Brief Contents

- 1 Hospitals and Nursing Centers, 1
- 2 The Person's Rights, 9
- 3 The Nursing Assistant, 15
- 4 Work Ethics, 32
- 5 Communicating With the Health Team, 44
- 6 Understanding the Person, 59
- 7 Body Structure and Function, 70
- 8 Care of the Older Person, 89
- 9 Assisting With Safety, 97
- 10 Assisting With Fall Prevention, 114
- 11 Restraint Alternatives and Safe Restraint Use, 124
- 12 Preventing Infection, 139
- 13 Body Mechanics, 161
- 14 Assisting With Moving and Transfers, 169
- 15 Assisting With Comfort, 198
- 16 Assisting With Hygiene, 227
- 17 Assisting With Grooming, 251
- 18 Assisting With Urinary Elimination, 271
- 19 Assisting With Bowel Elimination, 294
- 20 Assisting With Nutrition and Fluids, 307
- 21 Assisting With Assessment, 329
- 22 Assisting With Specimens, 356
- 23 Assisting With Exercise and Activity, 367
- 24 Assisting With Wound Care, 381
- 25 Assisting With Pressure Ulcers, 399
- 26 Assisting With Oxygen Needs, 408
- 27 Assisting With Rehabilitation and Restorative Nursing Care, 419
- 28 Caring for Persons With Common Health Problems, 426
- 29 Caring for Persons With Mental Health Disorders, 457
- 30 Caring for Persons With Confusion and Dementia, 466
- 31 Assisting With Emergency Care, 482
- 32 Assisting With End-of-Life Care, 496

Review Question Answers, 504

Appendices, 506

- A The Patient Care Partnership: Understanding Expectations, Rights, and Responsibilities, 506
- B National Nurse Aide Assessment Program (NNAAP®) Written Examination Content Outline and Skills Evaluation, 507
- C Job Application, 508
- D Minimum Data Set: Selected Pages, 510

Illustration Credits, 513

Glossary, 515

Key Abbreviations, 522

Index, 523