

Contents

PART I. ATTACHMENT IN EARLY CAREGIVING RELATIONSHIPS

1. Hidden in Plain Sight: The Critical Importance of Secure Attachment	3
2. The Circle of Security: Understanding a Child's Needs for a Safe Haven and a Secure Base for Exploration	23
3. Being-With: Meeting the Child's Needs through Relationship	38
4. Limited Circles: Insecurity and the Power of Adaptation	57
5. Shark Music: How State of Mind Shapes Caregiving	82
6. Completing the Circle	107

PART II. THE CIRCLE OF SECURITY INTERVENTION

7. Observing the Relationship	125
8. The Interactional Assessment: Differential Diagnosis and Identification of the Linchpin Struggle	161
9. Understanding State of Mind and Defensive Processes through Core Sensitivities	185

10. The Parent Perception Assessment: Using the Circle of Security Interview to Enhance Treatment Efficacy	210
11. Treatment Principles and Planning	255
12. The Circle of Security Intervention Protocol	277

PART III. CASE EXAMPLES

13. Laura and Ashley	317
14. Ana and Sam	336
15. Shelly and Jacob	358
References	377
Index	385