

CONTENTS

<i>List of figures</i>	xiii
<i>List of tables</i>	xvii
<i>List of contributors</i>	xix
<i>Acknowledgements</i>	xxvi
<i>Conventions and abbreviations</i>	xxvii

An introduction	1
<i>Michael Stanley-Baker and Vivienne Lo</i>	

PART 1

Longue Durée and formation of institutions and traditions 11

1 Yin, yang, and five agents (<i>wuxing</i>) in the <i>Basic Questions</i> and early Han (202 BCE–220 CE) medical manuscripts	13
<i>Chen Yun-Ju</i>	

2 Qi 氣: a means for cohering natural knowledge	23
<i>Michael Stanley-Baker</i>	

Appendix: Categories of <i>qi</i> in the <i>Inner Canon</i>	39
<i>Jiang Shan</i>	

3 Re-envisioning Chinese medicine: the view from archaeology	51
<i>Vivienne Lo and Gu Man</i>	

4 The importance of numerology, part 1: state ritual and medicine	72
<i>Deborah Woolf</i>	

Contents

- 5 The importance of numerology, part 2: medicine: an overview of the applications of numbers in *Huangdi neijing* 91
Deborah Woolf
- 6 Therapeutic exercise in the medical practice of Sui China (581–618 CE) 109
Dolly Yang
- 7 The canonicity of the *Yellow Emperor's Inner Classic*: Han through Song 120
Stephen Boyanton
- 8 Pre-standardised pharmacology: Han through Song 133
Asaf Goldschmidt
- 9 Developments in Chinese medicine from the Song through the Qing 146
Charles Chace
- PART 2**
- Sickness and healing 161**
- 10 Ancient pulse taking, complexions and the rise of tongue diagnosis in modern China 163
Oliver Loi-Koe
- 11 Case records *Yi'an* 醫案 181
Nancy Holroyde-Downing
- 12 Acupuncture illustrations 189
Huang Longxiang and Wang Fang
- 13 Anatomy and surgery 206
Li Jianmin 李建民
Translated by Michael Stanley-Baker and Vivienne Lo
- 14 History of disease: pre-Han to Qing 217
Di Lu
- 15 Pre-modern madness 230
Hsiu-fen Chen
- 16 Late imperial epidemiology, part 1: from retrospective diagnosis to epidemics as diagnostic lens for other ends, 1870s to 1970s 245
Marta Hanson
- 17 Late imperial epidemiology, part 2: new material and conceptual methods, 1980s to 2010s 263
Marta Hanson

Contents

- 18 Folk medicine of the Qing and Republican periods: a review of
therapies in Unschuld's Berlin manuscripts 282
Nalini Kirk
- PART 3**
- Food and sex 301**
- 19 What not to eat – how not to treat: medical prohibitions 303
Vivienne Lo and Luis F-B Junqueira
- 20 Chinese traditional medicine and diet 320
Vivienne Lo
- 21 Food and dietary medicine in Chinese herbal literature
and beyond 328
Paul D. Buell
- 22 The sexual body techniques of early and medieval China –
underlying emic theories and basic methods of a non-reproductive
sexual scenario for non-same-sex partners 337
Rodo Pfister
- 23 Sexing the Chinese medical body: pre-modern Chinese medicine
through the lens of gender 356
Wang Yishan
- 24 Gynecology and obstetrics from antiquity to the early
twenty-first century 368
Yi-Li Wu
- 25 The question of sex and modernity in China, part 1: from *xing* to
sexual cultivation 381
L. A. Rocha
- 26 The question of sex and modernity in China, part 2: from new
ageism to sexual happiness 389
L. A. Rocha
- PART 4**
- Spiritual and orthodox religious practices 399**
- 27 Daoism and medicine 401
Michael Stanley-Baker

Contents

- 28 Buddhist medicine: overview of concepts, practices, texts,
and translations 417
Pierce Salguero
- 29 Time in Chinese alchemy 427
Fabrizio Pregadio
- 30 Daoist sexual practices for health and immortality for women 444
Elena Valussi
- 31 Numinous herbs: stars, spirits and medicinal plants in Late
Imperial China 456
Luis Fernando Bernardi Junqueira
- PART 5**
- The world of Sinographic medicine: a diversity
of interlinked traditions 473**
- 32 Transmission of Persian medicine into China across the ages 475
Chen Ming 陳明
Translated by Michael Stanley-Baker
- 33 Vietnam in the pre-modern period 493
Leslie de Vries
- 34 History and characteristics of Korean Medicine 503
Yeonseok Kang
Translated by Jaehyun Kim
- 35 Chinese-style medicine in Japan 513
Katja Triplett
- 36 A brief history of Chinese medicine in Singapore 524
Yan Yang 杨妍
- 37 Minority medicine 537
Lili Lai 賴立里 and Yan Zhen 甄艳
- PART 6**
- Wider diasporas 549**
- 38 Early modern reception in Europe: translations
and transmissions 551
Eric Marié

Contents

- 39 The emergence of the practice of acupuncture on the medical landscape of France and Italy in the twentieth century 564
Lucia Candelise
- 40 Entangled worlds: traditional Chinese medicine in the United States 576
Mei Zhan
- 41 The migration of acupuncture through the *Imperium Hispanicum*: case studies from Cuba, Guatemala, and the Philippines 585
Paul Kadetz
- 42 Long and winding roads: the transfer of Chinese medical practices to African contexts 599
Paul Kadetz
- 43 Translating Chinese medicine in the West: language, culture, and practice 613
Sonya Pritzker
- PART 7**
- Negotiating modernity 623**
- 44 The Declaration of Alma Ata: the global adoption of a 'Maoist' model for universal healthcare 625
Paul Kadetz
- 45 Communist medicine: the emergence of TCM and barefoot doctors, leading to contemporary medical markets 638
Xiaoping Fang
- 46 Contested medicines in twentieth-century China 649
Nicole Elizabeth Barnes
- 47 Public health in twentieth-century China 659
Tina Phillips Johnson
- 48 Encounters with Linnaeus? Modernisation of pharmacopoeia through Bernard Read and Zhao Yuhuang up to the present 669
Lena Springer
- 49 *Yangsheng* in the twenty-first century: embodiment, belief and collusion 687
David Dear

Contents

50	Liquorice and Chinese herbal medicine: an epistemological challenge <i>Anthony Butler</i>	707
51	Decontextualised Chinese medicines: their uses as health foods and medicines in the 'global North' <i>Michael Heinrich, Ka Yui Kum and Ruyu Yao</i>	721
	<i>Index</i>	743