

CONTENTS

<i>Lists of Figures</i>	xii
<i>List of Contributors</i>	xiii
<i>Foreword</i>	xix
Breea C. Willingham	
<i>Preface</i>	xxiii
<i>Acknowledgments</i>	xxv
<i>List of Abbreviations</i>	xxvi
<i>About the Cover</i>	xxvii

<i>Introduction</i>	1
<i>Bahiyyah Miallah Muhammad, Britany Jenine Gatewood, and Sydni Myat Turner</i>	

PART 1	
Truth and Reconciliation: Confidence in My Black Skin	17
<i>Bahiyyah Miallah Muhammad</i>	

1	What's in a Name? <i>Calvin Bell III</i>	21
2	Unlearn to Relearn <i>Aloha</i>	24

3 Am I My Mother's Keeper? <i>Tonisha Taylor</i>	28
4 Roots, Residue, and Results <i>Quatina Frazer</i>	32
5 Dad's "in" Dad's "out" Part I: The Ebb and Flow of Childhood with an Incarcerated Parent <i>Nicole Dezrea Jenkins</i>	36
6 Dad's "in" Dad's "out" Part II: Truth and Trajectory from an Academic and Military Veteran <i>Nicole Dezrea Jenkins</i>	41
7 Ciera's New Story <i>Ciera Payton</i>	48
PART 2	
Reclaiming Black Wellness: Every Revolution Has to Begin Somewhere <i>Sydni Myat Turner</i>	55
8 Lock and Key: A Story about My Dad and Me <i>Tru Moore</i>	59
9 A Journey through Abandonment and Abuse to Acceptance <i>Alicia Jefferson</i>	63
10 My Healing Journey <i>Charnal Chaney</i>	67
11 The Journey of a Butterfly <i>Faith Cole</i>	71
12 Loving Me, Unapologetically <i>Quaniece Raquelle Jones</i>	74

PART 3

The Renaissance of Self-Expression: Creativity, Innovation, and Culture 79*Bahiyyah Miallah Muhammad*

13 The Masquerade Ball 83

Donald Stevenson

14 The Seed of Hope: "Maybe You'll Go Away for College" 88

Lolu Drummond

15 In Memory of You, Dad 93

Shanell Kitt

16 Now You See Him, Now You Don't 100

Justice Howard

17 Falling on Deaf Ears 104

Gabrielle Dunn

18 Helping Flowers Grow: Sunlight, Water, and Love 116

Jian Alaa Muhammad and Jaelah Millah Muhammad

19 Emotions 119

William Myhre

20 Crisis to Creativity 120

Akiya McKnight

PART 4

Parenting Behind and Beyond the Walls: The Revolutionizing Relationships of BCOIP 123*Sydni Myat Turner*

21 Behind the Wall 129

Dawan Alford

22 73 Days 132

Erika Hardison

23	Moms <i>Dawan Alford</i>	140
24	Apple Don't Fall Far <i>Shatarra King</i>	142
25	Obstacles on Both Sides of the Gate <i>Kiara W. S. Bynum</i>	145
26	Parenting You Parent <i>Jasmine Johnson</i>	149
27	Letter to My Father <i>Tashawn Reagon</i>	152
PART 5		
	The Student and the Teacher: Education Beyond Books <i>Britany Jenine Gatewood</i>	155
28	What Is a "Bad" Guy? <i>Jay Baron</i>	159
29	Intergenerational Achievement: Class of 2025 <i>Whitney Hollins and Arieanna Hollins</i>	164
PART 6		
	The Revolution Begins Now: A National Call to Action <i>Britany Jenine Gatewood</i>	171
30	The Internal Revolution <i>Anyé Young</i>	175
31	This Is Your Permission To Be Free <i>Tonisha Taylor</i>	179
32	Ask the Question: Say Something <i>Kiara W. S. Bynum</i>	182

33 Why My Mom? <i>Quniana Futrell</i>	186
34 Youth of Incarcerated Parents United <i>Kleo Torres</i>	189
35 Building the Future Us: Youth Ambassadors on A Mission <i>Jaelah Millah Muhammad and Jian Alaa Muhammad</i>	192
36 A Woman on the Outside <i>Kristal Bush</i>	196
37 The Invisible Part: See Me, Hear Me <i>Shameka Green</i>	199
Conclusion <i>Bahiyyah Miallah Muhammad, Britany Jenine Gatewood, and Sydni Myat Turner</i>	202
Afterword <i>Tony Lewis, Jr.</i>	205
Index	208