

Contents

List of Figures

Acknowledgements

Preface

Overview

Part 1 Theory: Methods and Application

1 The Evolution of an Holistic Process

Outdoor education in the Czech Republic

Educational roots: Comenius

Foundation: *Turistika* activities

Communism 1948–89

Outdoor Education since 1989

Vacation School Lipnice

Philosophical roots: *Kalokagathia*

Development since 1989

Different types of courses

International courses

2 Theoretical Underpinnings of Dramaturgy

The experiential education process

1970s: The educational process model

1980s: The metaphoric model

1990s: The active learning cycle model

2000 plus: An holistic model

Dramaturgy as a method of course design

Aims and methodological principles

Extending comfort zones

Reflection and review

3 The Five Stages of Dramaturgy

The five stages of developing dramaturgy

Stage 1 Development of the main course theme

Stage 2 Development of the scenario

Stage 3 The practical dramaturgy (activity/game creation and selection)

Stage 4 The completion of the scenario

Stage 5 The dramaturgy on the course

The dramaturgy wave

The dramaturgy arch

Dramaturgy events

ix

ix

xiii

xv

1

3

4

4

4

5

6

6

7

7

8

9

11

12

12

13

14

14

15

18

19

20

21

22

22

23

24

24

24

24

25

25

Example Course – Intertouch 2002	28
Dramaturgy	28
Scenario	29
Part 2 Practice: Courses and Games	35
4 A Team Approach to Programming	37
Preparing and planning courses	38
Team independence	38
Instructor roles	38
External team members	39
Task roles	40
Instructor specialisation	40
Pre-course planning	41
Running the course	42
Updating the scenario	42
Team meetings	44
5 Running Enhanced Courses	45
Running enhanced courses in your organisation	46
Team considerations	46
Participant considerations	47
Game preparation	47
Running the games	48
Utilisation of existing programme elements	48
Running games on expeditions	48
Disadvantages of a team approach	49
Application of methods to PDP design	49
Differences between open enrolment courses and PDP	51
6 Using Games in the Programme	57
What is a game?	58
Understanding games	58
Game elements	58
Role of games	59
Getting out of familiar environments	59
Extending personal boundaries and exploring self	59
Exploring social interaction and play	59
Development of skills	60
Types of games	60
Staged games	61
Team and strategic games	61
Simulation games	61
Initiative games	61
Role-based games	61
Psychological/reflective games	62
Sociodrama games	62
Pre-course games	63
Combined forms	63
Forms other than games	64

Fitting the game into the scenario	65
Dramaturgy considerations	65
Rhythm	66
Participant demographics	66
Using the environment	67
Timing	67
Adapting the game	67
7 Game Logistics	69
Set-up	70
Staffing	70
Material	70
Environment- and atmosphere-creating elements	70
Logistical plan and team briefing	71
Participants' preparation	72
Types of introduction/motivation	72
Division into groups	73
Rules	74
Running the game	75
The co-ordinator	75
The juror	76
Game staff role	76
Instructors as game participants	76
Game flow	77
Safety first	77
Timing	77
Rule changes	78
After the game	79
Risk management	80
Observing participants	80
Environmental safety	81
Physical safety	81
Psychological and emotional safety	82
Part 3 Games: Description and Logistics	85
8 Games Introduction	87
Game template	88
9 Social Games	91
1 Auntie Amalda	92
2 Czech Dream Book	95
3 Dance Hall	98
4 Ecosystems	101
5 In the Skin of John Malkovich	106
6 Las Vegas	109
7 Poseidon	112
8 Running Letters	116
9 War of the Roses	121

10 Physical Games	123
1 Arena	124
2 Camel Trophy	126
3 Finnish Trail	129
4 Mountain Golf	131
5 Princess Shin-Sho	133
6 Sitting Game	137
11 Creative Games	139
1 Colour Mass	140
2 Dead Poets Society	142
3 Improvised Drama	144
4 Land Art	147
5 Pointillism	149
6 Rehearsal of the Orchestra	152
7 Wag the Dog	154
8 Web Pages	157
12 Psychological (Reflective/Emotional) Games	159
1 Games without Borders	160
2 Labyrinth of the World and Paradise of the Heart	164
3 Mars Venus	170
4 Nexus VI	172
5 Night Images	176
6 Stalker	178
7 Triffids	182
13 Summary and Conclusions	185
Appendix – Outward Bound	187
Kurt Hahn	187
Outward Bound International	187
Comparisons with other Outward Bound Schools	188
Bibliography	191
Index	195