## CONTENTS

Introduction

Chapter 1: Analyzing Acting-Out Behavior 4
Chapter 2: A Seven-Phase Model for Describing Acting-Out Behavior
Section Two: Strategies 43
Chapter 3: Proactive Strategies for Maintaining Calm Phase 44 Chapter 4: Precorrection Strategies for Triggers Phase 59 Chapter 5: Teaching Social Skills for Managing Triggers Phase 72 Chapter 6: Calming Strategies for Managing Agitation Phase 86 Chapter 7: Defusing Strategies for Managing Acceleration Phase 98 Chapter 8: Safe Management Strategies for Peak Phase 114 Chapter 9: Reintegration Strategies for De-escalation Phase 125 Chapter 10: Resumption Strategies for Recovery Phase 134
Section Three: Conclusion 143
Chapter 11: Summary and Case Study 144
Appendices 149
Appendix A–O, Reproducible Checklists, Plans and Forms
References 165 in An analysis of an acting out below the
Author Index 171
Subject Index 173

Credits 179 staff is in a strong position to develop a compression to

to interrupt the cycle of acting-out behavior and to or action appropriate

Section One: A Model 3

12