

INTRODUCTION	3
ESTONIAN NETWORK OF MOBILITY CENTRES	5
1. RESEARCH AND DEVELOPMENT	7
1.1 R&D strategy	7
1.2 Estonian R&D statistics	8
1.3 R&D Funding	10
1.4 Institutional framework for R&D.....	14
1.5 Researchers and research projects.....	18
2. ESTONIA	21
2.1 Estonia in brief.....	22
2.2 History	24
2.3 Nature and climate	26
2.4 Life style	27
2.5 Customs and holidays	28
2.6 Culture	29
2.7 Media	30
2.8 Economy	31
3. ENTRY, RESIDENCE AND WORK PERMITS	33
3.1 EU citizens	33
3.2 Citizens of third countries. Short term (up to 6 months).....	35
3.3 Citizens of third countries. Long term (more than 6 months).....	37
4. WORK	39
4.1 Work habits.....	39
4.2 Greetings.....	39
4.3 General working conditions and regulations	40
4.4 Employment regulations at universities	41
4.5 Intellectual property rights (IPR) in Estonia	42
5. TAXATION	43
5.1 Determination of the country of residence.....	43
5.2 Taxation of residents	45

5.3 Income tax return	47
5.4 Taxation of non-residents	49
5.5 Indirect taxes	50
6. SOCIAL SECURITY	51
6.1 Health	51
6.2 Family benefits	55
6.3 Pensions	57
6.4 Other benefits	58
6.5 Unemployment insurance	59
7. FAMILY	60
7.1 Estonian families	60
7.2 Day care and schooling	61
7.3 Finding a job for the spouse	64
7.4 Pets	65
8. EVERYDAY NECESSITIES	66
8.1 Emergencies	67
8.2 Housing	68
8.3 Renting a house or flat.....	69
8.4 Banking	71
8.5 Arrival in Estonia	72
8.6 Transportation in Estonia	74
8.7 Phones	77
8.8 Computers and Internet facilities	78
8.9 Postal services	78
8.10 Electrical appliances	79
8.11 Shopping and cost of living	80
8.12 Garbage management	81
8.13 Libraries	81
8.14 Language courses	82
8.15 Useful phrases	83
8.12 Disabled access	84
9. LEISURE AND PLEASURE	86
9.1 Events	87
9.2 Outdoors	88
9.3 Hobbies	88
9.4 Religion and churches	89
ROAD-MAP FOR COMING TO ESTONIA	90