

## Table of Contents

<b>Acknowledgements</b> . . . . .	<b>11</b>
<b>Schemes and tables</b> . . . . .	<b>13</b>
<b>Contributors</b> . . . . .	<b>15</b>
<b>Introduction</b> . . . . .	<b>17</b>
TOMÁŠ SIROVÁTKA AND JANA VÁLKOVÁ	
Chapter 1	
<b>Understanding care services in changing times</b> . . . . .	<b>27</b>
TOMÁŠ SIROVÁTKA AND JANA VÁLKOVÁ	
Introduction. . . . .	27
The increasing role of care services. . . . .	28
Factors and drivers behind care services developments within the broader context of the welfare state . . . . .	30
Structural factors . . . . .	31
Cultural factors and gender . . . . .	32
Institutional factors . . . . .	34
Work-life balance and the factors influencing care arrangements and services at the micro-level . . . . .	35
Structural factors . . . . .	36
Cultural factors . . . . .	37
Institutional factors . . . . .	39
Linking the micro- and meso-/macro perspective of care services . . . . .	41
Conclusion . . . . .	49
References . . . . .	50

## Chapter 2

### **Care policies and governance in Norway and the Czech Republic . . . . . 55**

PAVEL HORÁK, MARKÉTA HORÁKOVÁ, MARIE LOUISE SEEBERG AND JORUNN T. JESSEN

Introduction. . . . .	55
Childcare policies. . . . .	57
Benefits and services provided in childcare . . . . .	61
Regulation and financing of childcare policies. . . . .	62
Accessibility and quality of childcare services . . . . .	65
Eldercare policies. . . . .	66
Benefits and services provided in eldercare . . . . .	70
Regulation and financing of eldercare . . . . .	71
Accessibility and quality of eldercare services . . . . .	75
Conclusion . . . . .	78
References . . . . .	81

## Chapter 3

### **Providing care services: strategies of key actors in childcare and eldercare in the Czech Republic. . . . . 87**

JANA VÁLKOVÁ AND KATEŘINA KUBALČÍKOVÁ

Introduction. . . . .	87
Method and data . . . . .	88
Objectives, target populations and perceptions of care needs. . . . .	89
Childcare. . . . .	89
Eldercare . . . . .	91
Policy arguments and priorities. . . . .	93
Childcare. . . . .	93
Eldercare . . . . .	96
Capacity and resources. . . . .	98
Childcare. . . . .	98
Eldercare . . . . .	101

Organization and responsibility, cooperation and compatibility of strategies . . . . .	104
Childcare . . . . .	104
Eldercare . . . . .	106
Remaining challenges: summing up the views of actors . . . . .	108
Conclusion . . . . .	110
References . . . . .	113

Chapter 4

**Providing care services: strategies of key actors  
and emerging policy change in Norway . . . . . 115**

MARIE LOUISE SEEBERG AND JORUNN T. JESSEN

Introduction. . . . .	115
Approaching care as a social good through systems theory . . . . .	115
Equality and diversity . . . . .	116
Methods and samples . . . . .	117
The findings . . . . .	117
Organization, responsibilities and cooperation . . . . .	118
Objectives and target population: Perceptions of care needs. . . . .	121
Policy arguments and priorities . . . . .	123
Capacity and resources . . . . .	124
Challenges: deficits, gaps and overlaps . . . . .	126
Looking back, looking ahead . . . . .	129
Concluding remarks . . . . .	132
References . . . . .	133

Chapter 5

**Balancing acts: Family care strategies  
and policy frameworks in the Czech Republic. . . . . 135**

BLANKA PLASOVÁ AND KATEŘINA KUBALČÍKOVÁ

Introduction. . . . .	135
Method and data . . . . .	136

Care arrangements and working life . . . . .	137
Childcare . . . . .	137
Eldercare . . . . .	142
Welfare state and care: interaction of care policies, care and work . .	145
Childcare . . . . .	145
<i>Services and benefits – (dis)satisfaction, key problems</i> <i>and deficiencies, ideal care policies . . . . .</i>	145
<i>Employers' approaches and policies . . . . .</i>	149
<i>Innovations and suggested changes in care policies . . . . .</i>	150
Eldercare . . . . .	151
<i>Services and benefits – (dis)satisfaction, key problems</i> <i>and deficiencies, ideal care policies . . . . .</i>	151
<i>Employers' approach and policies . . . . .</i>	153
<i>Innovations and suggested/preferred changes in care policies . . .</i>	155
Conclusion . . . . .	155
References . . . . .	158

## Chapter 6

### **Balancing acts: Policy frameworks and family care strategies in Norway . . . . . 161**

MARGUNN BJØRNHOLT, KARI STEFANSEN, LIRIDONA GASHI AND MARIE LOUISE SEEBERG

Introduction. . . . .	161
The caringscapes/carescape approach: Caring and working in time and space. . . . .	162
Childcare: changes in services and entitlements . . . . .	163
Eldercare: changes in services and entitlements . . . . .	164
Methods and samples . . . . .	165
The findings . . . . .	167
Care strategies . . . . .	167
<i>Childcare . . . . .</i>	167
<i>Eldercare. . . . .</i>	169

Perceptions of institutional and employer support . . . . .	171
<i>Childcare</i> . . . . .	171
<i>Eldercare</i> . . . . .	173
The emotional aspect of caring and care arrangements. . . . .	175
<i>Childcare</i> . . . . .	175
<i>Eldercare</i> . . . . .	177
Concluding remarks . . . . .	181
References . . . . .	183

Chapter 7

**Work-family squeeze in Norway and the Czech Republic:  
On the prevalence and consequences of care  
and work combinations in two different contexts . . . . . 185**

THOMAS HANSEN AND JANA VÁLKOVÁ

Introduction. . . . .	185
The well-being consequences of caregiving . . . . .	187
Childrearing . . . . .	187
Care for adult family members . . . . .	188
Blending the caregiving role and the employment role . . . . .	188
The role of cultural norms and institutional frameworks: The cases of Norway and the Czech Republic. . . . .	190
Norway. . . . .	191
The Czech Republic. . . . .	191
Methods . . . . .	193
Data. . . . .	193
Dependent variables . . . . .	193
Independent variables . . . . .	195
Analytic strategy . . . . .	195
Results . . . . .	196
Discussion. . . . .	201
References . . . . .	205

## Chapter 8

### **Conclusions . . . . . 209**

TOMÁŠ SIROVÁTKA, JANA VÁLKOVÁ AND MARIE LOUISE SEEBERG

Care policies compared . . . . .	209
Childcare . . . . .	209
Eldercare . . . . .	211
Discourses of key actors regulating and providing care: similarities and differences in Norway and Czech Republic . . . . .	212
Policy objectives . . . . .	212
Regulation and financing care, the resources . . . . .	213
Policy deficits . . . . .	214
Future developments and innovations . . . . .	215
Strategies of families in providing care in the national policy contexts . . . . .	215
The strategies of families and use of care services . . . . .	215
Assessment of the policies . . . . .	217
Problems envisaged by families . . . . .	219
The balance of carers' strategies and the policies . . . . .	220
Work-family squeeze in Norway and the Czech Republic: quantitative evidence on the impact on well-being . . . . .	222
Policies, discourses and the strategies of families . . . . .	223
The drivers of and possibilities for policy change responsive to the needs of families . . . . .	225
Challenges and lessons for policy making . . . . .	228
References . . . . .	231
<b>Index . . . . .</b>	<b>233</b>