

Contents

Foreword 5
Preface 7
Chronologies 8

1: Introduction 11

Confucianism 14
Daoism 15
Buddhism 16
Popular Religion 17
Themes 18

2: The Shang and Western Zhou Periods 20

Shang Religion 20
Early Zhou Religion 25
 The Élite 26
 Commoners 28

3: The Classical Period 30

Classical Confucianism 31

Confucius 31 HUMANITY (*REN*) 33 RITUAL PROPRIETY (*LI*) 33
 THE SUPERIOR PERSON (*JUNZI*) 34 GOVERNING BY VIRTUE (*DE*) 36
Mencius 37 HUMANE GOVERNMENT 37 HUMAN NATURE 38
Xunzi 42

Classical Daoism 42

Laozi 43 WAY OF NATURE 45 WAY OF LIFE 47
Zhuangzi 51 WAY OF NATURE 52 WAY OF LIFE 53

4: Early Imperial China: Han through Tang 58

Cosmology and Popular Religion 58

Dao, Change, and *Qi* 59
Yin-yang 59
Five Phases 60
Souls and Afterlife 61
Non-dualism 62

Confucianism 63

Confucianism for Women 64

Post-Han Confucianism 66

Daoism 67

Historical Development 67

Daoist Beliefs and Practices 69

Daoist Women 73

Buddhism 74

Origins and Basic Doctrines 74

Early Chinese Buddhism 79

New Buddhist Schools in China 83 PURE LAND 83 Tiantai and Huayan 84 Chan 85

5: Early Modern China: Song through Early Qing 90

Confucianism 91

Daoism 97

Buddhism 100

Chan 100

Lay Buddhist Sects 102

Popular Religion 102

State Religion 105

Western Religions in China 107

6: Modern China 110

The New Confucians 111

Daoism and Popular Religion 112

The Spiritual World 113 GODS (*SHEN*) 113 GHOSTS (*GUI*) 115

ANCESTORS (*ZU*, OR *ZUXIAN*) 115

Ritual 117

The Dao of Popular Religion 120

A Buddhist Revival 121

The Future of Chinese Religion 123

Notes 126

Glossary 131

Pronunciation Guide 136

Chinese Festivals 139

Suggested Further Reading 141

Index 143

Index

Page numbers in *italics* refer to picture captions.

alchemy 68, 69, 72–3
 Alopen 108
 Altar of Heaven 106, 106–7
 Amitabha (Amituo) 80, 83–4
Analects 32, 33, 34, 40, 41, 93–4
 ancestor worship 18–19, 21, 24,
 62, 105, 115–17, 120–1
Avatamsaka Sutra 85

Ban Gu 65
 Ban Zhao 65–6
Baopuzi (Master Who Embraces Simplicity) 68
 Bian Dongxuan 73
Biographies of Virtuous Women
 (Liu Xiang) 65
Biyantu 102
 Bodhidharma 86–7
 bodhisattvas 12, 80, 81, 82, 91
 Brahmanism 63, 74, 77
 Buddha (Siddhartha Gautama)
 16–17, 75–8
 Buddhas 80, 82, 91
 Buddhism 16–17, 74–85, 90,
 102, 111, 121–3 *see also*
 Chan Buddhism

Caodong 88, 100
 Caoshan Benji 88
 Celestial Masters 67–8, 69
Centrality and Commonality
 (Zhongyong) 41–2, 94, 97
 Chan Buddhism 17, 85–9, 90,
 91, 100–2
 chanting 84, 101
 Cheng Chung-ying 112
 Cheng Yen 122–3
 Cheng Yi 92, 96
 Cheng-Zhu school 92–7
 Chiang Kai-shek 110
 Christianity 107, 108–9, 111,
 123, 124, 125
 cinnabar 72–3
 cinnabar fields 70, 70, 71, 98
Classic of Change (Yijing) 35,
 59–60, 94
Classic of Documents (Shujing)
 35
Classic of Filiality (Xiaojing)
 64, 65
Classic of Odes (Shijing) 17,
 28, 35

