

Contents

Chapters	Page No.
1. Introduction	11
1.1 Introduction	11
1.2. An issue of malnutrition across life cycle stages	11
1.3 Conclusion	14
2. Socio-economic determinants of low birth weight babies	15
2.1 Abstract	15
2.2 Introduction	15
2.3 Meaning of Low Birth Weight	16
2.4 Vicious cycle of Low Weight at Birth	17
2.5 Data and methodology	18
2.6 Incidence of Low Birth Weight in region	19
2.7 Regression results	24
2.8 Policy implication and conclusion	26
2.9 Bibliography	27
3. Prevalence and determinants of malnutrition among school children	29
3.1 Abstract	29
3.2 Introduction	29
3.3 Economic model	31
3.4 Incidence of malnutrition among children	33
3.5 Regression result	38
3.6 Policy implication and conclusion	40
3.7 References	41
4. A critical analysis of socio-economic determinants of adolescent malnutrition	43
4.1 Abstract	43
4.2 Introduction	43
4.3 Economic model of adolescent malnutrition	45
4.4 Data and methodology	46

4.5 Incidence of malnutrition among adolescent	46
4.6 Logistic regression model	51
4.7 Policy implication	55
4.8 References	56
5 Effects of household income and health care access on youths nutritional status	57
5.1 Abstract	57
5.2 Introduction	57
5.3 Data and methodology	58
5.4 Economic model	59
5.5 Malnutrition among youths	60
5.6 Logit regression results	67
5.7 Policy implication and conclusion	71
5.8 Bibliography	72
6. Prevalence and determinants of malnutrition among below five age group children	73
6.1 Abstract	73
6.2 Introduction	73
6.3. Data and methodology	76
6.4. Measurement of child malnutrition	76
6.5 Statistical model	78
6.6. Incidence of child malnutrition in slums	79
6.7 Econometric model	84
6.8. Policy implication	86
6.9 Bibliography	87
7. Child malnutrition and access to health care facilities	89
7.1 Abstract	89
7.2 Introduction	89
7.3 Data	91
7.4 Incidence of child malnutrition	92
7.5 Regression result	98
7.6 Policy implications and conclusion	100
7.7 Bibliography	101

8. Poverty and undernutrition among below five age group children	104
8.1 Abstract	104
8.2 Introduction	104
8.3 Urban poor in Mumbai Metropolitan Region	105
8.4 Data and methodology	108
8.5 Definition of malnutrition	108
8.6 Econometric model for malnutrition among children	110
8.7 Incidence of underweight among pre-school children	111
8.8 Logit regression model	131
8.9 Policy implication and conclusion	135
8.10 References	137
9. Malnutrition among adults and children	141
9.1 Abstract	141
9.2 Introduction	141
9.3 Data	143
9.4 Statistical model	145
9.5 Adult under-nutrition in MMR	146
9.6 Regression result	152
9.7 Policy implication and conclusion	155
9.8 Bibliography	156
10. Role of education and training in reducing malnutrition among adults	158
10.1 Abstract	158
10.2 Introduction	158
10.3 Meaning and definition of malnutrition	160
10.4 Measurement of adult malnutrition	160
10.5 Economic model	161
10.6 Adult malnutrition in MMR	162
10.7 Regression result	166
10.8 Policy Implication	169
10.9 Bibliography	169

List of tables

Table 2.1 LBW children in Mumbai Metropolitan Region	20
Table 2.2 Parents education and LBW of children	20
Table 2.3 Parents BMI and LBW of children	21
Table 2.4 Access of knowledge to mothers and LBW of children	21
Table 2.5 Food eaten by mothers and LBW of children	22
Table 2.6 Contraceptive use and LBW of children	22
Table 2.7 Ante natal and post natal care among women and LBW of children	23
Table 2.8 Household assets and LBW among children	24
Table 2.9 Regression results for low birth weight babies	25
Table 3.1 Malnutrition among children in suburbs of region	33
Table 3.2 Age wise malnutrition among school children	34
Table 3.3 Parents education and malnutrition among school children	35
Table 3.4 Malnutrition among children and asset holding	36
Table 3.5 Malnutrition among children and knowledge of children	37
Table 3.6 Per capita income and malnutrition among children	37
Table 3.7 Logit regression for female children	39
Table 3.8 Logit regression for male children	40
Table 4.1 Incidence of malnutrition among adolescent in MMR	47
Table 4.2 Asset holding and nutritional status	48
Table 4.3 Nutritious food eaten and nutritional status of adolescent	49
Table 4.4 Malnutrition among the adolescent and parent's education	50
Table 4.5 Malnutrition among female	52
Table 4.6 Malnutrition among male in MMR	53
Table 4.7 Malnutrition among male and female	54
Table 5.1 Malnutrition among youths in MMR	61
Table 5.2 Age-wise malnutrition among youths	62
Table 5.3 Age wise incidence of malnutrition among youths	62
Table 5.4 Youths education and malnutrition	63
Table 5.5 Parents education and malnutrition among youths	63
Table 5.6 Per capita income and nutritional status of youths	64

