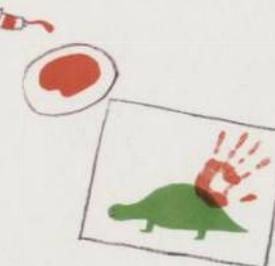


HOW DO I MAKE ART WITH MY HANDS AND FEET?

IT'S EASY! JUST PUT YOUR HAND OR FOOT ON THE PAGE AND DRAW AROUND IT WITH A PENCIL OR COLOURED PEN!



OR POUR SOME PAINT INTO A SAUCER AND GET DIPPING TO MAKE HANDPRINTS AND FOOTPRINTS.



A SMALL PICTURE AT THE TOP OF EACH PAGE SHOWS YOU EXACTLY WHAT TO DO.



I'M LEFT-HANDED!
ANYTHING GOES! FLIP YOUR HAND OVER TO CHANGE DIRECTION.



DON'T FORGET TO SIGN YOUR PICTURES!
PULL OUT YOUR PICTURE AND PIN IT UP ON THE WALL. OR GIVE IT TO A FRIEND, OR YOUR MUM OR YOUR DAD OR YOUR GRAN ...

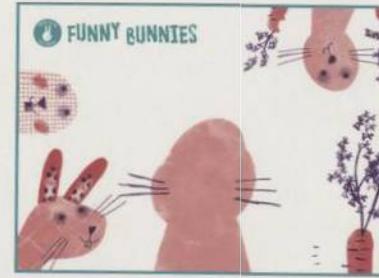


YOU MIGHT START WITH ...

HANDS ...



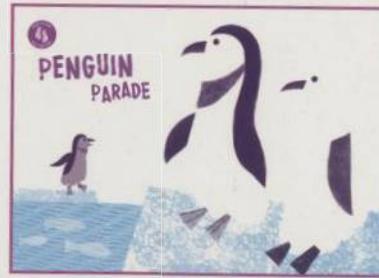
THEN TRY FINGERS ...



OR A BIG THUMBS UP!



HOW ABOUT FEET?



OR EVEN TOES!



FOR POPPY AND EDIE

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Make art with your hands and feet!
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