Confucianism 14–15, 31–42,
 63–7, 111, 123 *see also*
 Neo-Confucianism; New
 Confucians
 and Daoism 15, 43, 82
 education 14–15, 40, 64–5,
 92, 96
 and popular religion 13, 18
 Confucius 14, 31–7, 44, 113
 cosmology
 Daoist 69–71
 popular religion 58–63
 Cultural Revolution 110
 Dahui Zonggao 101
dao 14, 15, 45–7, 59, 64, 91–2
Daodejing (Laozi) 15, 43, 44–51
 Daoism 15–16, 42–57, 67–73,
 97–9, 111, 123
 and Confucianism 15, 43, 82
 and popular religion 13,
 112–13, 119
 priests 16, 99, 119
de 27, 32, 36–7, 46
 Deng Xiaoping 110
 Descartes, René 63
 Dharma 76–8
 Di 21, 24 *see also* Shang Di
Diamond Sutra 80
 divination 23, 28, 117, 118–19
 chairs 118–19
 moon blocks 11, 12, 118
 oracle bones 20, 21–3, 22
 slips 11–12, 118
 Dogen 100
 Dong Zhongshu 63–4, 67
 Dongxuan Liangjie 88
 Dongyue 104
 Du Guangting 73
 dualism 62–3 *see also* non-
 dualism
 Eastern Zhou period 26, 30–1
 education 14–15, 40, 64–5, 92,
 96
 “Eightfold Path” 76–7
 enlightenment 75, 88, 101
 exorcism 26, 28, 119
 Falun Dafa 124–5
 Falun gong 124–5
 Fan Zhongyan 92–3
 Faxian 83
 Feng Youlan 111
 Five Classics 34–5, 63–4

Five Phases 60–1
 four beginnings 39
 “Four Books” 93–4
 “Four Noble Truths” 76–7
 Fuxi 35
 Ge Chaofu 69
 Ge Hong 68, 72
 Ge Xuan 69
 Ghost-feeding festival 115, 117
 ghosts 28, 62, 115, 116, 117 *see*
also exorcism
 gods 13, 28, 80, 102–5, 112,
 113–15, 116–17 *see also*
 individual gods
gongan 101–2
Great Learning (Daxue) 94
 Guandi 13, 113
 Guanyin 11, 12, 81, 102–3
Guanshi 67
 Han Dynasty 58
 Han Yu 66–7
 Hansen, Valerie 104–5, 113
Heart Sutra 80
 heaven *see also* Tian
 Confucian 41, 42
 Daoist 68, 70, 71
 Hinayana Buddhism 79
 Hongzhi Zhengjue 100
Huainanzi 67
 Huang-Lao 67
 Huangdi (Yellow Emperor) 67,
 113
 Huayan Buddhism 83, 85
 Huineng 87–8
 Islam 108
 Jade Emperor (Yuhuang Dadi)
 114
 Jesuits 108–9
 Jiao 119
 Judaism 107–8
junzi 34–5
karma 69, 74, 77
 Kasyapa 86
 Kong Yingda 66
 Kongzi *see* Confucius
 Kumarajiva 83
 Laozi (Old Master) 15, 16, 43–5,
 44, 67, 72
Laozi (Daodejing) 15, 43, 44–51

- li (principle, order) 93, 94–5
 li (ritual propriety) 14, 33–4
 Li Hongzhi 124
 Liji 35
 Lingbao scriptures 69
 Linji 88, 100, 101
 Linji Yixuan 88
 Liu An 67
 Liu Shu-hsien 112
 Liu Xiang 65
 Longshan Temple 11, 12, 13
 Lotus Sutra 12, 80, 85, 104
 Lu Dongbin 104
 Lu Jiuyuan (Lu Xiangshan) 96
 Lu–Wang school 96–7
 Lunyu see *Analects*

 Mahayana Buddhism 79–82, 83
 Maitreya (Mile) 81, 84, 102
 Mandate of Heaven 27, 29, 31
 Manichaeism 102, 107
 Manjusri (Wenshu) 81
 Mao Zedong 110, 113
 Maoshan Daoism 68
 Master Who Embraces
 Simplicity (Baopuzi) 68
 Mazu 12, 103–4, 113, 115
 Mazu Daoyi 88–9
 medicine 16
 meditation
 Buddhism 87, 87, 100–1
 Daoism 16, 69, 98–9
 Mencius 37–42, 65, 93, 95
 Mongols 90, 108
 monism 62–3
 moon blocks 11, 12, 118
 Mou Zongsan 111

