CONTENTS

Foreword	7
Acknowledgements	9
Introduction	13
Trails and Walks	13
Climate and Geology	26
Habitats	29
Ecology and Origins	31
Conservation	38
About this book	39
How to use this guide to name a plant	42
Descriptions and Illustrations of Plants	45
Family descriptions	46
Species	62
Glossary	309
Botanical Index	315