Contents

	Preface	xi
	Foreword	xv
Chapter 1	The Importance of Nature and Wildness in Our Urban Lives	1
Chapter 2	The Nature of (in) Cities	17
Chapter 3	Biophilic Cities: What Are They?	45
Chapter 4	Biophilic Urban Design and Planning	83
Chapter 5	New Tools and Institutions to Foster Biophilic Cities	131
Chapter 6	Concluding Thoughts: Growing the Biophilic City	151
	Endnotes	159
	Bibliography	175
	Index	181