

## 11 REFERENČNÍ SEZNAM

- Adamová, B., Vohánka, S. (2013). Kvantifikace postižení u pacientů s lumbální spinální stenózou Quantification of Impairment in Patients with Lumbar Spinal Stenosis. *Česká a Slovenská Neurologie a Neurochirurgie*, 109(5), 570–574.
- Airaksinen, O., Brox, J. I., Cedraschi, C., Hildebrandt, J., Klaber-Moffett, J., Kovacs, F., ... Zanolì, G. (2006). European guidelines for the management of chronic nonspecific low back pain. *European Spine Journal*, 15(SUPPL. 2), 192–300. doi.org/10.1007/s00586-006-1072-1
- Anderson, B. E., & Bliven, K. C. H. (2017). The Use of Breathing Exercises in the Treatment of Chronic, Nonspecific Low Back Pain. *Journal of Sport Rehabilitation*, 26(5), 452–458. doi.org/10.1123/jsr.2015-0199
- Baier, K. (2011). Modern Yoga Research: Insights and Questions. *University of Vienna*, 5(5), 1–20. Retrieved from [https://www.academia.edu/1239028/Modern\\_Yoga\\_Research](https://www.academia.edu/1239028/Modern_Yoga_Research)
- Bartoňová, M., Bašný, Z., & Merhaut, B. (1971). *Jóga od staré Indie k dnešku*. Praha, Česká republika: Avicenum.
- Beazley, D., Patel, S., Davis, B., Vinson, S., & Bolgla, L. (2017). Trunk and hip muscle activation during yoga poses: Implications for physical therapy practice. *Complementary Therapies in Clinical Practice*, 29. doi.org/10.1016/j.ctcp.2017.09.009
- Bednár, R. (2014). Jogová zostava Khatu pranám účinná v prevencii bolesti chrbta sestier. *Rehabilitace a Fyzikalni Lekarstvi*, 21(3), 141–150.
- Birdee, G. S., Legedza, A. T., Saper, R. B., Bertisch, S. M., Eisenberg, D. M., & Phillips, R. S. (2008). Characteristics of yoga users: Results of a national survey. *Journal of General Internal Medicine*, 23(10), 1653–1658. doi.org/10.1007/s11606-008-0735-5
- Boutron, I., Moher, D., Altman, D. G., Schulz, K. F., & Ravaud, P. (2008). Extending the CONSORT statement to randomized trials of nonpharmacologic treatment: Explanation and elaboration. *Annals of Internal Medicine*, 148(4), 295–309. doi.org/10.1002/bjs.4954
- Brožek, T., & Knotek, P. (2015). Dotazník efektivního copingu bolesti. *Bolest*, 18(2), 74–80. Retrieved from [http://www.tigis.cz/images/stories/Bolest/2015/02/03\\_brozek.pdf](http://www.tigis.cz/images/stories/Bolest/2015/02/03_brozek.pdf)
- Büssing, A., Michalsen, A., Khalsa, S. B. S., Telles, S., & Sherman, K. J. (2012). Effects of

