://pediatrics.aappublications.org).
12. MABE, Analise G., K. Jean FORNEY a Pamela K. KEEL. *Do you like my photo? Facebook use maintains eating disorder risk*. International Journal of Eating Disorders [online]. Leden 2014, roč. 47, č. 5. Dostupné z: [onlinelibrary.wiley.com](http://onlinelibrary.wiley.com).
- 13.-16. TWENGE, Jean M. *Have smartphones destroyed a generation?* The Atlantic [online]. Září 2017. Dostupné z: <https://www.theatlantic.com>.
17. SALES, Nancy Jo. *American girls: social media and the secret lives of teenagers*. New York (NY): Knopf, 2016. ISBN 978-0-307-95628-8.
18. YANDEL, Jeannie. *Her eyes are bigger than her waist: Peggy Orenstein on selling girls on the idea of being hot*. The Record, KUOW [online]. 15. června 2016. Dostupné z: [www.kuow.org](http://www.kuow.org).
- 19.-20. HILL, Anna a Lemaja DENMAN. *Adolescent self-esteem and Instagram: an examination of posting behaviors*. Concordia University–St. Paul [online]. Dostupné z: [docplayer.net](http://docplayer.net).
- 21.-22. SALES, Nancy Jo. *You inspire me to be hot and famous: how Kim Kardashian became a teen idol*. The Guardian [online]. 25. února 2016. Dostupné z: [www.theguardian.com](http://www.theguardian.com).
23. SALES, Nancy Jo. *American girls: social media and the secret lives of teenagers*. New York (NY): Knopf, 2016. ISBN 978-0-385-35392-8.
- 24.-25. STERN, Robin. Osobní rozhovor. 25. prosince 2017.

### Kapitola 7

1. ORENSTEIN, Peggy. *When did porn become sex ed?* The New York Times [online]. 19. března 2016. Dostupné z: [www.nytimes.com](http://www.nytimes.com).
2. SELLEGREN, Katherine. *Pornography ,desensitizing young people'*. BBC [online]. 15. června 2016. Dostupné z: [www.bbc.com](http://www.bbc.com).
3. LAUFFER-ZEEVI, Tohar. Osobní rozhovor. 13. prosince 2018
4. DRILL, Esther, Heather McDONALD a Rebecca ODES. *Deal with it! A whole new*

*approach to your body, brain and life as a gURL*. New York: Gallery Books, 1999. ISBN 978-0-671-00795-5.

### Kapitola 8

1. DRILL, Esther, Heather McDONALD a Rebecca ODES. *Deal with it! A whole new approach to your body, brain and life as a gURL*. New York: Gallery Books, 1999. ISBN 978-0-671-00795-5.

### Kapitola 9

- 1.-2. Informace o depresi od Kaiser Permanente.

