

Contents

<i>Acknowledgments</i>	vii
<i>Introduction</i>	1
ONE: NEWFOUNDLAND	
1 Life Is Hard, Then You Die	5
TWO: THE MARITIME PROVINCES	
2 No Jobs, Just Weddings	27
3 Loyalist Smokes	37
THREE: QUÉBEC	
4 Unconsummated Divorce	51
5 Frrwe	59
6 Monsieur Tremblay, I Presume?	71
7 Along the Border	78
8 Naked City	86
9 Non Compris	102
FOUR: ONTARIO	
10 Toronto Il Buono	111
11 Keeping Canada Canadian	125
12 Schnitzel on a Bun	136
13 Licked by Wolves	145
FIVE: THE PRAIRIES	
14 Mr Cropo's Evening Out	155
15 Vivat Regina	168

MAPLE LEAF RAG

16 Royal Festival Mall	180
17 Oil Sands and Sweetgrass	188

SIX: THE ROCKIES AND THE NORTH

18 The Mountain With No Name	205
19 Ice Road to Death	218
20 First Take a Potato	238

SEVEN: THE PACIFIC COAST

21 Trouble in Paradise	261
------------------------	-----

EIGHT: OTTAWA

22 Will the Real Canada Please Stand Up?	285
--	-----

INDEX	305
-------	-----

Index

- Acadians, 28, 46, 48, 295
 Alaska, 227, 238, 251, 254-7
 Alaska Highway, 238-9, 250, 254
 Alberta, 8, 64, 98, 175, 180-201, 205,
 206-8, 213-17, 232, 242, 250, 265, 279,
 291, 296
 bank failures, 183, 291
 cuisine, 187, 206
 Heritage Fund, 183-4
 oil industry, 181-4, 198, 200
 oil sands, 129, 188-192, 220
 Alberta Beach, Alta., 201
 Algonquin Park, 145, 147
 André, Brother, 93-5
 Arctic, 129, 155, 183, 218, 223, 225,
 231-3, 234, 246, 290
 Argentina, Nfld., 27
 asbestos mines, 79-80
 Atwood, Margaret, 134, 298, 302,
 303
 Avalon Peninsula, Nfld., 9, 10

 Baddeck, N. S., 38
 Baffin Island, 227, 231-3
 Baie St Paul, Qué., 71, 74, 76-7
 Banff, Alta., 216, 281
 Banff and Jasper National Parks, Alta.,
 213-6
 baseball, 299
 Bath Trevor Beach Provincial Park,
 B.C., 276
 Bathurst Inlet, N.W.T., 224, 231
 Beaufort Sea, N.W.T., 183, 251
 Beaverbrook, Max, 43
 Beebe Plain, Qué., 82
 Bennett, Bill, 267-9
 Bennett, W.A.C., 267
 bingo, 138, 173
 Black Lake, Qué., 79
 Blais-Grenier, Suzanne, 291
 Bliss, Michael, 299-300, 302
 Bloore, Ronald, 132-3, 168
 Bolton Centre, Qué., 82
 Bonavista Bay, Nfld., 10, 13
 Bourassa, Robert, 55

 Breslin, Jimmy, 299
 Brigus, Nfld., 9-10
 British Columbia, 95, 98, 145, 208-13,
 256, 261-81, 296, 303
 climate, 261
 lumber industry, 266, 267-9, 297
 Broadbent, Ed, 289, 298
 Buffalo, N.Y., 113, 138, 151
 Burgess, Anthony, 65
 bush pilots, 219, 222-3

