

# Contents

How to use this book	vii
Acknowledgements	viii
1. The female pelvis and pelvic floor	1
2. The reproductive systems	16
3. The female urinary tract	24
4. Hormonal cycles: fertilization and early development	30
5. The placenta	38
6. The fetus	46
7. Changing and adaptation in pregnancy	58
8. Antenatal care	70
9. Problems in pregnancy	76
10. Conditions in pregnancy	84
11. Labour: first and second stages	94
12. Third stage of labour	107
13. Complicated labour and birth	116
14. Midwifery and obstetric emergencies	131
15. The puerperium	143
16. Complimentary therapies and pharmacology in childbirth	151
17. The baby at birth	157
18. The newborn baby	164
19. Jaundice and blood group incompatibility	171
20. Congenital abnormalities and metabolic disorders	176
Answers	
1. The female pelvis and pelvic floor	183
2. The reproductive systems	187
3. The female urinary tract	190
4. Hormonal cycles: fertilization and early development	192
5. The placenta	195
6. The fetus	197

7. Changing and adaptation in pregnancy	201
8. Antenatal care	204
9. Problems in pregnancy	206
10. Conditions in pregnancy	208
11. Labour: first and second stages	210
12. Third stage of labour	214
13. Complicated labour and birth	217
14. Midwifery and obstetric emergencies	223
15. The puerperium	226
16. Complimentary therapies and pharmacology in childbirth	228
17. The baby at birth	230
18. The newborn baby	233
19. Jaundice and blood group incompatibility	235
20. Congenital abnormalities and metabolic disorders	237