

CONTENTS

INTRODUCTION: THE SINGLETON SOCIETY 1

1. GOING SOLO 29

2. THE CAPACITY TO LIVE ALONE 57

3. SEPARATING 85

4. PROTECTING THE SELF 109

5. TOGETHER ALONE 131

6. AGING ALONE 157

7. REDESIGNING SOLO LIFE 185

CONCLUSION 211

Appendix: Methods of Research and Analysis 235

Notes 239

Select Bibliography 255

Acknowledgments 265

Index 267