

Contents

I. "CHRIST OUR PASSOVER HAS BEEN IMMOLATED" <i>The Eucharist in the History of Salvation</i>	5
1. Figures and foreshadowings of the Eucharist in the Old Testament	6
2. The Eucharist as an event	8
3. The Eucharist as sacrament	12
II. "THIS IS MY BODY WHICH WILL BE GIVEN UP FOR YOU" <i>The Eucharist makes the Church through Consecration</i>	16
1. He broke the bread	17
2. Take this, all of you, and eat it	19
3. This is my body, this is my blood	21
4. Come to the Father!	24
III. "HE WHO EATS ME WILL LIVE BECAUSE OF ME" <i>The Eucharist makes the Church through Communion</i>	27
1. Communion with the body and blood of Christ .	28
2. He who is united to the Lord becomes one Spirit with him	29
3. "I in them and you in me": communion with the Father	32
4. God placed his body in our hands	33
5. Communion with the body of Christ, the Church	36
IV. "UNLESS YOU DRINK THE BLOOD OF THE SON OF MAN . . ." <i>The Eucharist, Communion with the Blood of Christ</i>	39
1. Communion under both kinds	39
2. Blood in the Bible: figure, event, and sacrament .	44
3. "All were made to drink of one Spirit"	47

V. "DO THIS IN MEMORY OF ME"	
<i>The Eucharist makes the Church through Contemplation</i>	53
1. The constant memory of Christ	54
2. Adoration of the Most Holy Sacrament	58
3. I look at Him and He looks at me	61
VI. "I HAVE GIVEN YOU AN EXAMPLE"	
<i>The Eucharist makes the Church through Imitation</i>	64
1. The significance of the washing of feet	65
2. The spirit of service	67
3. Service of the Spirit	70
4. Service to the poor	72
VII. "BEHOLD, SOMETHING GREATER THAN SOLOMON IS HERE"	
<i>The Eucharist as the real presence of the Lord</i>	77
1. Behold, the dwelling of God with us!	77
2. Hold fast what is good	79
3. A real but hidden presence: the Catholic tradition	80
4. The action of the Holy Spirit: the Orthodox tradition	83
5. The importance of faith: Protestant spirituality	85
6. The sentiment of the presence	87
7. Our answer to the mystery of the real presence	89
VIII. "UNTIL HE COMES"	
<i>The Eucharist as waiting for the Lord's coming</i>	93
1. Sursum corda!	93
2. The Eucharist makes the Parish	95
3. Behold, the Bridegroom!	98
4. Waiting and commitment	100
5. Let us go to the House of the Lord!	102