

Contents

32	Chapter Summary	46
33	Further Reading	46
34	Questions for Reflection	46
37		
41	Self-Report Methods	66
44	<i>Mode of Administration</i>	66
45	<i>Open-ended and Closed-ended Questions</i>	66
45	Qualitative Self-report Methods	101
46	<i>Types of Qualitative Interview</i>	101
48	<i>Interview Schedule</i>	101
48	<i>Interviewing Style</i>	101
49	Quantitative Self-report Methods	101
49	<i>Questionnaire Design</i>	101
50	Chapter Summary	111
50	Further Reading	111
	Preface to the Third Edition	x
	About the Companion Website	xiii
52	Observation	101
52	1 Introduction: The Research Process	1
54	<i>The Research Process</i>	3
55	<i>Text-based Research</i>	101
58	2 Perspectives on Research	5
58	Philosophical Issues	6
60	<i>What is Research?</i>	6
62	<i>What is Science?</i>	12
64	<i>Social and Political Issues</i>	17
67	Professional Issues	18
68	<i>The Intuitive Practitioner</i>	19
69	<i>The Scientist-Practitioner</i>	20
70	<i>The Applied Scientist</i>	20
71	<i>The Local Clinical Scientist</i>	21
71	<i>The Evidence-Based Practitioner</i>	22
72	<i>The Clinical Scientist</i>	22
73	<i>The Practice-Based Evidence Model</i>	23
73	<i>Comparison of Models</i>	23
75	<i>Implications for Clinical Training</i>	24
76	Personal Issues	24
77	<i>Why Do Clinical Psychologists Do Research?</i>	25
79	<i>Why Don't Clinical Psychologists Do Research?</i>	26
84	<i>Weighing up the Pros and Cons of Doing Research</i>	27
84	Chapter Summary	27
87	Further Reading	28
88	Questions for Reflection	28
90		
90	3 Doing the Groundwork	29
92	Formulating the Research Questions	30
	<i>Choosing the Topic</i>	31

<i>Developing the Questions</i>	32
<i>Hypothesis-testing versus Exploratory Research Questions</i>	33
<i>Some Types of Research Question</i>	34
<i>Literature Review</i>	37
<i>The Proposal</i>	41
<i>Funding</i>	44
<i>The Politics of Research in Applied Settings</i>	45
<i>Access</i>	45
<i>Responding to Doubts</i>	46
<i>Authorship</i>	48
<i>Chapter Summary</i>	48
<i>Further Reading</i>	49
<i>Questions for Reflection</i>	49
4 Foundations of Quantitative Measurement	50
<i>The Process of Measurement</i>	52
<i>Domains of Variables</i>	52
<i>Measuring Psychological Constructs</i>	52
<i>Measurement Sources and Approaches</i>	54
<i>Foundations of Quantitative Methods</i>	54
<i>Positivism</i>	55
<i>Psychometric Theory</i>	58
<i>Definitions</i>	58
<i>Reliability</i>	60
<i>Reliability Statistics</i>	62
<i>Validity</i>	64
<i>Generalizability Theory</i>	67
<i>Item Response Theory</i>	68
<i>Utility</i>	69
<i>Standards for Reliability and Validity</i>	70
<i>Chapter Summary and Conclusions</i>	71
<i>Further Reading</i>	71
<i>Questions for Reflection</i>	72
5 Foundations of Qualitative Methods	73
<i>Historical Background</i>	75
<i>Philosophical Background</i>	76
<i>Phenomenology</i>	77
<i>Social Constructionism</i>	79
<i>Families of Qualitative Approaches</i>	84
<i>Thematic Analysis Approaches</i>	84
<i>Narrative Approaches</i>	87
<i>Language-Based Approaches</i>	88
<i>Ethnographic Approaches</i>	90
<i>Ways of Evaluating Qualitative Studies</i>	91
<i>Conclusion: Choosing and Combining Methods</i>	92