 Calgary, 178, 205-6, 207, 209, 211, 216,
 217, 262, 281, 291, 300
 Campbell, Robert, 239, 246
 Campbell River, B.C., 257
 Canada Council, 134, 162
 Canada Post, vii, 234, 256-7
 Canadian Broadcasting Corporation,
 19, 21, 62, 64, 216-17, 236, 252, 261,
 295
 Canadian National Exhibition, 136-
 39, 187
 Canadian Pacific Railway, 155, 172,
 211, 213, 262, 265
 Canadian Shield, 155-6
 Cap-à-l'Aigle, Qué., 71
 Cape aux Oies, Qué., 73
 Cape Breton, N.S., 28-38, 76, 140, 280
 Cabot Trail, 37
 cuisine, 30, 32
 Carcross, Y.T., 250, 253-4
 Carr, Emily, 265, 271
 Cartier, Jacques, 74, 91
 Castlegar, B.C., 96
 Cathedral, B.C., 281
 Cathedral Grove, B.C., 276, 277
 Catholic Church, 16, 52, 53, 59-60, 86,
 93-5, 201
 Champlain, Samuel de, 53, 56-7, 71
 Charlevoix, Qué., 71-7, 133
 Charter of Rights, 63, 197
 Chicoutimi, Qué., 62, 66, 302
 Clifford, Tom, Alderman, 130-2
 Coaticook, Qué., 81
 Cochrane, Alta., 206-8

- Columbia Icefield, 214
 Columbia Valley, B.C., 210, 213
 Colville, Alex, 133
 Come by Chance, Nfld., 10
 Conan, Laure, 71
 Confederation, 8-9, 13, 23-4, 39,
 54, 156-7, 182, 197, 273, 294, 295,
 297
 Cosmos, Amorde, 267
 Crombie, David, 249, 274, 287
 Crosbie family, 18-20, 21, 22-3, 35
 Crosbie, John, 19, 291
 Crown corporations, 29, 159
 Crowsnest Pass, Alta.-B.C., 208-9

 Dawson City, Y.T., 238
 Detah, N.W.T., 219
Dictionary of Newfoundland English,
 14
 Diefenbaker, John, 172
 Drapeau, Jean, 93
 Duff, Shannie, 18, 22-3, 65, 250
 Dukhobors, 95-6, 101
 dulce, 38

 Eastern Townships, Qué., 78, 81-5
 Eastport Peninsula, Nfld., 11, 12-14
 Edmonton, 180-7, 189, 190, 194, 197,
 198, 205, 218, 233, 237, 238, 256
 West Edmonton Mall, 186-7
 Edmundston, N.B., 48
 Erickson, Arthur, 263-4
 Escoumins, Les, Qué., 69
 ethnic groups:
 British Isles, 7
 Chinese, 89, 114, 116, 117, 123,
 158, 205, 265-6, 280
 Gaelic, 37, 76
 German, 147-49
 Greek, 63, 88, 114, 158
 Indian, 89
 Italian, 89, 115, 158
 Japanese, 266
 Jewish, 34, 88, 89, 118
 Pakistani, 115, 178
 Portuguese, 63, 115
 Scandinavian, 159
 Scottish, 86, 140, 156, 175, 300
 Ukrainians, 32, 115, 140, 165, 178,
 184, 295
 Vietnamese, 158, 176
 West Indian, 114, 120, 123

 Fairmont, B.C., 210
 Falk, Gathie, 265
 Faro, Y.T., 251
 Fernie, B.C., 209
 Fort Good Hope, B.C., 274

 Fort McKay, Alta., 190
 Fort McMurray, Alta., 188-9, 194, 220,
 261
 Fort Saskatchewan, Alta., 200
 Fort Selkirk, Y.T., 239, 246
 Fort Steele, B.C., 209-10
 Fotheringham, Allan, 267
 Frank, Alta., 208
 Fraser, John, 290
 Fraser Canyon, B.C., 281
 Fredericton, N.B., 38-47, 289
 free trade, 125-6, 128, 183, 292, 301
 Freeman, Clifford, 192-3, 195
 French-Canadian culture, 48, 54, 55,
 71-2, 75-7
 French-Canadian language, 48, 53, 65,
 84
 Frobisher Bay, N.W.T., 225, 229, 231-3,
 236, 287
 Frye, Northrop, 303
 Fulford, Robert, 249, 297

