

CONTENTS

Foreword by Joan Dye Gussow

Acknowledgments

Introduction by Robyn Van En

PART ONE CSA in Context

1 WHAT IS COMMUNITY SUPPORTED AGRICULTURE?

2 CSA AND THE GLOBAL SUPERMARKET

- The Movement for Sustainable Food Systems
- The Way Is as Important as the Goal

PART TWO Getting Started

3 CREATING A CSA

- The Decision to Form a CSA
- Steps to Forming a CSA
- Regional CSA Support Groups

4 CHOOSING A FARM OR A FARMER

- Choosing a CSA
- Finding a Farmer

5 THE LAND

- Acquiring Land
- Protecting Farmland
- Passing on the Land

PART THREE Getting Organized

6 NURTURING A SOLID CORE GROUP

7 LABOR

- Member Work
- Family Work
- Hiring Help
- Interns

8 SHARERS ON THE FARM

- Children on the Farm

9 MONEY MATTERS FOR CSAS

- Share Pricing and CSA Budgets
- Farmer Earnings
- Capital Investments
- Calculating the Share Price
- Bookkeeping
- Contracts
- Crop Insurance
- Start-up Expenses

10 LEGALITIES

- CSA Legal Structures
- Insurance
- Health Insurance
- Food Stamps

11 TO CERTIFY OR NOT TO CERTIFY?

- Certified Organic
- Certified No More
- Participatory Alternatives to Certification

12 COMMUNITY AND COMMUNICATIONS

- Retaining Members
- Community Farms
- Subscription Farms
- Communications
- Web Sites
- Educational Programs
- Community Building

PART FOUR The Food

13 GROWING THE FOOD

- Animals by Robyn Van En

14 HANDLING THE HARVEST

15 DISTRIBUTING THE HARVEST

- Farm Pickup
- Farm Stand and Farmers' Market Pickups

- In-town Pickup
- Home Delivery

16 THE WEEKLY SHARE

- Winter Shares
- Seasonal Eating Guides

17 COMBINING CSA WITH OTHER MARKETS

18 REGIONAL NETWORKING FOR FARM-BASED DEVELOPMENT ECONOMICS

- Local Marketing Networks
- Agricultural Development

PART FIVE Many Models

19 MULTIFARM CSAS

- Farmer-Initiated Group CSAs
- Consumer-Initiated CSAs

20 MATCHING BIODIVERSITY WITH SOCIAL DIVERSITY

- Connecting to Emergency Food Supply
- Including Low-Income Members
- Senior Farm Shares
- Community Food Security
- The Hartford Food System's Holcomb Farm CSA
- Turning Farmworkers into Farmers
- Community Food Projects

21 AGRICULTURE SUPPORTED COMMUNITIES

- Faith Community Supported Gardens
- Union Supported Agriculture (USA)
- Including the Disabled
- Breaking Down Racial and Economic Divisions: The Food Project

22 CSA AROUND THE WORLD

- Thirty Five Years of Japanese Teikei by Cayce Hill and Hiroku Kubota

23 CSAS THAT QUIT

Afterword

- The Future: On Active Hope

Appendix

- [The Intervale: Community Owned Farms](#) by Beth Holtzman
- [The Hampshire College CSA: Experiential Learning](#) by Nancy Hanson

CSA Resources

Additional Reading