 Nagarjuna 81–2, 83
 Neo-Confucianism 15, 18, 90,
 91–7
 Nestorian sect 108
 New Confucians 111–12
 nirvana 75, 79, 81–2
 non-dualism 19, 62–3, 113

 offerings 12, 117–18
 oracle bones 20, 21–3, 22, 27
*Orthodox Interpretations of the
 Five Classics* (Kong Yingda)
 66
 Ouyang Xiu 93

Platform Sutra 80, 87, 102
 popular religion 12–14, 17–18,
 58–63, 102–7, 112–21,
 123–5
Prajña-paramita sutras 80
 Pure Land Buddhism 83–4
Pure Land sutras 80

 qi 16, 59, 60, 93, 94–5, 97–9
 qigong 124–5

 Qingming festival 120
 Quanzhen Daoism 99
Qunqiu (*Spring and Autumn
 Annals*) 30, 35

 ren (humanity) 33, 39
 ren xing 38–40
 ren zheng 37–8
 Ricci, Matteo 108
 Rites Controversy 109

 sacrifices 23, 24, 26, 28, 105–7,
 117, 119
 samsara 74–5, 81–2
 Sangha 17, 76
 self-mutilation 118
 sexual rituals 69, 98
 shamans see spirit mediums
 Shang Di 21, 26–7, 28 see also
 Di
 Shang Dynasty religion 17, 20–5
 Shangqing 68–9, 98–9
 Shankara 63
 shijie 98
Shijing (*Classic of Odes*) 17,
 28, 35
 Shitou Xiqian 88
Shujing (*Classic of Documents*)
 35
 Silk Routes 17, 79, 107, 108
 Sima Guang 93
 Six Dynasties period 58
 Song Dynasty 90–1
 souls 61–2
 spirit marriages 115, 120
 spirit mediums 118, 120
 spirit money 117
Spring and Autumn Annals
 (*Qunqiu*) 30, 35
 Spring and Autumn period 30
 state religion 105–7
 Streng, Frederick 41

Taijichuan 124
 Taishang Laojun (Laozi) 67
 Taixu, Abbot 121, 122
 Tang Junyi 111
 Tao Hongjing 68, 72
 Theravada Buddhism 79–81
 “Three Jewels” 78
 “Three Teachings” 13
 Tian 26–7
 Tiantai Buddhism 83, 84–5
 Tu Weiming 112
 Tzu Chi Foundation 122–3

 Uighurs 107

 Vairocana (Loshana) 80
 Vajrayana Buddhism 79
 visualization 98–9

 Wang Anshi 93

 Wang Yangming 96–7
 Wang Zhe 99
 Warring States period 26, 30
 Wen, King 25, 35
 Wenchang 13
 Western Zhou period 26–9
 White Lotus Society 102
 women
 in Buddhism 76
 in Confucianism 40, 64–6,
 112
 in Daoism 73
 in popular religion 115
 Wu, King 25
 Wudi (emperor) 63, 67
Wumen guan 102
wuxuei 48, 67
wuxing 60–1

xian 68, 69
Xiaojing (*Classic of Filiality*)
 64, 65
xing 37, 38–40, 42
 Xiong Shili 111
 Xu Fuguan 111
 Xuanzang 83
 Xunzi (Master Xun) 42

 Yang, C.K. 105
 Yang Wenhui 121
 Yang Xi 68
 Yellow Emperor (Huangdi) 67,
 113
 Yellow Springs 62
Yijing (*Classic of Change*) 35,
 59–60, 94
 Yin-shun 121–2
yin-yang 59–60, 62, 63, 65–6,
 107, 117
 Yin-yang School 60–1
 Yuhuang Dadi (Jade Emperor)
 114

 Zaojun 113
 Zhang Daoling 67–8
 Zhang Junmai (Carsun Chang)
 111
 Zhang Lu 68
 Zhang Zai 93, 95
 Zhaozhou Congshen 101
 Zhengyi Daoism 99
zhenren 68, 69
 Zhenwu 104
 Zhiyi 85
Zhongyong (*Centrality and
 Commonality*) 41–2, 94, 97
 Zhou, Duke of 25, 27, 35
 Zhou dynasty 25–6, 30–1
 Zhu Xi 92, 93–7, 95
Zhuangzi 15, 43, 51–7, 67
 Zhuangzi (Master Zhuang) 51–7
 Zoroastrianism 107
 Zou Yan 60