

CONTENTS

Chapter	Page
Introduction	vii-xvi.

THE BUDDHA

1. The Buddha—From Birth to Renunciation ..	1
2. His Struggle for Enlightenment	19
3. The Buddhahood	35
4. After the Enlightenment	46
5. The Invitation to Expound the Dhamma ..	57
6. Dhammacakkappavattana Sutta—The First Discourse	74
7. The Teaching of the Dhamma	103
8. The Buddha and His Relatives	120
9. The Buddha and His Relatives (continued) ..	139
10. The Buddha's Chief Opponents and Supporters	158
11. The Buddha's Royal Patrons	190
12. The Buddha's Ministry	205
13. The Buddha's Daily Routine	226
14. The Buddha's Parinibbána (Death)	233

THE DHAMMA

THE TEACHINGS OF THE BUDDHA

15. What is Buddhism?	270
16. Some Salient Characteristics of Buddhism ..	298
17. The Four Noble Truths	319
18. Kamma	333
19. What is Kamma?	348
20. The Working of Kamma	360
21. Nature of Kamma	381

Chapter	Page.
22. What is the Origin of Life?	392
23. The Buddha on the so-called Creator-God ..	403
24. Reasons to Believe in Rebirth	408
25. The Wheel of Life—Paticca-Samuppāda ..	419
26. Modes of Birth and Death	433
27. Planes of Existence	436
28. How Rebirth Takes Place	446
29. What is it that is Reborn? (No-Soul) ..	454
30. Moral Responsibility	469
31. Kammic Descent and Kammic Ascent ..	473
32. A Note on the Doctrine of Kamma and Rebirth in the West	481
33. Nibbāna	490
34. Characteristics of Nibbāna	499
35. The Way to Nibbāna (I)—Morality	512
36. The Way to Nibbāna (II)—Concentration ..	519
37. Nīvarana or Hindrances	539
38. The Way to Nibbāna (III)—Insight	543
39. The State of an Arahant	556
40. The Bodhisatta Ideal	565
41. Pāramī—Perfections	576
42. Brahmavihāra—The Sublime States	612
43. The Eight Worldly Conditions (Aṭṭhalokadhamma)	642
44. The Problems of Life	659
Appendix— <i>Mangala, Parābhava, Vasala, Ratana,</i> <i>Metta and Satipaṭṭhāna Suttas</i>	673
Index	721