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CONTENTS

Women and girls have been shaking things up for a long time, resisting those who would box them in. Here are fourteen inspiring young rebels (one just six years old, another only thirteen) who broke down walls to pursue their interests, talents, and rights. They fought fires, discovered prehistoric animals, circled the globe, braved Nazis, championed sports, changed the way we eat, integrated schools, improved medicine, and reached for the skies. The world is a better place for all of us because they dared to step out of the box. So don't ever let anyone tell you what you should or shouldn't do, can or cannot be. As journalist Nellie Bly said, "If you want to do it, you can do it!"

Timeline 6

Taking the Heat
Molly Williams, illustrated by Shadra Strickland 9

Buried Treasure
Mary Anning, illustrated by Hadley Hooper 11

Woman of the World
Nellie Bly, illustrated by Lisa Brown 13

Turning the Tide
Annette Kellerman, illustrated by Emily Winfield Martin 15

The Storyteller
Pura Belpré, illustrated by Sara Palacios 17

Broken
Frida Kahlo, illustrated by Erin K. Robinson.....19

Secret Agent Sisters
Jacqueline and Eileen Nearne, illustrated by Sophie Blackall..... 21

Full Circle
Frances Moore Lappé, illustrated by Melissa Sweet..... 23

A New School
Ruby Bridges, illustrated by Oge Mora 25

Lift-off
Mae Jemison, illustrated by Isabel Roxas..... 27

A New Vision
Maya Lin, illustrated by Julie Morstad 29

Break It Down
Angela Zhang, illustrated by LeUyen Pham 31

Books, Not Bullets
Malala Yousafzai, illustrated by Selina Alko 33

Author's Note..... 35

Sources, Books, Websites, and More 36

Acknowledgments..... 40

