

## PART I Fundamentals and General Considerations

- 1 Phylogeny, 2**  
*Alex A. Malone and Susan G. Larson*
- 2 Anatomy of the Elbow Joint, 9**  
*Bernard F. Morrey, Manuel Llusá-Pérez, and José R. Ballesteros-Betancourt*
- 3 Biomechanics of the Elbow, 33**  
*Kai-Nan An and Bernard F. Morrey*
- 4 History and Physical Examination of the Elbow, 47**  
*Mark E. Morrey and Bernard F. Morrey*
- 5 Functional Evaluation of the Elbow, 66**  
*Bernard F. Morrey*
- 6 Radiography of the Elbow, 75**  
*Nicholas G. Rhodes and Daniel E. Wessell*
- 7 Computed Tomography of the Elbow, 87**  
*Hillary W. Garner*
- 8 Magnetic Resonance Imaging of the Elbow, 93**  
*Joseph M. Bestic*
- 9 Ultrasound Imaging of the Elbow, 101**  
*Michael R. Moynagh*
- 10 Extensile Surgical Exposures: Humerus, 110**  
*Mark E. Morrey, Manuel Llusá-Pérez, and José R. Ballesteros-Betancourt*
- 11 Surgical Exposures of the Elbow, 126**  
*Bernard F. Morrey*
- 12 Surgical Exposures of the Forearm, 151**  
*José R. Ballesteros-Betancourt, Manuel Llusá-Pérez, and Joaquin Sanchez-Sotelo*
- 13 General and Regional Anesthesia and Postoperative Pain Control, 157**  
*Sandra L. Kopp, Terese T. Horlocker, and Robert L. Lennon*
- 14 Principles of Elbow Rehabilitation, 164**  
*Adam M. Pourcho and Jay Smith*
- 15 Continuous Passive Motion, 171**  
*Bernard F. Morrey*
- 16 Splints and Bracing of the Elbow, 173**  
*Bernard F. Morrey*
- 17 Examination Under Anesthesia, 178**  
*Bernard F. Morrey*

## PART II Elbow Arthroscopy

- 18 General Principles of Elbow Arthroscopy, 181**  
*Michael J. O'Brien and Felix H. Savoie III*
- 19 Arthroscopic Management of Lateral Epicondylitis, 189**  
*Champ L. Baker, Jr., and Champ L. Baker III*
- 20 Arthroscopic Management of Elbow Plica and Loose Bodies, 194**  
*Omkar H. Dave, Larry D. Field, and E. Rhett Hobgood*
- 21 Arthroscopy for Arthritis of the Elbow, 200**  
*Felix H. Savoie III and Michael J. O'Brien*
- 22 Arthroscopic Management of Osteochondritis Dissecans of the Capitellum, 207**  
*Robert Nelson Mead, E. Rhett Hobgood, and Felix H. Savoie III*
- 23 Complications of Elbow Arthroscopy, 215**  
*Felix H. Savoie III and Bernard F. Morrey*

- 24 Advanced and Future Trends in Elbow Arthroscopy, 219**  
*Felix H. Savoie III and Michael J. O'Brien*

## PART III The Child and Adolescent Elbow

- 25 The Pediatric Elbow: Anatomy and Radiographic Assessment, 229**  
*Eric W. Edmonds and Matthew T. Stepanovich*
- 26 Congenital Abnormalities of the Elbow, 237**  
*Carley Vuillermin*
- 27 Supracondylar Fractures of the Elbow in Children, 253**  
*Anthony A. Stans*
- 28 Complications of Supracondylar Fractures of the Elbow, 272**  
*Amy L. McIntosh*
- 29 Physal Fractures of the Elbow, 286**  
*Hamlet A. Peterson*
- 30 Proximal Radius Fractures in Children, 306**  
*Karan Dua and Joshua M. Abzug*
- 31 Olecranon and Monteggia Fractures in Children, 315**  
*Dan A. Zlotolow*
- 32 Pediatric Elbow Dislocations, 327**  
*Kevin J. Little and Roger Cornwall*
- 33 Osteochondritis Dissecans, 341**  
*William J. Shaughnessy*
- 34 Elbow Stiffness in Children and Adolescents, 349**  
*Lisa Lattanza and Samantha Lee Piper*

