

Contents

Acknowledgments	ix
1 Introducing the Issue of Alternative Psychotherapies	1
2 Regression Therapies: Back to Babyhood	23
3 Repression and Remembering in Alternative Psychotherapies	43
4 Energy Therapies	65
5 Bodywork, Passive and Active	83
6 All About Attachment	107
7 Understanding and Treating Autism	129
8 Special Education and Treatments for Developmental Disabilities	153
9 Conclusion: Regulating Alternative Psychotherapies	175
References	199
Index	219
About the Author	227