 Gabriola Island, B.C., 274-5
 Gander, Nfld., 2, 5
 Gass, William, 44
 Georgeville, Qué., 82
 Georgian Bay, Ont., 155, 233
 Getty, Don, 182
 Ghermezian Brothers, 186-7
 Glace Bay, N.S., 30
 Glacier Park, B.C., 211-13, 281
 glaciers
 Athabasca, 214
 Crowfoot, 215
 Illecillewaet, 212
 Peyto, 215
Globe and Mail, 252
 Glovertown, Nfld., 14-15
 Golden, B.C., 216, 281
 Gould, Glenn, 303
 Great Divide, 281
 Greenpeace, 8, 245-6
 Gretzsky, Wayne, 136, 184-5
 Grise Fjord, N.W.T., 234
 Grosskurth, Phyllis, 120, 133-5, 140
 Group of Seven, 132-3
 Guelph, Ont., 143

 Haines, Alaska, 255
 Halifax, N.S., 66
 Happy Adventure, Nfld., 11
 Harrison, Ted and Nicky, 249-50
 Hart, Evelyn, 162-3
 Hatfield, Richard, 39-43, 46
 Hay River, N.W.T., 218
 Hibbs Cove, Nfld., 10
 Holyrood, Nfld., 9
 hoodoos, 210

INDEX

- Hudson's Bay, 102, 230, 239
Hudson's Bay Company, 62, 156, 224
Hull, Qué., 63, 287, 288
Hunter, Dave, 185
hunting, 223-4, 231-2, 253-4
hydroelectric power, 102-7, 159, 241, 251
- ice hockey, 119-122, 136, 184-6, 295, 299
 Edmonton Oilers, 184-6
 Toronto Stingers Peewees, 120-22, 185
- identity, Canadian, vexed issue of, 134, 152, 295-7, 300-4
- Igloolik, N.W.T., 225
- Île aux Coudres, Qué., 74
- Île d'Orléans, Qué., 60-2, 74
- immigration, 63, 115-6, 123, 301-2
- Indians, 38, 145-6, 156, 163-5, 171, 174, 190-1, 192-201, 235-6, 243
 Alexander Reserve, 194-6, 199, 200
 Alexis Reserve, 197-201
 Beothuk, 7
 Bill C-31, 199-200
 Blackfoot, 193
 coastal, 262, 263-5, 272-3
 Cowichan, 272
 Cree, 103, 195-6
 Dene, 225-7, 295
 Dogrib, 219
 Haida, 264, 273
 Kwakiutl, 264
 land claims, 194-5, 235, 254, 273-4, 236
 Squamish, 273
 Stoney, 197-201
 Tlingit, 239
 Yukon, 241, 246, 248-9
- Inside Passage, 256-7
- Inuit, 103, 133, 155, 221, 224-6, 227, 230-3, 234
- Inuktitut language, 228
- Inuvik, N.W.T., 227, 228
- Invermere, B.C., 211
- James Bay, Qué., 102-7, 129, 155
- Jasper, Alta., 213-4
- Johns, Jonnie, 253-4
- Johnson, Pierre-Marc, 54
- Johnston, Anne, Alderman, 131
- Jonquière, Qué., 62, 68
- Juneau, Alaska, 256-7
- Kakfwi, Steve, 225
- Kenora, Ont., 156
- Ketchikan, Alaska, 257
- Kicking Horse Valley and Pass, B.C., 213, 281-2
- Kilbourn, William, 139-141, 143
- Kimberley, B.C., 210
- Kitchener, Ont., 147-50
- Kootenay, B.C., 209
- Labrador, 29, 296
- lakes
 Bennett, 239, 253
 Cameron, 276
 Emerald, B.C., 213
 Emerald, Y.T., 253
 Great Slave, 218, 226, 232
 Lac Ste Anne, 201
 Lac Ste Jean, 62-3, 66
 Lake of the Woods, 156
 Louise, 213, 215, 281
 Lubicon, 195
 Massawippi, 84
 Memphrémagog, 81, 83
 Ontario, 112, 113
 Peyto, 215
 Sproat, 276
 Superior, 132, 155-6
 Winnipeg, 156, 165
- Langdon, Steve, 289-90
- language issue (English v. French), 31, 39, 42, 63-5, 87, 99, 106-7
- Laurentides Park, Qué., 62
- Lawrence, R. D., 145-7
- Leacock, Stephen, 23
- lechery, 117, 118, 123, 141-3, 163, 176, 185, 247, 255, 278-80
- Lennoxville, Qué., 81
- Lévesque, René, 54-5, 93, 98-9
- Lévis, Qué., 58
- Lightfoot, Fabian, 194, 200-1
- liquor, 43-4, 114, 164-5, 179, 233, 236, 242, 271
- Longview, Alta., 208
- Louisburg, N.S., 30-34, 55, 57
- Lougheed, Peter, 182
- Lowry, Malcolm, 274, 276
- Loyalists, 28, 39, 41, 42, 43, 45, 46, 47, 53, 82, 84, 296, 304
- lumber industry, 126, 265, 267-9
- Macdonald, Sir John A., 157, 289
- Mackenzie Delta and Bay, N.W.T., 227, 238
- McLuhan, Marshall, 303
- MacQuarrie, Bob, 225-6
- Magog, Qué., 81
- Maine, 51, 78, 80-1, 84, 177
- Malbaie, La (Murray Bay), Qué., 71-2
- Manila, compared to Toronto, 113

