

# Contents

|                                                                  |            |
|------------------------------------------------------------------|------------|
| <i>About the Author</i>                                          | ix         |
| <i>Acknowledgements</i>                                          | xi         |
| <i>Introduction</i>                                              | xiii       |
| <b>1 Your Role as Part of the Safeguarding Team</b>              | <b>1</b>   |
| <b>2 Knowledge and Understanding of Safeguarding</b>             | <b>15</b>  |
| <b>3 Building Relationships as a Foundation for Safeguarding</b> | <b>33</b>  |
| <b>4 Safeguarding Communication</b>                              | <b>49</b>  |
| <b>5 Well-Being</b>                                              | <b>65</b>  |
| <b>6 Behaviour as Communication</b>                              | <b>79</b>  |
| <b>7 Emotionally Sensitive Strategies</b>                        | <b>93</b>  |
| <b>8 Creating a Safe Environment</b>                             | <b>111</b> |
| <b>9 Early Help – What Does This Mean for You?</b>               | <b>123</b> |
| <b>10 Teaching Safeguarding to Children and Young People</b>     | <b>139</b> |
| <b>11 Online Safety</b>                                          | <b>153</b> |
| <i>Conclusion</i>                                                | 163        |
| <i>Index</i>                                                     | 165        |