Brief contents

1	Environmental psychology: Flistory, scope and methods	1
PAF	RT I ENVIRONMENTAL INFLUENCES ON HUMAN BEHAVIOUR AND WELL-BEING	13
2	Environmental risk perception	15
3	Environmental stress	27
4	Scenic beauty: Visual landscape assessment and human landscape perception	37
5	Health benefits of nature	47
6	Restorative environments	57
7	Ambivalence towards nature and natural landscapes	67
8	Human dimensions of wildlife	77
9	Appraisals of built environments and approaches to building design that promote well-being and healthy behaviour	87
10	Urban environmental quality	97
11	Environment and quality of life	107
12	How cues in the environment affect normative behaviour	119
PAI	RT II FACTORS INFLUENCING ENVIRONMENTAL BEHAVIOUR	129
13	Measuring environmental behaviour	131
14	Values and pro-environmental behaviour	141
15	Social norms and pro-environmental behaviour	153
16	Affective and symbolic aspects of environmental behaviour	165
17	Social dilemmas: Motivational, individual and structural aspects	
	influencing cooperation	175
18	Models to explain environmental behaviour	185
19	Yesterday's habits preventing change for tomorrow? The influence of automaticity on environmental behaviour	197
20.	The first transfer to the contract of the cont	21

PAR	T III ENCOURAGING PRO-ENVIRONMENTAL BEHAVIOUR	22
21	Informational strategies to promote pro-environmental behaviour: Changing knowledge, awareness and attitudes	22
22	Encouraging pro-environmental behaviour with rewards and penalties	23:
23	Persuasive technology to promote pro-environmental behaviour	24.
24	Acceptability of environmental policies	25
25	Processes of change	26
26	Simulating social environmental systems	28
27	Environmental issues in developing countries	29
28	Conclusion: Summary, trends and future perspectives in environmental psychology	30
Refe	References	
Glos	Glossary	
Inde	Index	