- Manitoba, 107, 155-67, 168, 181, 296
- Manoir de Richelieu, Qué., 72-3
- Masse, Marcel, 291
- Mathews, Robin, 298-9, 301
- Mennonites, 147-9
- Messier, Mark, 185
- Métis, 156-7, 163, 226
- metrication, 5, 88-9
- Miles Canyon, Y.T., 240-1
- Mirvish, Ed, 122-3
- Montmorency Falls, Qué., 60
- Montréal, 53-54, 59-60, 63-6, 74, 81, 84, 85, 86-101, 102, 107, 111, 113, 114, 119, 133, 159, 243, 256, 265, 266, 300
 - Atwater Market, 89
 - Expo 1967, 93
 - Marché du Nord, 88-9, 123
 - Outremont, 92-3
 - St Joseph's Oratory, 86, 93-5
 - Vieux Montréal, 90-2, 113
 - Westmount, 87, 88, 92, 96, 103
- Moose Jaw, Sask., 172, 177
- Moroni, David, 162
- Mulroney, Brian, 19, 88, 125, 126, 183, 289, 290, 293, 301
- Mustus, Chief Howard, 197, 200, 201
- Nanaimo, B.C., 274
- Nanoose Bay, B.C., 275-6
- nationalism, 125-29, 134, 296
- New Brunswick, 37-48, 63, 64, 155, 271, 290, 295
 - cuisine, 38
- Newfoundland, 5-24, 27, 35, 76, 103, 133, 188, 251, 272, 294-5
 - accent, 13-14
 - climate, 12, 22
 - cuisine, 7, 14-15
 - fishing, 7-8, 11-12, 90
 - history, 8-9
 - oilfield, 20-21
 - outports, 9-14
 - sealing, 8, 16
- New York City, 92, 107, 111-2, 133, 158, 170, 217, 256, 279
- Niagara Falls, 60, 150-1
- Niagara on the Lake, 151-2
- North Hatley, Qué., 84-5
- North Sydney, N.S., 27, 28
- Northern Lights, 235
- Northwest Passage, 129
- Northwest Territories, 155, 183, 188, 218-37, 241, 249, 266
- Nova Scotia, 28-38, 76, 133, 295, 297
- Nunavut, Constitutional Forum, 225
- Olmsted, Frederick Law, 92
- Onoway, Alta., 196-7
- Ontario, 1, 24, 64, 98, 112-152, 156, 183, 240, 272, 279, 294, 297, 303
 - cuisine, 114-5, 117-18, 137, 138, 147, 151
- Ottawa, 1, 191, 227, 285-94, 298
 - Parliament Buildings, 288-9, 292
 - Rockcliffe, 287-88
- Ottawa (as seat of federal power), 9, 34, 39, 129, 251, 252, 273, 279, 294-5, 297
- Pacific Rim, 266, 297
- Pacific Rim National Park, 276-7
- Parkville, B.C., 276
- Pawley, Howard, 159
- Peace River, Alta., 234, 238
- Peckford, Brian, 23
- Penikett, Tony, 249
- permafrost, 220
- Placentia Bay, Nfld., 27
- political parties:
 - Liberal, 34, 55, 102, 182, 279, 290, 293, 296
 - New Democratic, 159, 289-90
 - Parti Québécois, 39, 54, 63, 79, 83-4, 98-99, 102, 296
 - Progressive Conservative, 19, 34, 125, 182, 183, 273, 290-3, 296, 300-1
 - Rhinoceros, 303-4
 - Social Credit, 266-9, 273
- Pope, Alexander, 113
- Port au Choix, Nfld., 18
- Port-au-Persil, Qué., 71
- Port-aux-Basques, Nfld., 27
- Port de Grave Peninsula, Nfld., 10
- Porter, Dave, 245-6, 248-9
- potlatch, 264
- Pratt, Christopher, 133
- Presbyterian church, 113, 279, 295
- Prince Edward Island, 19, 103
- Providence, N.W.T., 223
- Qu'Appelle, Sask., 173-4
- Qu'Appelle Valley, 173
- Québec, 5, 19, 24, 29, 39, 46, 48, 51-107, 114, 127, 155, 160, 193, 197, 265, 289, 292, 294, 295, 297, 302, 303, 304
 - Bill, 39, 63-5, 84, 87, 98-9
 - cuisine, 58, 60-1, 63, 67, 81, 98
 - Hydro Québec, 102-7
 - Quiet Revolution, 54
 - separatism, 54
- Québec City, 51-9, 62, 64, 66, 71, 78, 92, 264
 - architecture, 51-4, 57-8, 90-2

