Table of Contents

1 PSYCHOTHERAPEUTIC GROUP AS AN ORIGINARY PHENOMENON 9

2 INTRODUCTORY THEMATISATION OF GROUP PSYCHOTHERAPY 23
2.1 Exclusive Character of Psychotherapeutic Groups 23
2.2 Meaning of Happenings in Psychotherapeutic Group . . 27
2.3 Phenomenological Hermeneutics of Group Process . . 31
2.4 Truth-Seeking in Psychotherapeutic Group 43

3 CUES FOR UNDERSTANDING RELATIONSHIPS IN PSYCHOTHERAPEUTIC GROUP 53
3.1 Relationship, Encounter and Resistance 54
3.2 Criticism of Transference Approach to Group Relationships 64
3.3 Nature of Group Relationships 76
3.4 Relationship Between Group Member and Therapist . . 86
3.5 Relationship of Individual Members to Group 108
3.5.1 Group as Audience 115
3.5.2 Group Intimacy and Confidentiality 116
3.5.3 Group as Place of Competition 128
3.5.4 Group and Its Boundaries 134
3.5.5 Group as Unique Entity 142

4 CUES IN PSYCHOTHERAPEUTIC RELATIONSHIP . . . 150
4.1 Position and Role of Psychotherapist in Group 151
4.2 Psychotherapeutic Way of Being in Group 161

4.3 Psychotherapeutic Relationship and Countertransference 175
4.4 Performance of Psychotherapeutic Relationship in Group 182
4.5 Some Practical Recommendations 191

5 CUES FOR AREA OF PHYSICALITY AND PSYCHOSOMATICS 211
5.1 Introduction 211
5.2 Concept of Human Bodiliness 213
5.3 Significance of Relationship for Psychosomatics 214
5.4 Concept of Illness 216
5.5 Psychosomatic Illness and Relational Possibilities . . . 218
5.6 Individual Nature of Bodily-Relational Contexts 220
5.7 Key Role of Meaning 222
5.8 Psychosomatics and Speech 225
5.9 Psychosomatic Pain and Fatigue 227
5.10 Persistence of Psychosomatic Disorders 228

6 PHENOMENOLOGICAL-HERMENEUTIC APPROACH TO PSYCHOTHERAPEUTIC TECHNIQUES 232

7 FROM GROUP DYNAMICS TO HERMENEUTICS OF GROUP PROCESS 256
7.1 From Power to Meaning 256
7.2 Manners of Thematisation 262
7.3 Topics of "Here and Now" 270
7.4 Conclusion 273

BIBLIOGRAPHY 278