- yoga on mental and physical health: A short summary of reviews. *Evidence-Based Complementary and Alternative Medicine*, 2012. doi.org/10.1155/2012/165410
- Büssing, A., Ostermann, T., Lüdtkke, R., & Michalsen, A. (2012). Effects of yoga interventions on pain and pain-associated disability: A meta-analysis. *Journal of Pain*. doi.org/10.1016/j.jpain.2011.10.001
- Chang, D. G., Holt, J. A., Sklar, M., & Groessl, E. J. (2016). Yoga as a treatment for chronic low back pain: A systematic review of the literature. *Journal of Orthopedics & Rheumatology*, 3(1), 1–8. doi.org/10.13188/2334-2846.1000018
- Chou, R., & Huffman, L. H. (2007). Nonpharmacologic therapies for acute and chronic low back pain: A review of the evidence for an American Pain Society/American College of Physicians clinical practice guideline. *Annals of Internal Medicine*, 147(7), 492–504. doi.org/147/7/492 [pii]
- Cramer, H., Lauche, R., & Dobos, G. (2014). Characteristics of randomized controlled trials of yoga: a bibliometric analysis. *BMC Complementary and Alternative Medicine*, 14, 328. doi.org/10.1186/1472-6882-14-328
- Cramer, H., Lauche, R., Haller, H., & Dobos, G. (2013). A systematic review and meta-analysis of yoga for low back pain. *Clinical Journal of Pain*, 29(5), 450–460. doi.org/10.1097/AJP.0b013e31825e1492
- Engel, G. (1977). The need for a new medical model: a challenge for biomedicine. *Science*, 196(4286), 129–136. doi.org/10.1126/science.847460
- Evans, S., Tsao, J. C. I., Sternlieb, B., & Zeltzer, L. K. (2009). Using the Biopsychosocial Model to Understand the Health Benefits of Yoga. *Journal of Complementary & Integrative Medicine*, 6(1), 1–22. doi.org/10.2202/1553-3840.1183
- Fairbank, J. C., Couper, J., Davies, J. B., & O'Brien, J. P. (1980). The Oswestry low back pain disability questionnaire. *Physiotherapy*, 66(8), 271–273. doi.org/PMID: 6450426
- Fischer, A. A. (1987). Pressure algometry over normal muscles. Standard values, validity and reproducibility of pressure threshold. *Pain*, 30(1), 115–126. doi.org/10.1016/0304-3959(87)90089-3
- Galantino, M. Lou, Bzdewka, T. M., Eissler-Russo, J. L., Holbrook, M. L., Mogck, E. P., Geigle, P., & Farrar, J. T. (2004). The impact of modified hatha yoga on chronic low

- back pain: A pilot study. *Alternative Therapies in Health and Medicine*, 10(2), 56–59.
- Groessler, E. J., Liu, L., Chang, D. G., Wetherell, J. L., Bormann, J. E., Atkinson, J. H., ... Schmalzl, L. (2017). Yoga for Military Veterans with Chronic Low Back Pain: A Randomized Clinical Trial. *American Journal of Preventive Medicine*. doi.org/10.1016/j.amepre.2017.05.019
- Hill, C. (2013). Is yoga an effective treatment in the management of patients with chronic low back pain compared with other care modalities - a systematic review. *Journal of Complementary & Integrative Medicine*, 10(1), 1–9. doi.org/10.1515/jcim-2012-0007
- Hoy, D., Bain, C., Williams, G., March, L., Brooks, P., Blyth, F., ... Buchbinder, R. (2012). A systematic review of the global prevalence of low back pain. *Arthritis and Rheumatism*, 64(6), 2028–2037. doi.org/10.1002/art.34347
- Hübscher, M., Moloney, N., Leaver, A., Rebbeck, T., McAuley, J. H., & Refshauge, K. M. (2013). Relationship between quantitative sensory testing and pain or disability in people with spinal pain - A systematic review and meta-analysis. *Pain*. doi.org/10.1016/j.pain.2013.05.031
- HyLown Consulting LLC. (n.d.). PowerAndSampleSize.com. Atlanta, GA. Retrieved from <http://powerandsamplesize.com/Calculators/>
- Imamura, M., Chen, J., Matsubayashi, S. R., Targino, R. A., Alfieri, F. M., Bueno, D. K., & Hsing, W. T. (2013). Changes in Pressure Pain Threshold in Patients With Chronic Nonspecific Low Back Pain. *Spine*, 38(24), 2098–2107. doi.org/10.1097/01.brs.0000435027.50317.d7
- Kaminoff, L. (2010). *Jóga - anatomie*. Praha, Česká republika: CPress.
- Khalsa, S. B., Cohen, L., McCall, T., & Telles, S. (2016). *The principles and practice of yoga in health care*. Handspring Publishing, Edinburgh, United Kingdom.
- Kim, S.-S., Min, W.-K., Kim, J.-H., & Lee, B.-H. (2014). The Effects of VR-based Wii Fit Yoga on Physical Function in Middle-aged Female LBP Patients. *Journal of Physical Therapy Science*. doi.org/10.1589/jpts.26.549
- Knaisl, J., & Knaislová, I. (2007). *Unijóga*. Praha, Česká republika: Pavel Dobrovský - BETA.