

Contents

PREFACE *viii*

ABOUT THE AUTHOR *x*

1.	The Building Blocks of Relationships	1
	THE NATURE AND IMPORTANCE OF INTIMACY	2
	THE INFLUENCE OF CULTURE	6
	THE INFLUENCE OF EXPERIENCE	14
	THE INFLUENCE OF INDIVIDUAL DIFFERENCES	19
	THE INFLUENCE OF HUMAN NATURE	32
	THE INFLUENCE OF INTERACTION	36
	THE DARK SIDE OF RELATIONSHIPS	37
	FOR YOUR CONSIDERATION	38
	CHAPTER SUMMARY	38
2.	Research Methods	41
	THE SHORT HISTORY OF RELATIONSHIP SCIENCE	42
	DEVELOPING A QUESTION	46
	OBTAINING PARTICIPANTS	47
	CHOOSING A DESIGN	50
	SELECTING A SETTING	53
	THE NATURE OF OUR DATA	55
	THE ETHICS OF SUCH ENDEAVORS	61
	INTERPRETING AND INTEGRATING RESULTS	63



A FINAL NOTE	64
FOR YOUR CONSIDERATION	65
CHAPTER SUMMARY	66
3. Attraction	68
THE FUNDAMENTAL BASIS OF ATTRACTION	68
PROXIMITY: LIKING THOSE NEAR US	69
PHYSICAL ATTRACTIVENESS:	
LIKING THOSE WHO ARE LOVELY	75
RECIPROCITY: LIKING THOSE WHO LIKE US	88
SIMILARITY: LIKING THOSE WHO ARE LIKE US	91
BARRIERS: LIKING THOSE WE CANNOT HAVE	100
SO, WHAT DO MEN AND WOMEN WANT?	100
FOR YOUR CONSIDERATION	102
CHAPTER SUMMARY	102
4. Social Cognition	105
FIRST IMPRESSIONS (AND BEYOND)	106
THE POWER OF PERCEPTIONS	112
IMPRESSION MANAGEMENT	127
SO, JUST HOW WELL DO WE KNOW OUR PARTNERS?	133
FOR YOUR CONSIDERATION	138
CHAPTER SUMMARY	138
5. Communication	141
NONVERBAL COMMUNICATION	143
VERBAL COMMUNICATION	156
DYSFUNCTIONAL COMMUNICATION	
AND WHAT TO DO ABOUT IT	166
FOR YOUR CONSIDERATION	173
CHAPTER SUMMARY	174

6.	Interdependency	176
	SOCIAL EXCHANGE	176
	THE ECONOMIES OF RELATIONSHIPS	184
	ARE WE REALLY THIS GREEDY?	197
	THE NATURE OF COMMITMENT	205
	FOR YOUR CONSIDERATION	210
	CHAPTER SUMMARY	210
7.	Friendship	213
	THE NATURE OF FRIENDSHIP	214
	FRIENDSHIP ACROSS THE LIFE CYCLE	222
	DIFFERENCES IN FRIENDSHIP	227
	FRIENDSHIP DIFFICULTIES	232
	FOR YOUR CONSIDERATION	243
	CHAPTER SUMMARY	244
8.	Love	246
	A BRIEF HISTORY OF LOVE	247
	TYPES OF LOVE	248
	INDIVIDUAL AND CULTURAL DIFFERENCES IN LOVE	265
	DOES LOVE LAST?	269
	FOR YOUR CONSIDERATION	274
	CHAPTER SUMMARY	274
9.	Sexuality	276
	SEXUAL ATTITUDES	276
	SEXUAL BEHAVIOR	281
	SEXUAL SATISFACTION	298

SEXUAL COERCION	304
FOR YOUR CONSIDERATION	306
CHAPTER SUMMARY	306
10. Stresses and Strains	308
PERCEIVED RELATIONAL VALUE	308
HURT FEELINGS	310
OSTRACISM	313
JEALOUSY	315
DECEPTION AND LYING	326
BETRAYAL	331
FORGIVENESS	335
FOR YOUR CONSIDERATION	337
CHAPTER SUMMARY	338
11. Conflict	340
THE NATURE OF CONFLICT	340
THE COURSE OF CONFLICT	344
THE OUTCOMES OF CONFLICT	359
FOR YOUR CONSIDERATION	363
CHAPTER SUMMARY	364
12. Power and Violence	365
POWER AND INTERDEPENDENCE	366
VIOLENCE IN RELATIONSHIPS	380
FOR YOUR CONSIDERATION	391
CHAPTER SUMMARY	392

13. The Dissolution and Loss of Relationships	394
THE CHANGING RATE OF DIVORCE	394
THE PREDICTORS OF DIVORCE	401
BREAKING UP	411
THE AFTERMATH OF BREAKUPS	415
FOR YOUR CONSIDERATION	425
CHAPTER SUMMARY	426
14. Maintaining and Repairing Relationships	428
MAINTAINING AND ENHANCING RELATIONSHIPS	430
REPAIRING RELATIONSHIPS	438
IN CONCLUSION	447
FOR YOUR CONSIDERATION	448
CHAPTER SUMMARY	448
REFERENCES	R
CREDITS	C-1
NAME INDEX	I-1
SUBJECT INDEX	I-12

Relationships