Table 5.7 Asset holding and incidence of malnutrition among youths	65
Table 5.8 Age at marriage and malnutrition	66
Table 5.9 Food consumption and BMI categories	66
Table 5.10 Regression results for male and female malnutrition	68
Table 5.11 Regression result for female youth	69
Table 5.12 Regression result for male youth	70
Table 6.1 Incidence of malnutrition	79
Table 6.2 Age wise incidence of underweight and stunting among children	80
Table 6.3 Household assets in malnourished children	80
Table 6.4 Knowledge of women and malnourished children	81
Table 6.5 Use of family planning methods	81
Table 6.6 Health care access to women	82
Table 6.7 Nature of delivery took place	82
Table 6.8 Breast feeding and outside food to children	83
Table 6.9 Child care access and utilization	84
Table 6.10 Regression result for underweight and stunted children	85
Table 7.1 Incidence of malnutrition among children	93
Table 7.2 Parents education and malnutrition among children	93
Table 7.3 Parents nutritional status and malnutrition among children	94
Table 7.4 Water requirement to family of undernourished children	94
Table 7.5 Household assets of undernourished children	95
Table 7.6 Nutritional knowledge and malnutrition among children	96
Table 7.7 Contraceptive use and nutritional status of children	96
Table 7.8 Health care access for undernourished children	97
Table 7.9 Child feeding, care and under nutrition	97
Table 7.10 Child illness and treatment	98
Table 7.11 Regression results for underweight children	99
Table 7.12 Regression results for stunted children	99
Table 8.1 Incidence of underweight and stunting	112
Table 8.2 Incidence of wasting	113
Table 8.3 Simultaneous incidence of malnutrition	114

Table 8.4 Incidence of malnutrition according to age	114
Table 8.5 Incidence of malnutrition and household size	115
Table 8.6 Incidence of malnutrition and fathers education	116
Table 8.7 Mother's education and malnutrition incidence among children	116
Table 8.8 Age at marriage and incidence of malnutrition among children	117
Table 8.9 Per capita income and child malnutrition	118
Table 8.10 Physical asset holding and incidence of malnutrition among children	119
Table 8.11 Access of nutritional knowledge to mothers and child malnutrition	120
Table 8.12 Nutrition eaten and malnutrition among children	121
Table 8.13 Use of family planning methods and malnutrition among children	123
Table 8.14 Maternal care and incidence of malnutrition	124
Table 8.15 Incidence of illness and malnutrition incidence	126
Table 8.16 Malnourished children and deaths of malnourished children in region	130
Table 8.17 incidence of underweight, stunted and wasted incidence	132
Table 9.1 Incidence of malnutrition among adults	146
Table 9.2 Incidence of malnutrition among below five age group children	147
Table 9.3 Child malnutrition and literacy of parents	148
Table 9.4 Child and adult malnutrition	149
Table 9.5 Media exposure and child malnutrition	149
Table 9.6 Access to ante natal care and place of delivery	150
Table 9.7 Child care availability and malnutrition among children	151
Table 9.8 Child illness and malnutrition	151
Table 9.9 Treatment received to malnourished children	152
Table 9.10 Regression results for stunting	153
Table 9.11 Regression results for underweight	154
Table 10.1 Incidence of malnutrition among adults	162
Table 10.2 Incidence of malnutrition and education of adults	163
Table 10.3 Malnutrition among adults and age at marriage	163
Table 10.4 Household assets and malnutrition	164
Table 10.5 Contraceptive used and malnutrition	165

Table 10.6 Media access and knowledge and malnutrition among adults	165
Table 10.7 Malnutrition among adults and health care access	166
Table 10.8 Logistic regression for females	167
Table 10.9 Logistic regression for male	168

List of figures

Figure 2.1 The vicious cycle of low weight at birth	17
Figure 3.1 The children's BMI and per capita income	38
Figure 4.1 BMI and per capita daily income of the adolescent in MMR	50
Figure 5.1 Relationship between monthly income and BMI of youths	67
Figure 8.1: The Z score and under nutrition	127
Figure 8.2 The Z score and stunting	128
Figure 8.3 The Z score and wasting	128