## PART IV Acute Trauma

- 35 Simple Elbow Dislocation, 357**  
*Jonathan D. Barlow and Joaquin Sanchez-Sotelo*
- 36 Complex Elbow Instability: General Principles, 364**  
*Alberto G. Schneeberger and Bernard F. Morrey*
- 37 Radial Head Fracture: General Considerations, Conservative Treatment, and Radial Head Resection, 375**  
*Samuel Antuña, Eloy Dario Tabeayo Alvarez, Raul Barco, and Bernard F. Morrey*
- 38 Radial Head Fracture: Open Reduction and Internal Fixation, 388**  
*Roger P. van Riet and Bernard F. Morrey*
- 39 Prosthetic Radial Head Replacement, 395**  
*Bernard F. Morrey*
- 40 Radial Head Fracture: Management of Complications After Treatment, 403**  
*Joaquin Sanchez-Sotelo*
- 41 Essex-Lopresti Injuries, 410**  
*Bassem T. Elhassan and Andrew T. Assenmacher*
- 42 Olecranon Fractures and Monteggia Fractures, 417**  
*Julie E. Adams and Scott P. Steinmann*
- 43 Coronoid Fractures, 428**  
*Robert U. Hartzler and Bernard F. Morrey*
- 44 Low Transcondylar Fractures of the Distal Humerus, 440**  
*Juan P. Simone*

- 45 Distal Humerus Fractures: Fractures of the Columns With Articular Involvement, 450**  
Joaquin Sanchez-Sotelo

- 46 Distal Humerus Fractures: Isolated Fracture of the Capitellum, 458**  
Jo Suenghwan and Bernard F. Morrey

- 47 Distal Humerus Fractures: Shear Fractures of the Humeral Articular Surface, 466**  
Neal Chen and David Ring

- 48 Hinged External Fixators of the Elbow, 471**  
Bernard F. Morrey

## **PART V Complications of Trauma and Elbow Stiffness**

- 49 Persistent Elbow Instability, 482**  
Rick Papandrea and Jeffrey C. King
- 50 Nonunion and Malunion of Distal Humerus Fractures, 501**  
Joaquin Sanchez-Sotelo
- 51 Nonunion of the Olecranon and Proximal Ulna, 510**  
Panayiotis J. Papagelopoulos and Bernard F. Morrey
- 52 Chronic Unreduced Elbow Dislocation, 521**  
Bernard F. Morrey
- 53 Elbow Stiffness: Basic Science and Overview, 529**  
Charalambos P. Charalambous and Mark E. Morrey
- 54 Extrinsic Contracture: Lateral and Medial Column Procedures, 537**  
Pierre Mansat and Mark E. Morrey
- 55 Elbow Stiffness: Arthroscopic Contracture Release, 547**  
Joaquin Sanchez-Sotelo
- 56 Elbow Stiffness: Rehabilitation After Surgical Contracture Release, 552**  
Joaquin Sanchez-Sotelo
- 57 Heterotopic Ossification, 557**  
Antonio M. Foruria and Joaquin Sanchez-Sotelo
- 58 Healing and Wound Problems, 568**  
Thomas Lawrence and In-Ho Jeon

## **PART VI Sports and Soft Tissue Injuries**

- 59 Lateral Epicondylitis/Tendinosis, 574**  
Robert Nirschl
- 60 Percutaneous Ultrasound Tenotomy Treatment of Epicondylitis, 582**  
Bernard F. Morrey
- 61 Medial Epicondylitis/Tendinosis, 588**  
Robert Nirschl
- 62 Managing Surgical Failure in Tennis Elbow, 595**  
Bernard F. Morrey
- 63 Elbow Tendinopathies: Acute Distal Biceps Tendon Ruptures, 602**  
George S. Athwal
- 64 Elbow Tendinopathies: Chronic Biceps Ruptures, 615**  
Mark E. Morrey
- 65 Elbow Tendinopathies: Triceps Tendon Rupture and Snapping, 621**  
John W. Hinchey, Roger P. van Riet, and Bernard F. Morrey
- 66 The Thrower's Elbow, 630**  
Justin L. Hodgins, Christopher S. Ahmad, and John E. Conway

