

CONTENTS

Preface	3
Chapter I: Human Body	4
Chapter II. On Food and Cooking	40
Chapter III: On Clothes and Fashion	62
Chapter IV: House and Home	80
Chapter V: Family Life, Relations and Friends	104
Chapter VI: Sports and Games	125
Chapter VII: Cars: Parts of the Car, Driving and Maintenance	146
Chapter VIII: On Animals	165
Chapter IX: On Plants: Gardening and Farming in England	200
Chapter X: British Newspapers	216
Chapter XI: Cinema and Theatre	231
Key to the Translations	243
Bibliography	265