

A Geography of Time

Winner of the 1998 Otto Klineberg Award

In this engaging and humorous book, eminent social psychologist Robert Levine explores a dimension of our experience that we take for granted – our experience of time. Taking us on an enchanting tour through the ages and around the world, we travel to Brazil, where to be three hours late is perfectly acceptable, and to Japan, where he finds a sense of the long-term that is unheard of in the West, as well as to remote places in the world where 'nature time', the rhythms of the sun and the seasons, is the only time to live by.

From the sundials of ancient Greece to the origins of 'clock time' in the Industrial Revolution, Levine asks, how do we use our time? Are we ruled by the clock? What does this do to our cities, our bodies? Perhaps, he argues, time as a human construct has come to define and constrain cultures, while instead we ought to function 'multitemporally,' each of us charting our own geography of time.

Author Robert Levine, Ph.D., is professor and former chair of the psychology department at California State University, Fresno, where he has received numerous awards for his teaching and research, including California State's 'Outstanding Professor'. He is the author of *The Power of Persuasion*, and has published articles in *Psychology Today*, *Discover*, and *American Scientist*.

"Unique, wry, and readable" **Library Journal**

"An elegant gem.... Levine takes us behind the lens of the sensitive observer's eye to make us aware of the psychology of time as perhaps the greatest of human inventions. He combines brilliant observations, original field experiments, and wide-ranging scholarship to generate an original view of how subjective time and human functioning mesh or collide. *A Geography of Time* is a worthwhile detour: take it and value its lessons well."

Philip Zimbardo, Ph.D., Stanford University, author of *Psychology and Life*

"Packed with interesting observations and information."

Anthony Storr, Washington Times

"A major contribution to breaking the shackles of time pressure that bind us all." **Ralph Keyes, author of *Timelock***



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