
CONTENTS

Preface	9
----------------	---

I

PERSONAL AND SOCIAL LIFE

1. The Basic Human Being	15
---------------------------------	----

Some of Our Animal Aspects	15
----------------------------	----

Hereditv and Environment	20
--------------------------	----

Mind and Body	24
---------------	----

The Subconscious	26
------------------	----

Reason and Intuition	32
----------------------	----

2. The Environment	37
---------------------------	----

Oneness of Man and Nature	37
---------------------------	----

Natural and Man-made Disasters	42
--------------------------------	----

Urban Problems	45
----------------	----

Returning to Rural Areas	51
--------------------------	----

Imminent Doom	54
---------------	----

Ending Environmental Pollution	57
--------------------------------	----

3. The Intellect	61
-------------------------	----

Education	61
-----------	----

Literature's Influence	69
------------------------	----

CONTENTS

Intellectuals and the Masses	75
Intellectual and Artistic Involvement	80
Limits of the Scientific Intellect	83

4. Health and Welfare 87

Practitioners of the Healing Art	87
Organ Transplantation	90
Medical Treatment: Scientific and Total	93
Assisting the Aged	97
GNP or Gross National Welfare	100
The Profession of Motherhood	107
Breeding to the Limit	110

5. Man as the Social Animal 117

The Labor Movement	117
Leisure and Its Uses	123
Sense of Value in Social Organization	126
Allegiance to Organizations	130
The Establishment and the Generation Gap	135
Neutrality of the Mass Media	140
Restrictions on Freedom of the Press	144
Abolition of the Death Penalty	147
Suicide and Euthanasia	150

II

POLITICAL AND INTERNATIONAL LIFE

6. The Second Half of This Century 161

The United States	161
The Space Exploration Race	166
Japan and Britain	167
No Candidate for King	171
Demise of the Local State	174

CONTENTS

Countries Susceptible to Communism	179
World-embracing Patriotism	183
 7. Arms and War	 186
Economic Growth and War	186
Peaceful Utilization of Atomic Power	188
Proxy Wars and Asia	190
Self-defense and the Japanese Constitution	193
Future Police Forces	197
The Nature and Future of War	201
 8. Choosing a Political System	 205
Qualities of a Good Leader	205
Safeguards against Fascism	208
The Nature, Means, and Ends of Power	211
Democracy or Dictatorship	215
Democracy or Meritocracy	220
 9. One World	 225
International Currency	225
East Asia's Role	228
Japan's Contribution to the Future	236
From Bipolarity to Multipolarity	239
World Unification	243

III

PHILOSOPHICAL AND RELIGIOUS LIFE

10. The Nature of Things	249
Origin of Life	249
The Question of Eternal Life	252
The Universe	260

CONTENTS

Intelligent Beings on Other Planets	265
Beyond Waves and Subatomic Particles	269
Religious Approaches to Ultimate Reality	272
The Buddhist Approach	276

11. Roles Religion Plays 286

Religion as the Source of Vitality	286
Three Western Religions	290
Returning to Pantheism	296

12. Good and Evil 304

The Mixture of Good and Evil	304
Dealing with Desires	308
The Meaning of Fate	316
Defining True Progress	322
Love and Conscience	326
Compassion as Practicable Love	331
Expanding the Sphere of Love	334
The Highest Human Value	339

Index 343

INDEX

- Adler, Alfred, 309
 Aeschylus, 73
 agriculture, 51-54; artificial fertilizer, 51;
 insecticide, 51; soil conservation, 51
 Ainu, 165, 202
alaya-vijnana, 27
 Alcestis, 91
 altruism, 22, 306, 310, 314, 321, 326, 331,
 337
amala-vijnana, 27
 anarchism, 128
Anna Karenina, 76
 Apollo (Greek god), 303
 Arabs, 163
 Aristotle, 141, 278
 art, 74
 Article 9, *see* Japan, Constitution and dis-
 armament
 Asanga, 27
 Athena, 304
 Athenian assembly, 81; democracy, 209,
 222; Athens, 184
 atomic bomb (1945), 294, 307; atomic
 power, 188
 atomic matter, 269
 Augustus, 121, 208, 214, 322
 authority, *see* power
 automation, 52, 123
 automobile, 49

bakku, 332
bakku-yoraku, 332
 Balfour Declaration, 192
 Bangladesh, 181
 Bantustan, 165
 Barnard, Christian, 90
 Belgium, 162

