## CONTENTS

ix

xi

1

187

212

267

287

297

310

List of figures

Acknowledgements

1 THE WAY THESE PEOPLE SACRIFICE

9 BISCUITS FROM BYZANTIUM

Index of ancient and medieval sources

Notes

Bibliography

Greek index

General index

Preface

Part I The prehistoric Aegean	
THE GARDENS OF ALCINOUS	33
Part II Food and gastronomy of the classical Aegean	
DIVINE INVENTIONS	57
IN THE FEASTS OF THE LYDIANS	93
SICILIAN TABLES	113
Part III Food and gastronomy of the post-classical Aegean	
LEMONS OF THE HESPERIDES	133
STRYMONIAN EELS	152
THE IMPERIAL SYNTHESIS	168
	Part II Food and gastronomy of the classical Aegean DIVINE INVENTIONS IN THE FEASTS OF THE LYDIANS SICILIAN TABLES  Part III Food and gastronomy of the post-classical Aegean LEMONS OF THE HESPERIDES STRYMONIAN EELS

Part IV The Byzantine and later Aegean