

# CONTENTS

<i>List of illustrations</i>	vii
<i>Notes on contributors</i>	viii
<b>Introduction</b>	
Food and the historian	xii
CAROL HELSTOSKY	
<b>PART I</b>	
<b>1500–1700</b>	
1 The magic of Japanese rice cakes	3
ERIC C. RATH	
2 Food production, consumption, and identity politics in Tahuantinsuyu and colonial Perú	19
ALISON KRÖGEL	
3 Stimulants and intoxicants in Europe, 1500–1700	42
KEN ALBALA	
4 Science, food and health in Chosŏn Korea	61
MICHAEL J. PETTID	
<b>PART II</b>	
<b>1700–1900</b>	
5 Food shortage in colonial Mexico: maize, food policies and the construction of a modern political culture, 1785–1807	81
SARAH BAK-GELLER CORONA	
6 “If the King had really been a father to us”: failed food diplomacy in eighteenth-century Sierra Leone	92
RACHEL B. HERRMANN	

## CONTENTS

- 7 Stolen bodies, edible memories: the influence and function of West African foodways in the early British Atlantic 113  
KELLEY FANTO DEETZ
- 8 Spreading the word: using cookbooks and colonial memoirs to examine the foodways of British colonials in Asia, 1850–1900 131  
CECILIA LEONG-SALOBIR
- 9 The globalization of alcohol and temperance from the gin craze to prohibition 156  
JEFFREY M. PILCHER
- 10 “Peace on earth among the orders of creation”: vegetarian ethics in the United States before World War I 179  
BERNARD UNTI
- 11 Food, medicine and institutional life in the British Isles, c.1790–1900 200  
IAN MILLER
- 12 Industrializing diet, industrializing ourselves: technology, food, and the body, since 1750 220  
CHRIS OTTER
- PART III** 247  
**1900–present**
- 13 The evolution of a fast food phenomenon: the case of American pizza 249  
BONNIE M. MILLER
- 14 Cooking class: the rise of the “foodie” and the role of mass media 270  
KATHLEEN COLLINS
- 15 Tourism, cuisine, and the consumption of culture in the Caribbean 291  
CARLA GUERRÓN MONTERO
- 16 Food and migration in the twentieth century 313  
LARESH JAYASANKER
- 17 Quick rice: international development and the Green Revolution in Sierra Leone, 1960–1976 332  
ZACHARY D. POPPEL
- Suggestions for further reading* 352  
*Index* 356