 Bergson, 258
 Bernal, J. D., 249
 Bible, 39, 111
 bipolarity, 239-42
 birth control, 110, 113-16
 bodhisattva, 41, 273, 279, 330
Bosatsu, 279
Bosatsu-kai, 334
 Boss, Medald, 25
 Brahmanism, 313
 Brezhnev, Leonid, 208
 Britain, 78; schools, 64
 British Broadcasting Corporation, 65
 Buddha, *see* Siddhartha Gautama
 Buddhahood, 274, 279
 Buddha state, the, 281, 316, 334
 Buddhism, 27, 54, 100, 154, 229, 231, 251,
 255, 258, 263, 267, 271; Chinese version
 of, 289; Northern, 273, 276, 280, 284,
 301, 303, 304, 311, 317, 325, 330; South-
 ern, 273, 280, 311, 330
 Buddhist, doctrine, 22, 25, 37, 40, 156, 279;
 law of cause and effect, 284; Law, the,
 281, 321
Bukkai, 333
Butsu, 279

 Caesar, Julius, 121, 155, 157, 214
 Cambodia, 162, 190
 capitalism, 100
 Cato, 155, 157
 censorship, 72
 change, 265
 charity, 332
 Charles I (of England), 299
 Ch'ien Lung Emperor, the, 234
 Chih-i, 27, 282

INDEX

- Chikushō*, 279
 China, 42, 53, 95, 136, 164, 179, 229, 232, 241, 288, 336; imperial regime, 214
 Ch'in Shih Huang-ti, 121, 214, 217
 Christianity, 90, 112, 132, 154, 180, 230, 252, 264, 275, 280, 291, 294, 302, 314, 317, 320, 333, 338
 Christian states, 131
Chū, (*Chūtai*), 259, 277, 283
 Churchill, Winston, 63, 206
 city-state, 81
 Clausewitz, 186
 communications, 31, 140–46
 communism, 131, 164, 179, 181, 214, 220, 294, 297, 299; in China, 233, 235
 compassion, 331
 complacency, 33
 Confucianism, 131, 180, 182, 232, 243, 291, 336, 339; Confucian morality, 66; Neo-Confucianism, 185
 conscience, 326
 conscious control, 26
 consciousness, 26
 conscious psychology, 28
 conventions, 16
 Copernicus, 292
 counsels of perfection, 307
 Crick, F. H. C., 20
 currency, *see* finance

 Dante, 72, 278
 defense, 193
 democracy, 215, 221; democratic leaders, 205, 210; Britain, Japan, 167–69
 Democritus, 155, 270
 depth psychology, 28
 Descartes, 27, 292
 desire, 306, 308, 314, 321, 328
 dictatorship, 215
 dignity of life, 154
 diplomacy, Britain, Japan, 169–71
 disarmament, 189, 195, 199
 disasters, man-made, 43; natural, 42; worldwide, 54
Divinia Commedia, 73, 278
dōku, 332
 Dostoevski, 71, 80, 212