Chapter Summary	94
Further Reading	94
Questions for Reflection	95
6 Self-Report Methods	96
<i>Mode of Administration</i>	99
<i>Open-ended and Closed-ended Questions</i>	100
Qualitative Self-report Methods	101
<i>Types of Qualitative Interview</i>	102
<i>Interview Schedule</i>	103
<i>Interviewing Style</i>	105
Quantitative Self-report Methods	109
<i>Questionnaire Design</i>	110
Chapter Summary	118
Further Reading	119
Questions for Reflection	119
7 Observation	120
Qualitative Observation	122
<i>Participant Observation</i>	122
<i>Text-based Research</i>	126
Quantitative Observation	128
<i>Background</i>	129
<i>Procedures for Conducting Observations</i>	130
<i>Reliability and Validity Issues</i>	134
Chapter Summary	135
Further Reading	136
Questions for Reflection	136
8 Foundations of Design	137
Nonexperimental Designs	138
<i>Descriptive Designs</i>	138
<i>Correlational Designs</i>	139
Experimental Designs	142
<i>Cook and Campbell's Validity Analysis</i>	144
<i>Nonrandomized Designs</i>	146
<i>Randomized Designs</i>	152
<i>Conclusion: Choosing a Research Design</i>	159
Chapter Summary	159
Further Reading	160
Questions for Reflection	161
9 Small-N Designs	162
<i>Historical Background</i>	163
Single-case Experimental Designs	165
<i>Procedure</i>	165

AB Design	166
Reversal (or ABAB) Design	167
Multiple-baseline Design	168
Changing-Criterion Design	169
Data Analysis	169
Generalization	169
Naturalistic Case-study Designs	170
Narrative Case Studies	170
Systematic Case Studies	171
Time-Series Designs	175
Conclusion	175
Chapter Summary	176
Further Reading	176
Questions for Reflection	177
10 The Participants: Sampling and Ethics	178
Sampling	179
The Target Population	181
Bias and Representativeness	182
Sample Size	183
Alternative Approaches to Sampling and Generalizability	185
Summary and Conclusion	187
Ethical Issues	188
Informed Consent	189
Harms and Benefits	191
Privacy and Confidentiality	192
Ethics Self-study Exercise	193
Ethics Committees	194
Chapter Summary	196
Further Reading	196
Questions for Reflection	197
11 Evaluation Research	198
What is Evaluation?	199
The Sociopolitical Context	201
Preparation for Evaluating a Service	203
Aims and Objectives	204
The Impact Model	205
The Target Population	205
Estimating the Extent of the Target Problem in the Target Population	206
Needs Assessment	207
Delivery System Design	208
Monitoring the Process of Service Delivery	209
Coverage and Bias	210
Service Implementation	211
Outcome Evaluation	212
Client Satisfaction Surveys	213

<i>Patient-focused Research and Outcomes Management</i>	213
<i>Cost-effectiveness</i>	214
Chapter Summary	215
Further Reading	216
Questions for Reflection	216
12 Analysis, Interpretation, and Dissemination	217
Qualitative Data Analysis	218
<i>Within-case and Cross-case Analysis</i>	219
<i>Preliminaries to Qualitative Data Analysis</i>	219
<i>Processes in Qualitative Data Analysis</i>	221
<i>Good Practice in Qualitative Analysis</i>	224
Quantitative Data Analysis	224
<i>Data Entry</i>	224
<i>Data Checking</i>	225
<i>Data Reduction</i>	225
<i>Data Exploration</i>	226
<i>Statistical Significance Testing for Answering the Research Questions</i>	227
<i>Analyzing the Strength and Significance of Quantitative Effects</i>	227
Interpretation	232
<i>Contributions to Knowledge: Understanding the Meaning of the Findings</i>	232
<i>Methodological Issues: Strengths and Limitations of the Study</i>	233
<i>Scientific and Practical Implications</i>	235
Dissemination	236
<i>Writing up</i>	237
<i>Publication</i>	238
<i>Authorship Issues</i>	239
<i>Utilization</i>	240
The End	240
Chapter Summary	241
Further Reading	241
Questions For Reflection	242
13 Epilogue	243
<i>Methodological Pluralism</i>	243
<i>Appraising Research</i>	244
<i>Combining Research with Practice</i>	246
<i>Some Images of Research</i>	247
Questions for Reflection	248
References	249
Author Index	277
Subject Index	287