INDEX

- Queen Charlotte Islands, B.C., 264, 269
 Queen Charlotte Sound, B.C., 257
 racism, 115-6
 Rankin Inlet, N.W.T., 230
 Red River Settlement, 156
 Regina, Sask., 133, 168-72, 176, 178, 181
 Resolute, N.W.T., 225
 Reville, David, Alderman, 131
 Richard, Ted, 226
 Richler, Mordecai, 23, 55, 83-4, 88, 134, 185, 303
 Riel, Louis, 156-7, 169, 246
 rivers
 Assiniboine, 159
 Athabasca, 188, 190, 214
 Bow, 281
 Canapiscaw, 105
 Chaudière, 78-9, 84
 Gatineau, 286, 287
 Grande Rivière, La, 102, 104-5
 Kennedy, 276
 Mackenzie, 218
 Nelson, 159
 North Saskatchewan, 181
 Ottawa, 286, 287
 Qu'Appelle, 173
 Red, 159-60, 165-7
 Rideau, 286
 Saguenay, 63, 66-7, 68, 71
 Saint John, 38, 44, 47
 St Lawrence, 51, 56-8, 60, 67-69, 72, 74, 91
 South Saskatchewan, 178
 Yukon, 239
 Rivière-du-Loup, Qué., 64
 Rock Island, Qué., 82-3
 Rockies, 206, 208-16, 238, 280, 303
 Rogers, Major A. B., 211-2
 Rogers Pass, B.C., 211-3
 Rotstein, Abraham, 125-29, 140, 301
 Royal Canadian Mounted Police, 40, 169, 174, 224, 236, 242-3
 Royal Family, British, unquenchable love for, 13, 43, 45-6, 47, 55-56, 73, 152, 159, 197, 289, 304
 Ruskin, John, 229
 Sahl, Mort, 303
 St Benoit-au-Lac, Qué., 81-2
 St Boniface, 157, 160
 St Bruno, Qué., 100-101
 Saint John, N.B., 38, 42
 St John's, Nfld., 5, 6-7, 9, 12, 14, 15-24, 27, 65, 294
 architecture, 15-17
 Battery, 19-20
 Signal Hill, 18, 19
 St Lawrence Seaway, 155
 Ste-Anne-de-Beaupré, Qué., 59
 Ste-Irénée, Qué., 73
 St-Joseph-de-la-Rive, Qué., 73
 Ste-Marthe-sur-le-Lac, Qué., 60
 Ste-Rose-du-Nord, Qué., 67
 Saltspring Island, B.C., 206
 Salvage, Nfld., 13-14, 23
 Sandringham, Nfld., 10
 Saskatchewan, 157, 166, 168-80, 181, 192, 265
 cuisine, 173, 175-6
 Saskatoon, Sask., 174-79, 180
 Sault Ste Marie, Ont., 155
 Schwatka, Frederick, 240-1
 sealing, 8, 16, 246
 Selkirk Mountains, B.C., 211-2
 Semenko, Dave, 185
 Senate, 293-4
 Shaw Festival, 151-2
 Sherbrooke, Qué., 81
 Skagway, Alaska, 239-40, 251, 253, 254-5
 Skvorecky, Joseph, 119
 Smeeton, Miles, 206-8
 socialism, 133, 159, 289
 Sparrow, Barbara, 191, 291-2
 Spohr, Arnold, 161-2, 299
 Stackhouse, Reg, 292-3
 Stein Valley, B.C., 269
 Stevens, Sinclair, 291
 Story, George, 14
 Stratas, Teresa, 303
 Stratford, Ont., 151
 Summit, B.C., 238
 Sunnyside, Nfld., 5
 Sunwapta Pass, Alta., 214
 Suzuki, David, 298
 Sydney, N.S., 28, 34-7, 74
 steel works, 28-30
 Tadoussac, Qué., 67-70
 Tardif, Monique, 292
 Terra Nova National Park, Nfld., 10
 Terrenceville, Nfld., 27
 Thetford Mines, Qué., 79
 Thunder Bay, Ont., 155-6, 172, 294
 Toronto, 1, 19, 40, 65, 66, 98, 111-124, 155, 159, 161, 170, 187, 217, 245, 278, 287, 289, 295
 Cabbagetown, 118-19, 122, 134, 141, 170
 municipal government, 130-2
 St Lawrence Market, 113, 123
 Yorkville, 122, 139
 Tourangeau, Larry, 225-6
 trade unions, 127, 268-9, 289

