CONTENTS

Acknowledgements vi

Introduction: From FOMO to FOJO 1 1

PART ONE The brain

1 Beyond algorithms–understanding large language models 15
2 Training the brain 33
3 Instructing your AI brain 59

PART TWO The gut

4 The AI ethics problem and putting the human in the loop 87
5 Developing AI gut instinct 107
6 The AI seatbelt problem 127

PART THREE The hands and the feet

7 Intelligence in action 155
8 Full stack work 165
9 The four archetypes of a full stack worker 181
10 Leading full stack work 193

Conclusion: The choice before us 209

Index 217