 East Asia, religions in, 293
 economic affluence, 103
 education, coeducation, 66–67; financing, 64–66. *See also* learning

 egoism, *see* self-centeredness
 Egypt, 42, 287
ehō, 37
 Einstein, 33, 258, 260, 271
 End, the, 54
Engaku, 279
 Engel, 270
 enlightenment, 314, 316
 environment, 21, 37, 39, 43, 300
 Epicurus, 81
 epistemology, 276
Eshō Funi, 22, 37
 ethics, 305
 European Economic Community, 170
 euthanasia, 151
 evil, 56, 143, 325
 eyes, the five kinds in Buddhism, 86

 family, 132
 Faraday, Michael, 271
 fate, 316, 322
 finance, 225–27
 Four Evils, 279
 Francis of Assisi, 40, 307, 338
 freedom, 59; of literary expression, 69, 74; of the press, 145; restrictions on freedom of expression, 71
 French Revolution, 136, 220
 Freud, Sigmund, 27, 309
 Fromm, Erich, 216

Gaki, 279
 Galileo, 260, 292
 Gamow, George, 262
 genes, 20
 genetics, 20, 23
 Germany, 163; West, 241. *See also* National Socialist Party and Nazism
 globalism, 214
 God, 39, 54, 321
 Goethe, 80
 good, 44, 329
 Greco-Roman, political religion, 294; religion, 301; world, 136, 290, 298
 greed, 38, 43, 47, 58, 120, 295, 299, 305, 309, 321
 Greek civilization, 323. *See also* Greco-Roman world
 Greek federation, 244
 gross national product, 106; welfare, 106

 Han Liu Pang, 121, 208, 214

INDEX

- Han Wu-ti, 131
- hara-kiri, 157
- hate, 329
- Hawaii, 166
- Hegel, 278
- Heisenberg, 269
- Henry VII (of England), 175
- Heraclitus, 187
- high-rise construction, 45
- Hinayana Buddhism, *see* Buddhism, South-
ern
- Hinduism, 27, 54, 252, 259, 289, 313, 325
- Hippocrates, 96
- Hippocratic oath, 61
- Hiroshima, atomic bombing of, 294, 307,
323
- Hitler, 210, 213. *See also* National Socialist
Party and Nazism
- homosexuality, 67
- Hong Kong, 46, 48
- Hōraikoku*, 322
- housing, 46-48
- Hsün Tzu, 304
- human dignity, 15, 17, 100, 112, 341
- human liberation, 15. *See also* human rev-
olution
- human nature, 120, 304
- human revolution, 122, 129, 282, 308, 325
- human rights, 132
- human suffering, 74
- hypnotism, 30
- hypothesis, 32
- immortality, 252, 258
- India, 42, 183, 235, 297
- Indian philosophy, 84. *See also* Brahman-
ism, Buddhism, Hinduism, and Vasu-
bandhu
- Indonesia, 297
- Industrial Revolution, 52, 59, 123, 299
- industrial waste, 57
- international organizations, 132. *See also*
United Nations
- introspection, 29
- intuition, 33
- ishin-denshin*, 31
- Islam, 39, 180, 245, 264, 292, 295, 302, 315,
320
- Israel, 162, 165. *See also* Judaism
- Japan, 164, 229, 241; Constitution, 193
- Jesus, 40, 82, 252, 272, 280, 340
- Jews, *see* Israel and Judaism
- Jigoku*, 279
- jihi*, 332
- jinjutsu*, 87
- Judaism, 252, 260, 264, 274, 292, 295, 302,
314, 320
- Jung, C. G., 34
- Jū-nyoze*, 283
- kami*, 41
- Kant, 258, 340
- karma, 138, 156, 257, 283, 312, 317, 320,
325
- Ke (Ketai)*, 259, 277, 283
- Korea, 42, 230, 234; Koreans in Japan,
162; Korean war, 163
- Kū (Kūtai)*, 251, 258, 271, 277, 283
- land, form of permanent endowment, 65
- land prices, 45
- lawlessness, 19
- learning, duration of, 62-64; goals of,
61-62
- Lenin, 80, 182, 212
- life, 340; on other planets, 265
- literacy, 141
- literature, goals of, 74
- localism, 21, 174, 177, 198, 204, 213, 217,
294
- Lotus Sutra, 265, 274, 281, 283, 312
- love, *see* altruism
- Lysenko, 20
- Mahayana Buddhism, *see* Buddhism, North-
ern
- man and nature, 38
- manas-vijnana*, 27
- Mao Tse-tung, 179, 205
- Marcuse, 309
- Marx, 80
- Marxist literature, 71
- materialism, 24
- material values, 18; wealth, 106
- Maxwell, J. D., 271
- medicine, 87; Greek, 96; medical science,
109; oriental, 95; psychomatic, 93
- Meiji Restoration, 76, 220, 237, 301
- Mencius, 304, 336
- Mendel, 20
- meritocracy, 220, 222
- Mohammed, 272, 339
- monarchy (Britain, Japan), 171-73

