Contents

Preface xv

List of illustrations xix

1	A very short	history	of melancholia	1
	II very bilore	mount	or included the	

- 2 The modern era: Diagnosis and classification of depression 14
- 3 Who is at risk of depression? 27
- 4 Models of depression 47
- 5 The evolution of treatments 69
- 6 Current controversies, future directions 88
- Depression in modern society 105
 References and further reading 123

Index 126