- 67 Articular Injuries in the Athlete, 637**  
Joshua S. Dines, Christopher L. Camp, and Neal S. ElAttrache
- 68 Medial Collateral Ligament Reconstruction: MCL Insufficiency, 651**  
Neal S. ElAttrache, Justin L. Hodgins, and Christopher S. Ahmad
- 69 Ulnar Collateral Ligament Reconstruction: Complications and Salvage, 663**  
Jarrod R. Smith, Jeremy Bruce, and James R. Andrews
- 70 Medial Collateral Ligament Reconstruction, 668**  
Bernard F. Morrey
- 71 Lateral Collateral Ligament Insufficiency, 670**  
Joaquin Sanchez-Sotelo
- 72 Nerve Entrapment Syndromes, 679**  
Robert J. Spinner
- 73 Atypical Pain Presentation in the Elbow, 702**  
Jacqueline S. Weisbein
- 74 Bursitis, 705**  
Bernard F. Morrey and Mark E. Morrey

## **PART VII Pathologic Conditions of the Elbow**

- 75 Posttraumatic Elbow Osteoarthritis, 714**  
Benjamin W. Sears and Joaquin Sanchez-Sotelo
- 76 Primary Osteoarthritis of the Elbow, 722**  
Bernard F. Morrey
- 77 Rheumatoid Arthritis, 731**  
Harvinder S. Luthra
- 78 Seronegative Inflammatory Arthritis, 742**  
Erin M. Scanlon and Thomas G. Mason
- 79 Hematologic Arthritis, 747**  
Philipp N. Streubel and Joaquin Sanchez-Sotelo
- 80 Septic Arthritis, 756**  
Shahryar Ahmadi and Joaquin Sanchez-Sotelo
- 81 Neoplasms of the Elbow, 760**  
Olga D. Savvidou, Panayiotis J. Papagelopoulos, Carrie Y. Inwards, and Bernard F. Morrey
- 82 Neuropathic Arthropathy, 779**  
Young W. Kwon and Bernard F. Morrey
- 83 Elbow Pathology From Metabolic Disease, 788**  
Bernard F. Morrey
- 84 Loose Bodies and Ossification Centers About the Elbow, 795**  
Bernard F. Morrey

## **PART VIII Joint Replacement Arthroplasty**

### **SECTION A Fundamentals**

- 85 Elbow Arthroplasty: Historical Perspective, 807**  
Bernard F. Morrey
- 86 Biomechanics of Joint Reconstruction, 819**  
Kai-Nan An, Andrew R. Thoreson, and Bernard F. Morrey
- 87 Radiocapitellar Prosthetic Arthroplasty for Isolated Radiocapitellar Arthritis, 826**  
Roger P. van Riet
- 88 Distal Humeral Hemiarthroplasty, 834**  
Jeffery S. Hughes
- 89 Unlinked and Convertible Arthroplasty: Design, Concept, and Technique, 842**  
Graham J.W. King

- 90 Linked Elbow Arthroplasty: Rationale, Design Concept, and Surgical Technique, 855**  
Bernard F. Morrey

## **SECTION B Technique and Outcome by Indication and Diagnosis**

- 91 Elbow Arthroplasty in Inflammatory Arthritis, 870**  
Joaquin Sanchez-Sotelo
- 92 Distal Humeral Fractures, 878**  
Srinath Kamineni
- 93 Total Elbow Arthroplasty for Distal Humeral Nonunion, 888**  
Akin Cil
- 94 Posttraumatic Arthrosis, 894**  
Thomas W. (Quin) Throckmorton
- 95 Total Elbow Arthroplasty for Primary Osteoarthritis, 902**  
Bernard F. Morrey and Mark E. Morrey
- 96 Failed Interposition Arthroplasty of the Elbow, 907**  
Bernard F. Morrey and Mark E. Morrey
- 97 Dysfunctional Instability, 912**  
Adam J. Seidl and Matthew L. Ramsey
- 98 The Fused Elbow, 920**  
Bernard F. Morrey