INDEX

- money prices, 119; wages, 119
- monotheism, 297; Judaic, 38, 299; Judaic, Christian, Islamic, 39
- Monroe Doctrine, 164
- morality, 18, 305
- More, Sir Thomas, 322
- Morgan, 20
- Mori, Ogai, 155
- Moses, 272
- Mo Tzu, 336-39
- Mu*, 258
- Muawiyah, 208
- multipolarity, 239-42
- Muslim, *see* Islam

- Nagasaki, atomic bombing of, 294, 307, 323
- Napoleon, 80, 234
- nationalism, 294, 297, 299, 336, 341
- National Socialist Party (Germany), 210, 216
- nature, 38; respect for, 300
- Nazism, 209. *See also* National Socialist Party
- Nehru, Jawaharlal, 206
- neutrality, 142
- Newton, 292
- Nichiren Daishōnin, 139
- Nietzsche, 309
- nihilism, 74, 128
- Nin*, 279
- Nirvana, 253, 273, 311, 329
- Nixon, Richard, 231, 241
- Noah's flood, 55
- noble savage, 304
- noblesse oblige*, 81
- nonhuman nature, 42
- novelty, 265
- nuclear weapons, 56, 199
- Nyoze-en*, -*hō*, -*honmatsu-kukyōtō*, -*in*, -*ka*, -*riki*, -*sa*, -*shō*, -*sō*, -*tai*, 283

- Oda Nobunaga, 244
- Oparin, A. I., 249
- Opium War, 234
- original sin, 303
- Ortega y Gasset, Jose, 215

- pacifism, 197
- Palestine, 39, 192
- Pali scriptures, 311
- pantheism, 296, 302

- parapsychology, 29
- patience, 335
- Pearl Harbor, 163
- permissiveness, 16, 18
- Peter the Great, 75
- petroleum, 163
- phenomena, observation of, 34
- physical organs, functions and appetites, 15-18
- physiological functions, 16, 20
- Plato, 80, 277, 322
- political parties, 142
- pollution, 41, 44, 56, 127, 300, 320, 340
- Pope Paul VI, 112
- pornography, 72
- possessiveness, 335
- power, 212, 215
- primordial images, 34
- printed word, 141
- progress, 322
- psyche, 29
- psychic phenomena, 29
- psychological insight, 86
- psychosomatic medicine, 23
- public transport, 50; welfare, 97

- racial discrimination, 164
- radio, 140
- raku*, 333
- reality-in-itself, 21, 265, 272, 274, 276, 302, 305, 309, 315, 320, 327
- reason, faculty of, 86
- rebirth, 253
- religion, role of, 45, 60, 79, 128, 245, 286, 291, 305, 315
- research, 67
- Riesman, David, 216
- right, 329
- Robespierre, 208, 212
- Roman Empire, 184, 215, 232, 244, 291
- Roosevelt, Franklin D., 206
- Rousseau, 80, 304
- Royal Society of Britain, 293
- Russia, *see* Soviet Union
- Russian Orthodox Christian Church, 182
- Russian Revolution, 76, 80, 220
- Ryūgijō*, 322

- Sakyamuni, *see* Siddhartha Gautama
- Santai* theory, 276, 283
- Sartre, Jean-Paul, 69
- Schweitzer, Albert, 339