INDEX

- Trois Pistoles, Qué., 69
- Trudeau, Pierre Elliot, 46, 63, 99, 182, 197, 246-7, 288, 302
- Truro, N.S., 37-8
- Tunagate, 19, 290
- Turner, John, 290
- Twillingate, Nfld., 43
- United States, 1, 119, 126-29, 247, 275, 277
 - compared with Canada, 39, 78, 80, 112, 140-1
 - cultural penetration of Canada, 74-5, 127-8, 216, 297-303
 - economic penetration of Canada, 81, 126-7, 128, 130, 296, 301-3
- Uranium City, Sask., 171
- Vancouver, 65, 115, 205, 206, 211, 245, 251, 257, 261-6, 268, 269, 273, 277-80, 287, 295, 296, 297
 - Chinatown, 265
 - Expo 86, 264, 265-6
 - Gastown, 265
 - Simon Fraser University, 263, 298, 299
 - Stanley Park, 261
- Vancouver Island, 257, 272-77
- Vander Zalm, Bill, 267
- Vermont, 83, 85, 118
- Vickers, Jon, 303
- Victoria, B.C., 270-1, 272, 280
- Wah-Shee, James, 226-27
- Webster, Jack, 269
- Western Accord, 183
- Western Constitutional Forum, 225-28
- whale-watching, 68-9
- White Pass, Y.T., 240, 254
- Whitehorse, 238-53
- Whyard, Flo, 241-2, 250-2
- Wilde, Oscar, 42, 150
- Windermere, B.C., 210-11
- Winnipeg, 156-67, 168, 178, 181, 182, 193, 245, 262
 - architecture, 157-58
 - Royal Canadian Mint, 160
 - Royal Winnipeg Ballet, 160-3
- Yellowknife, N.W.T., 218-29, 233-6, 238, 248, 250, 251, 252
 - climate, 228-30
 - gold mines, 220-1
 - Latham Island, 219-20, 228, 233
 - Old Town, 219-20, 228
- Yoho National Park, B.C., 212
- Yukon Territory, 140, 238-54, 272
 - Alaska pipeline, 241, 251
 - gold prospecting, 244-5, 247
 - Gold Rush, 238-9, 250
 - trapping, 245-6
- Yuppies, 12, 160, 216-17, 217, 280