

CONTENTS

1	The Problem of Bullying and Peer Victimization	1
	<i>Conceptualization of Bullying and Related Aggressive Behavior</i>	1
	<i>Theories of Bullying and Related Behaviors</i>	4
	<i>Prevalence and Impact of Bullying and Related Behavior</i>	7
	<i>Bullying Prevention and Intervention</i>	11
	<i>Conclusion</i>	14
	<i>References</i>	14
2	Bullying and Participant Roles	25
	<i>Participant Roles in Bullying</i>	26
	<i>Development and Stability of Participant Roles in Bullying</i>	29
	<i>Characteristics and Skills Related to Participant Roles</i>	33
	<i>Contexts Related to Participant Roles</i>	36
	<i>Conclusions and Future Directions</i>	38
	<i>References</i>	39
3	Who Defends and Who Stands By?	47
	<i>Individual Factors Influencing Defending Behavior</i>	48
	<i>Socio-Cognitive and Emotional Traits</i>	50
	<i>Contextual Factors Shaping Bystander Behavior</i>	53
	<i>The Role of Teachers as Bystanders</i>	58
	<i>Conclusion</i>	60
	<i>References</i>	61

4	Risks and Benefits of Bystander Intervention	71
	<i>Framework and Theory</i>	72
	<i>Risks of Bystander Intervention in Bullying Situations</i>	74
	<i>Benefits of Defending Behavior</i>	77
	<i>Risks and Benefits for Victims</i>	79
	<i>Implications for Intervention Design</i>	81
	<i>Conclusion</i>	82
	<i>References</i>	82
5	Bystander Intervention Model	89
	<i>Brief History of Kitty Genovese Murder</i>	89
	<i>Social Psychological Research on the Bystander Effect</i>	90
	<i>Five-Step Bystander Intervention Model</i>	94
	<i>Measurement of the Bystander Intervention Model</i>	97
	<i>Conclusion</i>	100
	<i>References</i>	100
6	Noticing and Interpreting Bullying as a Problem	107
	<i>Recognizing and Interpreting Bullying Behavior</i>	108
	<i>Individual Factors Related to Noticing and Interpreting Bullying as a Problem</i>	112
	<i>Contextual Factors Related to Noticing and Interpreting Bullying as a Problem</i>	116
	<i>Conclusion</i>	118
	<i>References</i>	119
7	Assuming Responsibility for Intervening and Taking Action	127
	<i>Theory of Reasoned Action and Theory of Planned Behavior</i>	128
	<i>Individual Factors Related to Assuming Responsibility for Intervening</i>	128
	<i>Contextual Factors</i>	135
	<i>Conclusion</i>	137
	<i>References</i>	138
8	Knowing What to Do and Taking Action	145
	<i>Predictors of Steps 4 and 5</i>	145
	<i>Options for Intervening in Bullying</i>	147
	<i>Key Measurement Tools and Their Contributions</i>	151
	<i>Conclusion</i>	156
	<i>References</i>	157

9	Bystander Intervention Training	161
	<i>Bystander Intervention Training: Purpose, Objectives, and Components</i>	161
	<i>Bystander Intervention Programs: Effectiveness</i>	163
	<i>Bystander Intervention Programs: Examples and Descriptions</i>	166
	<i>Additional Considerations for Bystander Intervention Training</i>	172
	<i>Conclusion</i>	173
	<i>References</i>	174
10	Conclusion	179
	<i>Major Themes</i>	179
	<i>Broader Context of Bullying Prevention and Intervention</i>	183
	<i>Other Applications and Future Directions</i>	186
	<i>Future Research Directions</i>	189
	<i>Conclusion</i>	191
	<i>References</i>	192
	<i>Index</i>	205