

# CONTENTS

---

1	Introduction	1
2	What emotions are, and their place in psychological explanation	11
	Introduction	11
	What emotions are	12
	The intentionality of the emotions	16
	Education of the emotions and the recognition-response tie	28
	Explanation of an emotion and of action out of emotion	37
	Conclusion	47
3	Emotions and feelings	50
	Introduction	50
	Bodily feeling	51
	Feeling towards	58
	Unreflective and reflective consciousness	62
	Feeling towards, believing, and desiring	72
	Conclusion	83
4	Culture, evolution, and the emotions	84
	Introduction	84
	The evidence across different cultures	86
	Evolutionary explanations and developmental openness	95
	The concepts of commonsense psychology and the concepts of science	101
	Education of the emotions, cognitive impenetrability, and weakness of the will	106
	Conclusion	122
5	Expression of emotion	123
	Introduction	123
	Expressive actions and the role of belief in explanation	125
	Imagination and the wish	129

Expressions of emotion which are not actions	136
Conclusion	139
<b>6 Emotion, mood, and traits of character</b>	<b>141</b>
Introduction	141
Emotion and mood	143
Character traits	151
The fundamental attribution error	160
Excuses	167
Conclusion	175
<b>7 How we think of others' emotions</b>	<b>176</b>
Introduction	176
Understanding and explaining another's emotions	181
Emotional contagion	189
Empathy, in-his-shoes imagining, and other imaginative processes	194
Imagination, prediction, and the importance of character	205
Sympathy	213
Conclusion	219
<b>8 Jealousy</b>	<b>220</b>
Introduction	220
Envy	221
Jealousy	224
An assessment of jealousy	232
Conclusion	241
<i>Suggested reading</i>	243
<i>Bibliography</i>	251
<i>Index</i>	261