

Table of Contents

Acknowledgments	vii
Chapter 1 Introduction	1
Chapter 2 What Is Underachievement?	7
Chapter 3 Characteristics of Underachievers	19
Chapter 4 Dweck's Mindsets: Recognizing Effort and Ability	31
Chapter 5 Addressing Issues of Perfectionism	45
Chapter 6 Rimm's Trifocal Model	59
Chapter 7 Achievement Orientation Model: Students' Beliefs That Regulate Their Motivation to Achieve	73
Chapter 8 Self-Efficacy: Increasing Students' Confidence to Learn	81
Chapter 9 Goal Valuation: Making Learning More Meaningful	97
Chapter 10 Environmental Perceptions: Building Trust Relationships	113
Chapter 11 Developing Self-Regulation and Study Skills	127

Chapter 12 Putting It All Together	141
References	149
Appendix The National Association for Gifted Children's Position Paper on Giftedness	171
About the Author	175



Prufrock Press, Inc.
Box 88513
Waco, TX 76788-0513
Phone: (800) 999-2208
Fax: (800) 240-5333
<http://www.prufrock.com>

UK PAF MU BRNO	
Lokace: 1. PODLAZI	
Pf. 2 92036	Sign 306 04-21E3