INDEX

- science, 35, 84; as a religion, 299; eye of, 83; importance of, 19; relation with religion, 35; role of, 112
 scientific observation, 35; rationality, 35; research, 69; spirit, 19; technology, 44
 self-centeredness, 23, 305
 self-defense, 193-97
 selfishness, 312
 Selye, Hans, 95
 sense perception, 16, 33, 86
 senses (Indian Vijñānavāda school), 27
 sex, 15-17; education, 16, 144; liberation, 15; sexual behavior, 19; sexual relations, 18
 Shih Huang-ti, *see* Ch'in Shih Huang-ti
Shikishin Funi, 24
Shinsenkyō, 322
 Shinto, 38, 41, 232, 238, 293, 300
shōhō, 37
Shōmon, 279
Shujō, 267
Shura, 279
 Siddhartha Gautama, the Buddha, 40, 82, 307, 312, 339
 sin, 329
 Sino-Japanese War, 229, 234
 Six Paths, 279
 socialism, 100
 social justice, 210
 Socrates, 80
 Solzhenitsyn, 70
 South Africa, 165
 sovereign states, *see* localism
 Soviet Union, 70, 163, 229, 233, 236, 241
 species, death of, 22
 spiritualism, 24, 30
 spiritual revolution, *see* human revolution
 spiritual welfare, 106
 state secrets, 145
 state, the, 132
 Stoic school, 81, 185
 Strabo, 49
 stress theory, 95
 subconscious, 28, 33
 suicide, 97, 153
 Switzerland, 162
 Taoism, 245
Tat tvam asi, 25, 259, 313, 316
 teaching, 67
 technology, 38, 41, 85, 140, 306, 342
 telepathy, 30
 television, 141
Ten, 279
 Ten Life Factors, *see* Jū-nyoze
 Ten States of Life, 278
 theism, 302
 Theodore of Tarsus, 63
 Three Evil Paths, 279
 Three Truths, *see* Santai theory
 Three Worlds of Buddhism, 296
 Tibet, 234
 T'ien-t'ai Buddhism, 28, 282
 Tokugawa Ieyasu, 121, 175, 214, 244
 Tokugawa shogunate, 233, 323
 Tokyo, 46
 Tolstoy, 70, 76
 Toyotomi Hideyoshi, 121, 175, 214, 244
 trades union, 117-19, 319
 traffic accidents, 50
 transportation, 49
 Turgenev, 81
 Turkey, 180
 ultimate spiritual reality, 254, 303, 313, 316, 320
 unemployment, 125
 United Nations, 130, 189, 236
 United States, 161-63, 229, 233, 236, 241
 universal life force, 28; love, 306
 universe, 22, 261, 265
 Upanishads, 313
 urbanization, 52, 98
Utopia, 322
 utopia, 322-23
 Vasubandhu, 27
 Viet Cong, 142
 Vietnam War, 19, 142, 161, 163, 177, 190
 Vishnu, 321
Vita Nuova, 73
 Void, the, 271
 Wada, Juro, 90
 war, 19, 148, 186, 190, 198, 201
 war criminals, trials, 176-77
 wasteful private consumption, 57
 Watson, J. D., 20
 weaponry, 187, 193; nuclear, 239
 Weimar Republic, 209
 welfare state, 102-5; in Britain, 102; in Japan, 104, 105
 Weltanschauung, 37, 74, 232
 women's liberation movement, 108

INDEX

- workers' rights, 120
- world, as source of suffering, 278
- world state, 178, 197, 214, 228, 233, 243
- World War I, 173, 176, 181, 194, 209, 213, 241, 293, 324
- World War II, 163, 168, 173, 191, 194, 196, 199, 205, 213, 229, 260, 294, 320, 324, 340
- Yahweh, 302, 321
- Yin and Yang, 96
- yoga, 53
- yoraku*, 333
- youth, student movement, 136
- Zen, 53
- Zeno, 81, 339
- Zeus, 303
- Zoroastrianism, 252, 260