## **PART IX Complications and Salvage of Failed Arthroplasty**

- 99 Complications of Elbow Replacement Arthroplasty, 926**  
Bernard F. Morrey and Ilya Voloshin
- 100 Diagnosis of Deep Infection After Elbow Arthroplasty, 937**  
Jeremy S. Somerson and Joaquin Sanchez-Sotelo
- 101 Treatment of the Infected Total Elbow Arthroplasty, 942**  
Emilie Cheung, Ken Yamaguchi, and Bernard F. Morrey
- 102 Triceps Insufficiency Following Total Elbow Arthroplasty, 951**  
Thomas R. Duquin, Andrea Celli, and Bernard F. Morrey
- 103 Periprosthetic Elbow Fractures, 955**  
Antonio M. Foruria and Joaquin Sanchez-Sotelo
- 104 Isolated Polyethylene Wear and Elbow Replacement, 967**  
Brian P. Lee, Joyce S.B. Koh, and Bernard F. Morrey

- 105 Instability After Unlinked Total Elbow Arthroplasty, 972**  
Graham J.W. King and Shawn W. O'Driscoll
- 106 Revision of Nonseptic Failed Total Elbow Arthroplasty With Osseous Integrity, 978**  
Bernard F. Morrey
- 107 Revision Total Elbow Arthroplasty With Strut Augmentation, 990**  
Joaquin Sanchez-Sotelo
- 108 Revision of Failed Total Elbow Arthroplasty With Osseous Deficiency: Impaction Grafting, 995**  
Bernard F. Morrey
- 109 Revision of Failed Total Elbow Arthroplasty With Osseous Deficiency: Humeral Replacement and Allograft Prosthetic Composite Reconstruction, 1001**  
Bernard F. Morrey and Mark E. Morrey

## **PART X Nonprosthetic Alternatives and Salvage Procedures**

- 110 Synovectomy of the Elbow, 1010**  
Akin Cil and Bernard F. Morrey
- 111 Ulnohumeral Arthroplasty, 1018**  
Bernard F. Morrey
- 112 Osteochondral Allograft Reconstruction, 1028**  
Bernard F. Morrey and Mark E. Morrey
- 113 Anconeus Interposition Arthroplasty, 1035**  
Alberto G. Schneeberger, Yaser M. Baghdadi, Joaquin Sanchez-Sotelo, and Bernard F. Morrey
- 114 Interposition Arthroplasty of the Elbow, 1043**  
Bernard F. Morrey
- 115 Elbow Arthrodesis, 1054**  
Anil K. Dutta and Travis C. Burns
- 116 Soft Tissue Coverage of the Elbow, 1062**  
Nho V. Tran, Brian T. Carlsen, and Steven L. Moran
- 117 Flaccid Dysfunction, 1078**  
Mikko Larsen, Allen T. Bishop, and Alexander Y. Shin
- 118 Spastic Dysfunction of the Elbow, 1099**  
Ann E. Van Heest
- 119 Elbow Resection Arthroplasty, 1109**  
Joaquin Sanchez-Sotelo
- 120 Elbow Disarticulation Amputation, 1116**  
Karen L. Andrews, Brian T. Carlsen, and Thomas C. Shives

Index, 1122

# VIDEO CONTENTS

## PART I Fundamentals and General Considerations

### 4 History and Physical Examination of the Elbow

- 4-1 Ulnar Nerve Subluxation
- 4-2 Resisted Terminal Extension
- 4-3 Arm Bar Examination
- 4-4 Localizing the Interval Between the Brachial Radialis and Extensor Carpi Radialis Longus for Palpation of the Posterior Interosseous Nerve
- 4-5 Percussion of the Lateral Antebrachial Cutaneous Nerve
- 4-6 Posterior Plica Examination
- 4-7 Tennis Elbow Shear Test
- 4-8 Range of Motion Examination
- 4-9 Radiocapitellar Load Test
- 4-10 Posterior Lateral Rotatory Drawer Test
- 4-11 Elbow Examination Under Anesthesia With Fluoroscopy
- 4-12 Moving Valgus Stress Test
- 4-13 Gravity-Assisted Varus Posterior Medial Rotatory Instability Grind Test

