

Contents by Viswanathan Anand

Ramesh is one of the most illustrious personalities of Indian chess, subsequently becoming a grandmaster in 2003, with his victory being the British Chess Championship in 2002.

He has been a trainer or coach of almost the top Indian chess players since then, with Harikrishna, Adhiban, and others. An impressive array of top stars he has worked with. Befitting his training, he has brought countless international titles and close to 50 medals to the country.

Another of Ramesh's achievements is being the captain of the Indian team, winning a historic bronze at Tromsø, Norway, 2014. I experienced his captaincy myself at the Batumi Olympiad 2018 and appreciated his leadership.

The accolades which have come his way and the achievements of his students stand testimony to the hard work and dedication Ramesh has put in his chess research.

Working with so many chess talents has also resulted in Ramesh developing excellent structures in his coaching methods. The current book is a result of his experience as a chess coach really shining through, as it is obvious that he developed his methods through practical experiences of working with the years. Since he has worked with players in various stages of their development, he is able to select positions that all can benefit from.

that carefully selected positions can challenge you to go deeper and also show you the weaknesses in your thought process, and I am confident that everyone will benefit from the exercises in this book.

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