

Contents

Contributing Authors	vii	Acknowledgments for Online Contributors	xiii
Associate Authors	viii	How to Contribute	xvii
Faculty Reviewers	ix	How to Use This Book	xix
Preface	xi	Common USMLE Laboratory Values	xx
Special Acknowledgments	xii	First Aid Checklist for the USMLE Step 1	xxii

► SECTION I GUIDE TO EFFICIENT EXAM PREPARATION 1

Introduction	2	Clinical Vignette Strategies	21
USMLE Step 1—The Basics	2	If You Think You Failed	22
Defining Your Goal	12	If You Failed	22
Timeline for Study	12	Testing Agencies	23
Study Materials	17	References	23
Test-Taking Strategies	19		

► SECTION I SUPPLEMENT SPECIAL SITUATIONS 25

First Aid for the International Medical Graduate	26	First Aid for the Podiatric Medical Student	41
First Aid for the Osteopathic Medical Student	36	First Aid for the Student with a Disability	43

► SECTION II HIGH-YIELD GENERAL PRINCIPLES 45

How to Use the Database	46	Immunology	195
Behavioral Science	49	Pathology	219
Biochemistry	65	Pharmacology	237
Microbiology	119		

▶ SECTION III		HIGH-YIELD ORGAN SYSTEMS	257
Approaching the Organ Systems	258	Neurology	443
Cardiovascular	261	Psychiatry	499
Endocrine	305	Renal	521
Gastrointestinal	333	Reproductive	551
Hematology and Oncology	373	Respiratory	593
Musculoskeletal, Skin, and Connective Tissue	409	Rapid Review	615

▶ SECTION IV		TOP-RATED REVIEW RESOURCES	633
How to Use the Database	634	Microbiology and Immunology	653
Question Banks	636	Pathology	657
Question Books	637	Pharmacology	661
Internet Sites	638	Physiology	665
Comprehensive	640	Commercial Review Courses	669
Anatomy, Embryology, and Neuroscience	642	Publisher Contacts	675
Behavioral Science	646	Abbreviations and Symbols	677
Biochemistry	648	Photo Acknowledgments	685
Cell Biology and Histology	651		
Index	695	About the Authors	761

▶ SECTION I SUPPLEMENT		SPECIAL SITUATIONS	25
First Aid for the International Medical Graduate	26	First Aid for the Podiatric Medical Student	41
First Aid for the Osteopathic Medical Student	26	First Aid for the Student with a Disability	43
▶ SECTION II		HIGH-YIELD GENERAL PRINCIPLES	45
How to Use the Database	46	Immunology	195
Behavioral Science	49	Pathology	219
Biochemistry	52	Pharmacology	237
Microbiology	119		