

Contents

Introduction—The Science of Well-Being: Reviews and Theoretical Articles by Ed Diener	1
Subjective Well-Being	11
In Pursuit of Happiness: Empirical Answers to Philosophical Questions .	59
Personality and Subjective Well-Being	75
Beyond the Hedonic Treadmill: <i>Revising the Adaptation Theory of Well-Being</i>	103
Will Money Increase Subjective Well-Being?: <i>A Literature Review and Guide to Needed Research</i>	119
The Well-Being of Nations: Linking Together Trust, Cooperation, and Democracy	155
The Optimum Level of Well-Being: Can People Be Too Happy?	175
Beyond Money: Toward an Economy of Well-Being	201
Conclusion: The Well-Being Science Needed Now	267