

# Contents

Preface	xiii
Introduction	xvii
<b>CHAPTER 1: WHAT'S THE DIFFERENCE ANYWAY?</b>	<b>1</b>
The Study of Sex Differences	4
Combining the Results of Many Studies: Meta-Analysis	9
What Do Meta-Analyses Tell Us About Sex Differences?	12
Are There Sex Differences in Personality?	12
Are There Sex Differences in Boys' and Girls' Activity Levels?	16
Are There Sex Differences in Risk-Taking?	17
Are There Sex Differences in Social Behaviors?	18
Aggression	18
Helping Behavior	20
Moral Behavior	21
Conformity and Social Influence	22
Group Behavior	22
Are There Sex Differences in Nonverbal Behavior and Nonverbal Perceptiveness?	24
Are There Sex Differences in Sexuality?	26
Are There Sex Differences in Criteria for Mate Selection?	30
Are There Sex Differences in Occupational Preferences and Interests?	30
Are There Sex Differences in Cognitive Abilities?	33
Are There Sex Differences in Physical Abilities?	34
Are Men More Variable Than Women on Some Traits?	35

<b>Beyond Meta-Analyses: Other Possible Sex Differences</b>	36
Are There Sex Differences in Mental and Behavioral Disorders?	36
Are There Sex Differences in Emotional Experience?	39
Are There Sex Differences in the Self-Concept	41
Are There Sex Differences in Children's Play and Friendship Patterns?	42
<b>Summary</b>	44
 <b>CHAPTER 2: MASCULINITY AND FEMININITY: GENDER WITHIN GENDER</b>	46
<b>The Search Commences</b>	47
The Analogy Between Masculinity–Femininity and Intelligence	48
The Bipolar Assumption	49
What Is Masculinity–Femininity Related to?	53
<b>Masculinity and Femininity as Separate Dimensions</b>	55
Cracks in Terman and Miles' Edifice	55
The Rise of Androgyny	56
Putting Androgyny to the Test	59
Masculinity, Femininity, and Psychological Adjustment	61
Whither Androgyny?	62
<b>But Don't Masculinity and Femininity Make Sense to Most of Us?</b>	64
Components of Masculinity and Femininity	65
Masculinity and Femininity as Fuzzy Concepts	66
<b>Deconstructing and Reconstructing Masculinity–Femininity</b>	68
Recapitulation	68
Resurrecting Masculinity–Femininity: Gender Diagnosticity	69
What Is Gender Diagnosticity Related to?	73
Is There a "Deep Structure" to Masculinity–Femininity?	77
<b>Summary</b>	79
 <b>CHAPTER 3: THEORIES OF GENDER</b>	81
<b>Levels of Explanation Applied to Gender</b>	81
<b>Biological Theories</b>	85
Evolutionary Theory	85
The Genetics of Sex	94
Hormones and Male Versus Female Development	97
Structural Differences Between Male and Female Nervous Systems	99
Are Hormones Everything?	102
Recapitulating Biological Theories	103
<b>From Nature to Nurture</b>	104
Social Learning Theories	104
Cognitive Theories of Gender	106



<i>Kohlberg's Cognitive-Developmental Theory</i>	106
<i>Gender Schema Theories</i>	108
Social Psychological Theories of Gender	110
<i>Gender Stereotypes</i>	110
<i>Social Role Theory</i>	112
<i>Gender Stereotypes as Self-Fulfilling Prophecies</i>	114
<i>Stereotype Threat</i>	114
<i>Self-Presentation and Social Constructionist Theory</i>	115
Summary	117
 <b>CHAPTER 4: THE CASE FOR NATURE</b>	 119
<b>Animal Experiments</b>	121
<b>Humans With Unusual Early Exposure to Hormones</b>	122
Congenital Adrenal Hyperplasia Females	122
Androgen-Insensitive Males	123
Reductase-Deficient Males	124
Effects of Estrogen: Diethylstilbestrol Children and Turner Syndrome Women	125
<i>Females Exposed to DES</i>	125
<i>Turner Syndrome</i>	126
<b>Correlational Studies of Hormones and Behavior</b>	127
Testosterone and Human Behavior	128
Physical Characteristics Related to Prenatal Testosterone	132
Other Hormones and Gender-Related Behaviors	132
<b>Hormones and Maternal Behavior</b>	133
<b>"Natural Experiments" and Sex Reassignments</b>	136
<b>Biology and Human Sex Differences</b>	137
<b>The Case for Biological Influences: Sex Differences in Aggression, Visual-Spatial Ability, and Sexual Behavior</b>	140
Physical Aggression	140
Visual-Spatial Ability	142
Sexual Behavior	145
<b>Demonstrating Biological Influences on Individual Differences in Masculinity and Femininity: Behavior Genetic Studies</b>	150
Summary	153
 <b>CHAPTER 5: THE CASE FOR NURTURE</b>	 155
<b>Learning to "Do Gender"</b>	157
Boys' and Girls' Toy Preferences	158
Parental Treatment and the Social Learning of Gender	159
Teacher Influences	164

Peer Influences	165
Learning Gender After Early Childhood	166
Modeling Gender	168
Learning Gender From the Mass Media	169
<b>Self-Socialization of Gender</b>	172
Gender Knowledge	172
Gender Knowledge and Sex-Typed Behavior	174
Social Influences on Gender Knowledge	177
<b>Consequences of Gender Stereotypes</b>	178
Enacting Stereotypes	178
Self-Fulfilling Prophecies and Behavioral Confirmation	180
Stereotype Threat: When Negative Stereotypes Undermine Performance	182
<b>Broader Social Factors and Gender</b>	183
Social Role Theory	183
<b>Coda</b>	186
<b>Summary</b>	187
 <b>CHAPTER 6: CROSS-EXAMINATIONS</b>	 189
<b>Summary</b>	218
 <b>CHAPTER 7: GENDER, NATURE, AND NURTURE: LOOKING TO THE FUTURE</b>	 219
<b>Causal Cascades and Causal Thickets</b>	221
Gender as a Complex Causal Cascade	221
Causal Cascades and the Nature–Nurture Debate	223
Cascades, Fulcrums, and Social Interventions	226
Causal Cascades and the Two Faces of Gender	229
<b>Gender, Nature, and Nurture: Some Real-Life Concerns</b>	233
Rearing Girls and Boys	234
Childhood Gender Segregation: Can It Be Reduced?	235
Gender in the Classroom	237
<i>Solutions for Problems Faced by Girls and Boys in the Classroom</i>	237
<i>The Value of Same-Sex Schooling</i>	239
Gender and the Digital Divide	241
Sexual Harassment and Assault: Are They Male Problems?	243
Husbands and Wives: The Nature and Nurture of	
Close Relationships	244
<i>Rearing Children</i>	245
<i>Divisions of Labor</i>	246
<i>Harmony, Disharmony, and Divorce</i>	247
<i>Child Custody</i>	248

CONTENTS	xi
Gender in the Workplace	249
<i>Parental Leave, Daycare, and Mommy Tracks</i>	250
<i>Sex Differences in Employment and Pay</i>	251
Political Animals: Men and Women Who Govern	254
Women and Men in the Military: The Battles of the Sexes	257
Coda	259
Summary	259
Glossary of Key Terms and Concepts	261
References	271
Author Index	311
Subject Index	327