

# CONTENTS

Authors' Note viiPreface ix

## PART ONE

## In the Lifetime of a Single Blue Whale

## PART TWO

Our Ocean World 251. Coral Reef 272. The Deep 573. Open Ocean 1014. Kelp Forest 1395. Arctic 1776. Mangroves 2097. Oceanic Islands and Seamounts 2438. Southern Ocean 281

## PART THREE

In a Single Human Generation 319

Afterword 337

Acknowledgements 339

Picture Credits 341

Sources and Further Reading 343

Index 367