## TABLE OF CONTENTS

The Sea Promise iv	Publicity 4-21
The Explorer Code iv	Quarterdeck Meetings 4-21
Welcome Aboard v	A Balanced Program 4-24
Your Duties as a Sea Explorer v	Program Capability Inventory 4-24
How to Join v	Ship Programming 4-26
Who Pays for Sea Exploring? v	Activity Committees 4-27
	Consultants 4-29
CHAPTER ONE—HISTORY OF THE SEA 1-1	Marine Career Programs 4-30
	Cruises and Superactivities 4-32
History of Sea Exploring 1-15	Council Activities 4-39
Resources for Smooth Sailing 1-18	Sea Exploring Interest Survey 4-41
TY A DATED PROVIDE OF THE PROVIDE OF	our Expressing meetest outrey 1-11
CHAPTER TWO – SHIP ORGANIZATION AND	CHAPTER FIVE—SEAMANSHIP AND BOATING SAFETY 5-1
LEADERSHIP 2-1	CHAPTER FIVE—SEAMANSHIP AND BOATING SAFETY 5-1
The Oracle of St.	Rope 5-1
The Organization of a Ship 2-1	Canvas Work and Sail Repair 5-9
Ship Table of Organization 2-2	Blocks and Tackles 5-11
Quarterdeck Meetings 2-3	Ground Tackle 5-13
Election of Officers 2-3	Anchors, Anchoring, and Mooring 5-13
Elected Officer Training 2-4	Boat Maintenance and Engines 5-22
Elected Officers Responsibilities 2-6	Outboard Motors 5-30
The Skipper and Mates 2-7	Fiberglass Repair 5-31
The Ship Committee 2-10	Piloting and Rules of the Road 5-32
Customs and Courtesies 2-12	Lights 5-38
Flag History and Display 2-14	Standard Marine Distress Signals 5-41
Expressing Appreciation 2-16	Aids to Navigation 5-42
Ceremonies 2-16	Radio Telephones 5-50
Landships 2-17	Speed Logs 5-53
Boat Etiquette 2-18	Soundings 5-55
Recruiting New Members 2-20	The Pelorus 5-55
Publicity 2-21	Charts 5-56
HADTED THEFE ADVANCEMENT AND	Piloting 5-58
HAPTER THREE—ADVANCEMENT AND	
OTHER RECOGNITIONS 3-1	뭐 많아 있는데 얼마나 그 아이들이 그는데 그는데 아이들이 가지 않아요?
	선생님 살아들이 집에 살아왔다면 하는데
Advancement 3-1	Helmsmanship 5-66 Communications—Signaling 5-67
Eagle Award 3-1	
Quartermaster Award 3-2	Navigation and Weather 5-70 Boating Safety 5-83
Sea Explorer Advancement Requirements 3-3	Boating Safety 5-83 First Aid 5-86
Apprentice 3-3	
Ordinary 3-3	
Able 3-5	
Quartermaster 3-8	
Sea Exploring Safe Boating and Advanced Seamanship	
Course 3-11	
Other Recognitions and Awards 3-12	Larger Sailing Craft 5-98
Recognition for Adults 3-12	Power Boats 5-101
Uniforms and Insignia 3-15	Water Skiing 5-103
HAPTER FOUR—SHIP MEETINGS AND ACTIVITIES 4-1	Travel Tips 5-104
HAPTER FOUR—SHIP MEETINGS AND ACTIVITIES 4-1	Rowing 5-105
Meeting Agenda 4-2	APPENDICES A-1
Sample Ship Activities 4-6	APPENDICES A-1
Ship Meeting Helps 4-10	Call Theiring Direction
The Ship Code 4-10	Sail Training Plan A-1
The Skipper's Minute 4-13	Board Sailing A-23
01.1 -	Hypothermia A-23
	Quartermaster Award Application A-26
	DIDLIOCD ADVING DA
18 (4) (1. 10 (4) (1. 10 (4) (4) (4) (4) (4) (4) (4) (4) (4) (4)	BIBLIOGRAPHY B-1
Preparing a Report 4-18	CLOSSABAL ON ON A PROPERTY
Making a Speech 4-19	GLOSSARY OF SEA TERMS G-1
Leading a Discussion 4-19	
Involving a Guest Speaker 4-20	INDEX I-1
Giving a Demonstration 4-20	
Coaching a Skill 4-21	RESOURCES