Contents

Acknowledgements		ix
List of Figures		xi
Abb	Abbreviations Foreword by Richard Sakwa	
For		
Prej	face	xxi
1	Introduction	1
	Interpreting the 'rise' of Inter-democratic Security Institutions The Security Dilemma between Inter-democratic Security	1
	Institutions and Russia	3
	The Effect of Institutions and Norms on the Security Dilemma	4
	Theoretical Framework for Assessing the Security Dilemma	6
	Method: Evaluating Variables that Impact the Security Dilemma	7
	Structure of the Book	8
2	Theoretical Comparison	13
	Neoclassical Realist Theory	13
	Liberal Institutional Theory	23
3	Research Design	27
	Method	27
	Case Selection and Case Portraits	30
	Conceptualising and Operationalising Variables Affecting the	
	Security Dilemma	34
	Expected Outcomes for Competing Theories	42
4	Case Study I: CSDP and Russia	45
	Instruments of Power	46
	Security Dilemma Sensibility	65
	Institutional Inclusion	89
	Threat Perceptions	106
	Conclusion: Coercing 'European Integration'	112
5	Case Study II: Missile Defence and Russia	115
	Instruments of Power	116
	Security Dilemma Sensibility	125
	Institutional Inclusion	140

	Threat Perceptions	155
	Conclusion: Containing Russia by Reducing Nuclear Parity	161
6	Conclusion: Ideas, Institutions and Hegemony	163
	Proxy Variables	165
	The Limitations of the Study and Possible Future Studies	169
Refe	rences	171
	Primary Sources	171
	Secondary Sources: Journal Articles and Books	181
	Secondary Sources: Media	197

201

Index