## PART II Elbow Arthroscopy

### 20 Arthroscopic Management of Elbow Plica and Loose Bodies

- 20-1 Elbow Plicae and Loose Bodies

### 22 Arthroscopic Management of Osteochondritis Dissecans of the Capitellum

- 22-1 Microfracture of Contained Osteochondritis Dissecans Lesion

## PART III The Child and Adolescent Elbow

### 33 Osteochondritis Dissecans

- 33-1 Treatment of Osteochondritis Dissecans Elbow Lesions
- 33-2 Osteochondral Allograft Transfer for Osteochondritis Dissecans

## PART IV Acute Trauma

### 39 Prosthetic Radial Head Replacement

- 39-1 rHead LATERAL Implant
- 39-2 rHead RECON Bipolar Replacement
- 39-3 rHead Extended Stem Replacement

### 43 Coronoid Fractures

- 43-1 Lateral Approach to the Elbow for Radial Head Fixation or Replacement and Coronoid Fixation

### 45 Distal Humerus Fractures: Fractures of the Columns With Articular Involvement

- 45-1 Open Reduction and Internal Fixation for Distal Humerus Fractures

### 48 Hinged External Fixators of the Elbow

- 48-1 Application of the Dynamic Joint Distractor

## PART V Complications of Trauma and Elbow Stiffness

### 49 Persistent Elbow Instability

- 49-1 Reconstructive Options for Persistent Elbow Instability
- 49-2 Allograft Reconstruction of the Coronoid

### 50 Nonunion and Malunion of Distal Humerus Fractures

- 50-1 Open Reduction and Internal Fixation for Distal Humerus Nonunion

### 54 Extrinsic Contracture: Lateral and Medial Column Procedures

- 54-1 Open Contracture Release: Medial and Lateral Column

### 55 Elbow Stiffness: Arthroscopic Contracture Release

- 55-1 Arthroscopic Osteocapsular Arthroplasty for Primary Osteoarthritis

## PART VI Sports and Soft Tissue Injuries

### 60 Percutaneous Ultrasound Tenotomy Treatment of Epicondylitis

- 60-1 Percutaneous Ultrasonic Tenotomy

### 63 Elbow Tendinopathies: Acute Distal Biceps Tendon Ruptures

- 63-1 Mayo Two-Incision Biceps Tendon Repair

### 67 Articular Injuries in the Athlete

- 67-1 Capitellar Osteochondritis Dissecans Lesion Treated With Microfracture

## PART VIII Joint Replacement Arthroplasty

### 87 Radiocapitellar Prosthetic Arthroplasty for Isolated Radiocapitellar Arthritis

- 87-1 UNI\_Elbow Radio-Capitellum Replacement

### 90 Linked Elbow Arthroplasty: Rationale, Design Concept, and Surgical Technique

- 90-1 Coonrad-Morrey Total Elbow Arthroplasty
- 90-2 Highlights of the Zimmer Nexel Total Elbow Surgical Procedure

### 92 Distal Humeral Fractures

- 92-1 Total Elbow Arthroplasty for Distal Humerus Fractures

### 93 Total Elbow Arthroplasty for Distal Humerus Nonunion

- 93-1 Total Elbow Arthroplasty for Distal Humerus Nonunions

## **PART IX Complications and Salvage of Failed Arthroplasty**

---

### **104 Isolated Polyethylene Wear and Elbow Replacement**

104-1 *Fluoroscopic Examination for Bushing Wear*

### **108 Revision of Failed Total Elbow Arthroplasty With Osseous Deficiency: Impaction Grafting**

108-1 *Revision Techniques for Total Elbow Arthroplasty*

### **109 Revision of Failed Total Elbow Arthroplasty With Osseous Deficiency: Humeral Replacement and Allograft Prosthetic Composite Reconstruction**

109-1 *Allograft Prosthetic Composite Reconstruction*

## **PART X Nonprosthetic Alternatives and Salvage Procedures**

---

### **110 Synovectomy of the Elbow**

110-1 *Arthroscopic Synovectomy of the Elbow*

### **113 Anconeus Interposition Arthroplasty**

113-1 *Anconeus Interposition Arthroplasty*

### **114 Interposition Arthroplasty of the Elbow**

114-1 *Interposition Arthroplasty With Achilles Tendon Allograft  
and the Application of the Dynamic Joint Distractor*